

# Elementary School Hot Lunch Menu

## May 2026

"Yo Ho Ho, Ahoy Mateys! All Buccaneers must have Breakfast!" Danica H. 6<sup>th</sup> Grade @ Blessed Trinity

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b></p> <p><b>212</b> Taco Triangles OR <b>205</b> Popcorn Chicken</p> <p><b>623</b> Tater Tots <b>634</b> Ruby Rusher Veggie Juice <b>684</b> Strawberry Banana Applesauce</p> <p>Orange Juice Day </p>	<p><b>5</b></p> <p><b>268</b> French Bread Cheese Pizza <b>V</b> OR <b>263</b> 5" Round Cheese <b>V</b> Pizza</p> <p><b>622</b> Marinara Sauce <b>752</b> Fruit Punch Juice</p>	<p><b>6</b></p> <p><b>284</b> Chicken Alfredo, Penne and Broccoli OR <b>288</b> Mac &amp; Cheese w/ Broccoli <b>V</b></p> <p><b>630</b> Dragon Punch Veggie Juice  <b>658</b> Cherry Craisins <b>909</b> Dinner Rolls</p>	<p><b>7</b></p> <p><b>201</b> Cheeseburger OR <b>220</b> Hot Dog &amp; <b>906</b> Hot Dog Buns</p> <p><b>706</b> Spinach Salad w. Tomatoes <b>697</b> Sliced Apples</p>	<p><b>8</b></p> <p><b>204</b> Chicken Nuggets OR <b>203</b> Mini Pepperoni Calzone</p> <p><b>611</b> Bagged Baby Carrots <b>541</b> Chocolate Hummus <b>642</b> Orange Burst Raisels <b>990</b> Chocolate Chip Cookie</p>
<p><b>11</b></p> <p><b>201</b> Cheeseburger OR <b>254</b> BBQ Rib Sandwich</p> <p><b>634</b> Ruby Rusher Veggie Juice <b>623</b> Tater Tots <b>654</b> Raspberry Lemonade Craisins <b>928</b> Pretzel Goldfish</p>	<p><b>12</b></p> <p><b>253</b> Three Cheese Quesadilla <b>V</b> OR <b>215</b> Beef Taco Stick</p> <p><b>620</b> Salsa Cup <b>140</b> Fiesta Bean Dip <b>749</b> Apple Cherry Juice <b>941</b> Tostitos Scoops</p>	<p><b>13</b></p> <p><b>263</b> 5" Round Cheese Pizza <b>V</b> OR <b>264</b> 4x6 Cheese Pizza <b>V</b> OR <b>229</b> Turkey Ham &amp; Cheese Croissant</p> <p><b>611</b> Bagged Baby Carrots <b>543</b> Red Pepper Hummus <b>670</b> Fresh Fruit</p> <p>International Hummus Day </p>	<p><b>14</b></p> <p><b>480</b> Sausage Kolache OR <b>226</b> Philly Steak &amp; Cheese Pinwheel OR <b>232</b> Buffalo Chicken &amp; Cheddar on Brioche Bun</p> <p><b>706</b> Spinach Salad w. Tomatoes <b>642</b> Orange Burst Raisels</p>	<p><b>15</b></p> <p><b>273</b> Swedish Meatballs, Noodles &amp; Broccoli OR <b>295</b> Meatloaf &amp; Gravy with Mashed Potatoes</p> <p><b>630</b> Dragon Punch Veggie Juice <b>670</b> Fresh Fruit <b>990</b> Chocolate Chip Cookie</p>
<p><b>18</b></p> <p><b>255</b> Pizzaboli <b>V</b> OR <b>203</b> Mini Pepperoni Calzone OR <b>233</b> Rotisserie Chicken Mozzarella on Brioch</p> <p><b>611</b> Bagged Baby Carrots <b>634</b> Ruby Rusher Veggie Juice <b>659</b> Watermelon Craisins</p>	<p><b>19</b></p> <p><b>215</b> Beef &amp; Cheese Taco Stick OR <b>221</b> Two Cheese, Chicken Quesadilla OR <b>234</b> Turkey Ham &amp; Two Cheese On Roll</p> <p><b>620</b> Salsa <b>140</b> Fiesta Bean Dip <b>747</b> Orange Citrus Blend Juice <b>941</b> Tostitos Scoops</p>	<p><b>20</b></p> <p><b>281</b> Popcorn Chicken &amp; Potatoes OR <b>280</b> Beef Burger w/ Green Beans &amp; <b>915</b> Hamburger Buns</p> <p>World Bee Day </p> <p><b>631</b> Cherry Star Veggie Juice <b>641</b> Tropical Raisels</p>	<p><b>21</b></p> <p><b>204</b> Chicken Nuggets OR <b>268</b> French Bread Cheese Pizza <b>V</b> OR <b>242</b> Chicken Turkey Ham &amp; Cheese Wedge Sandwich</p> <p><b>708</b> Spinach Salad w. Chickpeas <b>697</b> Sliced Apples</p>	<p><b>22</b></p> <p><b>257</b> Mozzarella Sticks <b>V</b> OR <b>256</b> Cheese Stuffed Breadstick <b>V</b></p> <p><b>622</b> Marinara Sauce <b>630</b> Dragon Punch Veggie Juice <b>670</b> Fresh Fruit OR <b>682</b> Bananas</p>
<p><b>25</b></p> <p> <b>*MEMORIAL DAY*</b></p>	<p><b>26</b></p> <p><b>480</b> Sausage Kolache OR <b>212</b> Taco Triangles</p> <p><b>623</b> Tater Tots <b>634</b> Ruby Rusher Veggie Juice <b>686</b> Rosati "Sweet Heart" Ice <b>931</b> Cinnamon Bug Bites</p>	<p><b>27</b></p> <p><b>209</b> Taco Meat OR <b>254</b> BBQ Rib Sandwich OR <b>234</b> Turkey Ham &amp; Two Cheese On Roll</p> <p><b>620</b> Salsa <b>630</b> Dragon Punch Veggie Juice <b>749</b> Apple Cherry Juice <b>941</b> Tostitos Scoops</p>	<p><b>28</b></p> <p><b>263</b> 5" Round Cheese Pizza <b>V</b> OR <b>264</b> 4x6 Cheese Pizza <b>V</b></p> <p><b>628</b> Broccoli <b>622</b> Marinara Sauce <b>670</b> Fresh Fruit OR <b>682</b> Bananas <b>937</b> Apple Cinnamon Bear Grahams</p>	<p><b>29</b></p> <p><b>205</b> Popcorn Chicken <b>V</b> OR <b>251</b> Grilled Cheese Sandwich <b>V</b> OR <b>237</b> Italian Sandwich</p> <p><b>611</b> Bagged Baby Carrots <b>543</b> Red Pepper Hummus <b>670</b> Fresh Fruit</p>

V= Vegetarian Options

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

# MAY 2026



## May Is Here!

May is here, bringing sunshine, fresh air, and a feeling of excitement as spring continues! Flowers are blooming, trees are full of green leaves, and the days are growing longer. May is a time to celebrate growth, hard work, and the progress we've made this year. It's also a wonderful month to enjoy nature, practice kindness, and stay focused as we get closer to the end of the school year. Let's make the most of this bright and busy month and continue to learn, grow, and shine together!



## Free Summer Meals

This summer, NDS is teaming up with community partners across Philadelphia and the surrounding counties to provide FREE meals to children 18 and under. Starting June 15th, NDS will be offering both breakfast and lunch. Meals are delivered directly to each site and are ready to be served!

If you're interested in becoming a site or would like to learn more, please contact NDS at 215-895-3470, option 1, or scan the code!



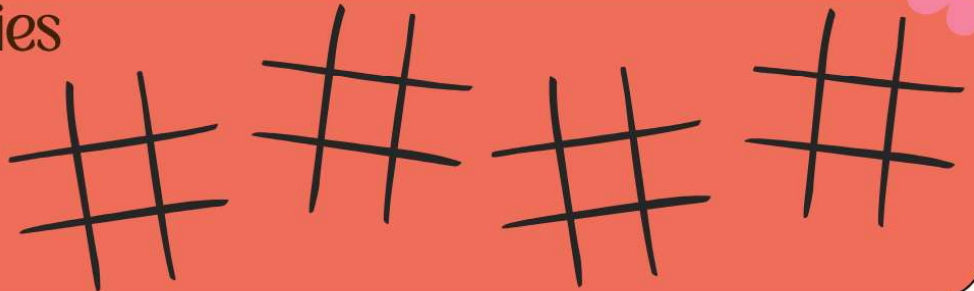
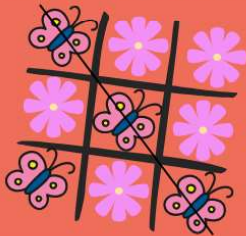
## Get Those Old Milk Cartons!

Spring is the perfect time to start a garden of your own. Using an old milk carton is a fun and easy way to plant seeds and watch them grow. In the Philadelphia area, simple plants like lettuce, radishes, herbs (such as basil or parsley), and flowers like marigolds grow well in the spring. With a little sunlight, water, and care, kids can enjoy helping their plants grow and learning how gardens work. Don't forget to share! Kids are invited to show NDS the mini gardens they created and celebrate their hard work and growing success!



## Flowers vs Butterflies

Using butterflies and flowers, challenge your friends to a game of tic-tac-toe!



## May 1st is National School Lunch Hero Day!

This special day celebrates the hardworking staff who prepare and serve healthy, delicious meals for our students every day. They are true school heroes, helping children stay fueled and ready to learn. NDS would like to say a big thank you to our amazing lunch staff for all they do!

Show your appreciation by decorating your own apron! Add kind words, drawings, or your favorite things about school lunch. When you're finished, be sure to include a big thank-you for your hardworking school lunch manager and cafeteria staff!



## Memorial Day

Every year, on the last Monday in May, our nation honors the brave servicemen and women who have passed away. To remember the lives lost, Americans wear poppies as a symbol of remembrance. The red poppy has been worn since World War I to honor those who served our country and made the ultimate sacrifice. You can honor our soldiers by making your own poppy. Follow the QR code to learn how to create a poppy and show your respect for those who served.

