Elementary School Cold Lunch Menu

June 2026

"I'd berry much a-peach-iate it if you ate healthy"- Xander H. 7th Grade @ Holy Trinity

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
1 **232** Buffalo Chicken & Cheddar On Brioche Bun **631** Cherry Star Veggie Juice **620** Salsa **670** Fresh Fruit **941** Tostitos Scoops	**2** **233** Rotisserie Chicken & Mozzarella On Brioche Bun **633** Sunset Sip Veggie Juice **541** Chocolate Hummus **641** Tropical Raisels **928** Pretzel Goldfish	**3** **251** Grilled Cheese **634** Ruby Rusher Veggie Juice **601** Homestyle Potato Salad **657** Strawberry Craisins National Egg Day	**4** **236** Turkey & Two Cheese Wedge **706** Spinach Salad w. Tomatoes **670** Fresh Fruit OR **682** Bananas National Cheese Day	**5** **227** Turkey Ham, Turkey Pepperoni & Cheese **611** Bagged Baby Carrots **543** Red Pepper Hummus **749** Apple Cherry Juice **932** Cinnamon Scooby Snacks
8 **228** Turkey Ham & Cheese Sub **634** Ruby Rusher Veggie Juice **621** Celery Sticks **670** Fresh Fruit	**9** **237** Italian Sandwich **611** Bagged Baby Carrots **140** Fiesta Bean Dip **749** Apple Cherry Juice	**10** **234** Turkey Ham & Two Cheese on Roll **630** Dragon Punch Veggie Juice **602** PA Dutch Potato Salad **654** Raspberry Lemonade Craisins NATIONAL BALLPOINT PEN DAY	**11** **242** Chicken, Turkey Ham & Cheese Wedge Sandwich **708** Spinach Salad w. Chickpeas **670** Fresh Fruit **993** Holiday Cookie	**12** **404** Italian Combo Wrap **620** Salsa Cup **631** Cherry Star Veggie Juice **657** Strawberry Craisins **941** Tostitos Scoops

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Catholic Charities of Philadelphia | NUTRITIONAL DEVELOPMENT SERVICES
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

JUNE 2026

Summer Time!!

As we wrap up the school year, NDS would like to thank you and our schools for your continued support of our school meals programs. It's been a pleasure serving nutritious meals each day and being a part of everyone's school experience.
NDS wishes all families and friends a safe, relaxing, and healthy summer. We look forward to welcoming everyone back next school year!

Summer This or That?

🌊 Pool OR Beach 🏖️

🍦 Ice Cream OR Popsicles 🧊

🏖️ Sandcastles OR Water Balloons 🎈

🚲 Bike Ride OR Scooter Ride 🛴

📽️ Movie Night OR Game Night 🎲

🌳 Park Picnic OR Backyard BBQ 🍔

Summer Riddle Race!

Can you solve these sunny riddles? Read carefully and see how many you can get!

I'm cold, sweet, and come in a cone.
I melt if you leave me alone!
What am I? 🍦

I shine bright and keep you warm,
but too much of me can cause sunburn!
What am I? ☀️

I fall but never get hurt.
I can make big puddles in the dirt!
What am I? 🌧️

You wear me at the beach or pool,
to help you swim and stay cool!
What am I? 🏊

🍦 Answers: Ice cream, rain, the sun, swimsuit

Check List for a Safe Summer!

School's out and sunshine is in! Here's a fun checklist to help you jump into summer mode:

- ☀️ Splash on sunscreen before heading outside
- 💧 Drink water all day stay cool and hydrated!
- 🕶️ Wear a hat and take shady breaks
- 🍉 Enjoy fresh, juicy fruits and summer snacks
- 🏃‍♀️ Run, jump, and play outside every day
- 📚 Pick a favorite book for quiet, cool-down time

Free Summer Meals

This summer, NDS is teaming up with community partners across Philadelphia and the surrounding counties to provide FREE meals to children 18 and under. Starting June 15th, NDS will be offering both breakfast and lunch. If you're interested in becoming a site or would like to learn where you can get a meal near you, please contact NDS at 215-895-3470, option 1, or scan the code!