

Middle School Hot Lunch Menu

April 2026

"Do not put Junk Food on the Plate, If you want to feel Great"- Every B. 7th Grade @ Holy Trinity



Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
30 201 Cheeseburger OR 205 Popcorn Chicken 634 Ruby Rusher Veggie Juice 623 Tater Tots 654 Raspberry Lemonade Craisins 686 Rosati "Sweet Heart" Ice 993 Holiday Cookie	31 215 Beef & Cheese Taco Stick OR 221 Two Cheese, Chicken Quesadilla 620 Salsa 140 Fiesta Bean Dip 609 Mixed Fruit Cup 445 Mott's Fruit Punch Juice 941 Tostitos Scoops	1 273 Swedish Meatballs, Noodles & Broccoli & 118 String Cheese OR 295 Meatloaf & Gravy with Mashed Potatoes & 937 Apple Cinnamon Bear Grahams 630 Dragon Punch Veggie Juice 670 Fresh Fruit 446 Mott's Apple Juice 909 Dinner Roll  APRIL FOOL'S DAY!	2 480 Sausage Kolache OR 226 Philly Steak & Cheese Pinwheel 628 Broccoli 631 Cherry Star Veggie Juice 670 Fresh Fruit 642 Orange Burst Raisels  Holy Thursday	3 263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V  Good Friday 502 "Kick It" Crunch Puffs 633 Sunset Sip Veggie Juice 670 Fresh Fruit 684 Strawberry Banana Applesauce
6 253 Three Cheese Quesadilla V OR 216 Spicy Beef Taco Stick OR 234 Turkey Ham & Two Cheese on Roll 620 Salsa Cup 140 Fiesta Bean Dip 670 Fresh Fruit 610 Papaya Mango Cup 941 Tostitos Scoops	7 255 Pizzaboli V OR 203 Mini Pepperoni Calzone OR 233 Rotisserie Chicken & Mozzarella on Brioche Bun 611 Bagged Baby Carrots 634 Ruby Rusher Veggie Juice 670 Fresh Fruit 659 Watermelon Craisins	8 200 Hamburger & 623 Tater Tots OR 281 Popcorn Chicken & Potatoes & 903 Maple Whole Wheat Biscuits 631 Cherry Star Veggie Juice 641 Tropical Raisels 447 Mott's Apple White Grape  National Empanada Day	9 268 French Bread Cheese Pizza V OR 204 Chicken Nuggets 708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas 658 Cherry Craisins	10 257 Mozzarella Sticks V OR 256 Cheese Stuffed Breadsticks 622 Marinara Sauce 630 Dragon Punch Veggie Juice 670 Fresh Fruit OR 682 Bananas 684 Strawberry Banana Applesauce
13 295 Meatloaf & Gravy w/ Mashed Potatoes & 909 Dinner Roll OR 280 Beef Burger w/ Green Beans & 915 Hamburger Buns 630 Dragon Punch Veggie Juice 697 Sliced Apples 447 Mott's Apple White Grape	14 480 Sausage Kolache & 990 Chocolate Chip Cookie OR 212 Taco Triangles  National Gardening Day 634 Ruby Rusher Veggie Juice 623 Tater Tots 670 Fresh Fruit 654 Raspberry Lemonade Craisins	15 209 Taco Meat & 944 Tostitos Top N Go OR 221 Two Cheese, Chicken Quesadilla & 941 Tostitos Scoops OR 234 Turkey Ham & Two Cheese on Roll 620 Salsa Cup 140 Fiesta Bean Dip 670 Fresh Fruit 684 Strawberry Banana Applesauce	16 263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V  National Banana Day 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas 658 Cherry Craisins	17 205 Popcorn Chicken & 928 Pretzel Goldfish OR 251 Grilled Cheese V OR 237 Italian Sandwich 611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit 445 Mott's Fruit Punch Juice
20 284 Chicken Alfredo, Penne and Broccoli OR 224 Meatballs w/ Elbow Mac & Sauce 631 Cherry Star Veggie Juice 658 Cherry Craisins 670 Fresh Fruit 909 Dinner Roll	21 205 Popcorn Chicken OR 207 Cheese Ravioli V 623 Tater Tots 630 Dragon Punch Veggie Juice 697 Sliced Apples 654 Raspberry Lemonade Craisins 909 Dinner Roll	22 201 Cheeseburger OR 220 Hot Dog & 906 Hot Dog Buns  Earth Day 634 Ruby Rusher Veggie Juice 502 "Kick It" Crunch Puffs 670 Fresh Fruit 657 Strawberry Craisins	23 225 Ciabatta Cheese Melt Sandwich V OR 217 Spicy Grilled Cheese V OR 236 Turkey & Two Cheese Wedge 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas 447 Mott's Apple White Grape	24 268 French Bread Cheese Pizza V OR 263 5" Round Cheese Pizza V 611 Bagged Baby Carrots 546 Chesy Pizza Hummus 670 Fresh Fruit 446 Mott's Apple Juice
27 206 French Toast w/ Sausage OR 204 Chicken Nuggets 623 Tater Tots 634 Ruby Rusher Veggie Juice 670 Fresh Fruit 659 Watermelon Craisins	28 215 Beef & Cheese Taco Stick OR 253 Three Cheese Quesadilla V OR 237 Italian Sandwich 611 Bagged Baby Carrots 140 Fiesta Bean Dip 670 Fresh Fruit 446 Mott's Apple Juice	29 257 Mozzarella Sticks V OR 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 630 Dragon Punch Veggie Juice 670 Fresh Fruit 654 Raspberry Lemonade Craisins	30 255 Pizzaboli V OR 264 4x6 Cheese Pizza V OR 242 Chicken Turkey Ham & Cheese Wedge Sandwich 708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas 447 Mott's Apple White Grape Juice	1 226 Philly Steak & Cheese Pinwheel OR 203 Mini Pepperoni Calzone 620 Salsa 631 Cherry Star Veggie Juice 670 Fresh Fruit 641 Tropical Raisels 941 Tostitos Scoops

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

APRIL 2026



Hello April!

Spring is finally here, and April brings lots of fun things to celebrate! Easter reminds us of joy and new beginnings.

April Fools' Day brings a little silliness, and the warm weather helps flowers and trees start to bloom. April is also Earth Month, a special time to remember how important our planet is. Even small actions, like picking up litter, recycling, or turning off lights, help keep the Earth happy and healthy. Let's enjoy the sunshine, the laughter, and all the ways we can take care of our world this month!

April Fools

April 1st is all about giggles and silly surprises! It's a day to share jokes, have fun, and enjoy a little extra laughter. The best jokes are the ones that make everyone laugh!

Why did the egg hide? 
Because it was a little chicken!

What do you call a dinosaur that's sleeping?
A dino-snore! 

Why did the student eat his homework? 
Because the teacher said it was a piece of cake!

Egg-cellent Spring Trivia

April is full of fun facts and surprises, so test your knowledge with our April Trivia! See how much you know about spring, Earth Day, Easter, and all the silly fun this month brings.

What year was the very first Earth Day?
A. 1950 B. 1970 C. 1990 

Baby rabbits are called what?
A. Kits B. Pups C. Cubs 

What bird is known for returning north in spring and building mud nests with a red chest?
A. Finch B. Robin C. Cardinal 

What ancient country is believed to have celebrated a spring "festival of jokes," similar to April Fools' Day? 

What is the name of the process plants use to make their own food from sunlight? 

What weather tool measures how fast the wind is blowing? 

Sunny Side Up or Scrambled?

He is Risen!

rseoeincurr _____

amlb _____

doog yadifr _____

iiitruxCnof _____

mobt _____

soparves _____

aiptle _____



Answer Key

Grow Your Garden

April is a month full of new life, blooming plants, and fresh starts; the perfect time to make your own flower pot! You can decorate a store-bought pot with bright colors and fun designs, or create your own using recycled items like plastic bottles, egg cartons, or milk cartons. After your pot is ready, plant something easy to grow, like a sunflower seed, lettuce, or herbs, and watch it sprout as the days get warmer. If planting isn't your thing, you can still join the fun by making a handprint flower pot. Scan the QR code for a tutorial! It's a great way to celebrate spring and help the Earth by reusing materials.

