

High & Middle School Breakfast Menu

April 2026

"Do not put Junk Food on the Plate, if you want to feel Great" Everly B. 7th Grade @ Holy Trinity

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What weather tool measures how fast the wind is blowing?



Sunny Side Up or Scrambled?



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Answer Key

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<p>6</p> <p>315 Apple Cinnamon Texas Toast (Heat) OR 134 Cherry Vanilla Yogurt & 312 Fruit Loops Pouch</p> <p>445 Mott's Fruit Punch 642 Orange Burst Raisels Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>7</p> <p>317 Confetti Mini Pancakes OR 314 Chocolate Swirl</p> <p>684 Strawberry Banana Applesauce 654 Raspberry Lemonade Craisins Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>8</p> <p>366 Blueberry Bagel OR 325 Cinnamon Chex Cup</p> <p> National Empanada Day</p> <p>670 Fresh Fruit 446 Mott's Apple Juice Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>9</p> <p>319 Orange Cranberry Muffin OR 358 Poffitz Pancake Bites</p> <p>670 Fresh Fruit 447 Mott's Apple White Grape Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>10</p> <p>321 Banana Muffin OR 327 Maple Mini Waffles</p> <p>670 Fresh Fruit 659 Watermelon Craisins Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p>306 Apple Baked Frudle (Heat) OR 334 Cinnamon Toast Crunch Cup</p> <p>447 Mott's Apple White Grape 658 Cherry Craisins Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit</p>	<p>31</p> <p>338 French Toast Sticks (Heat) OR 324 Cocoa Puffs Cup</p> <p>670 Fresh Fruit 654 Raspberry Lemonade Craisins Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit</p>	<p>1</p> <p>328 Chocolate Chip Muffin OR 308 Strawberry Mini Bagel</p> <p>APRIL FOOL'S DAY!</p> <p>670 Fresh Fruit 446 Mott's Apple Juice Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit</p>	<p>2</p> <p>370 Cinnamon Toast Mini French Toast OR 131 Mango Yogurt & 922 Cinnamon Granola</p> <p>659 Watermelon Craisins 670 Fresh Fruit Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit</p> <p> Holy Thursday</p>	<p>3</p> <p>316 Maple Mini Pancakes OR 322 Blueberry Muffin</p> <p>Good Friday </p> <p>670 Fresh Fruit 445 Mott's Fruit Punch Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit</p>
<p>6</p> <p>315 Apple Cinnamon Texas Toast (Heat) OR 134 Cherry Vanilla Yogurt & 312 Fruit Loops Pouch</p> <p>445 Mott's Fruit Punch 642 Orange Burst Raisels Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>7</p> <p>317 Confetti Mini Pancakes OR 314 Chocolate Swirl</p> <p>684 Strawberry Banana Applesauce 654 Raspberry Lemonade Craisins Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>8</p> <p>366 Blueberry Bagel OR 325 Cinnamon Chex Cup</p> <p> National Empanada Day</p> <p>670 Fresh Fruit 446 Mott's Apple Juice Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>9</p> <p>319 Orange Cranberry Muffin OR 358 Poffitz Pancake Bites</p> <p>670 Fresh Fruit 447 Mott's Apple White Grape Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>	<p>10</p> <p>321 Banana Muffin OR 327 Maple Mini Waffles</p> <p>670 Fresh Fruit 659 Watermelon Craisins Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit</p>
<p>13</p> <p>320 Corn Muffins OR 326 Trix Cereal Cup</p> <p>654 Raspberry Lemonade Craisins 670 Fresh Fruit Alt: 317 Confetti Mini Pancakes OR 383 Cheerios Cereal Bar BK Kit</p>	<p>14</p> <p>311 Apple Jacks Pouch OR 318 Cinnamon Mini Waffles</p> <p> National Gardening Day</p> <p>670 Fresh Fruit 684 Strawberry Banana Applesauce Alt: 317 Confetti Mini Pancakes OR 383 Cheerios Cereal Bar BK Kit</p>	<p>15</p> <p>323 Apple Cinnamon Muffin OR 371 Banana Bread Slice</p> <p>670 Fresh Fruit 447 Mott's Apple White Grape Alt: 317 Confetti Mini Pancakes OR 383 Cheerios Cereal Bar BK Kit</p>	<p>16</p> <p>367 Cinnamon Raisin Bagel OR 369 Trix Mini French Toast</p> <p> National Banana Day</p> <p>445 Mott's Fruit Punch 697 Bagged Sliced Apples Alt: 317 Confetti Mini Pancakes OR 383 Cheerios Cereal Bar BK Kit</p>	<p>17</p> <p>365 Mini Cinni Caramel Pull-A-Part OR 334 Cinnamon Toast Crunch Cup</p> <p>670 Fresh Fruit OR 682 Bananas 447 Mott's Apple White Grape Alt: 317 Confetti Mini Pancakes OR 383 Cheerios Cereal Bar BK Kit</p>
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<p>27</p> <p>371 Banana Bread Slice OR 338 French Toast Sticks (Heat)</p> <p>659 Watermelon Craisins 670 Fresh Fruit Alt: 321 Banana Muffin OR 390 Chocolate Chip Muffin Kit</p>	<p>28</p> <p>333 Blueberry Chex Cup OR 308 Strawberry Mini Bagel</p> <p>447 Mott's Apple White Grape 670 Fresh Fruit Alt: 321 Banana Muffin OR 390 Chocolate Chip Muffin Kit</p>	<p>29</p> <p>327 Maple Mini Waffles OR 306 Apple Baked Frudel</p> <p>445 Mott's Fruit Punch 670 Fresh Fruit Alt: 321 Banana Muffin OR 390 Chocolate Chip Muffin Kit</p>	<p>30</p> <p>369 Trix Mini French Toast OR 351 Cinnamon Toast Crunch Bar</p> <p>697 Bagged Sliced Apples 447 Mott's Apple White Grape Alt: 321 Banana Muffin OR 390 Chocolate Chip Muffin Kit</p>	<p>31</p> <p>325 Cinnamon Chex Cup OR 323 Apple Cinnamon Muffin</p> <p>658 Cherry Craisins 670 Fresh Fruit OR 682 Bananas Alt: 321 Banana Muffin OR 390 Chocolate Chip Muffin Kit</p>

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What do you call a dinosaur that's sleeping?
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What weather tool measures how fast the wind is blowing?



Sunny Side Up or Scrambled?



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Answer Key

Grow Your Garden

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A. 1950 B. 1970 C. 1990



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What is the name of the process plants use to make their own food from sunlight?



What weather tool measures how fast the wind is blowing?



Sunny Side Up or Scrambled?



rseoeincurr _____

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Answer Key

Grow Your Garden

April is a month full of new life, blooming plants, and fresh starts; the perfect time to make your own flower pot! You can decorate a store-bought pot with bright colors and fun designs, or create your own using recycled items like plastic bottles, egg cartons, or milk cartons. After your pot is ready, plant something easy to grow, like a sunflower seed, lettuce, or herbs, and watch it sprout as the days get warmer. If planting isn't your thing, you can still join the fun by making a handprint flower pot. Scan the QR code for a tutorial! It's a great way to celebrate spring and help the Earth by reusing materials.



High & Middle School Breakfast Menu

April 2026

"Do not put Junk Food on the Plate, if you want to feel Great" Everly B. 7th Grade @ Holy Trinity

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

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30 306 Apple Baked Frudle (Heat) OR 334 Cinnamon Toast Crunch Cup 447 Mott's Apple White Grape 658 Cherry Craisins Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit	31 338 French Toast Sticks (Heat) OR 324 Cocoa Puffs Cup 670 Fresh Fruit 654 Raspberry Lemonade Craisins Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit	1 328 Chocolate Chip Muffin OR 308 Strawberry Mini Bagel  670 Fresh Fruit 446 Mott's Apple Juice Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit	2 370 Cinnamon Toast Mini French Toast OR 131 Mango Yogurt & 922 Cinnamon Granola 659 Watermelon Craisins 670 Fresh Fruit Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit  Holy Thursday	3 316 Maple Mini Pancakes OR 322 Blueberry Muffin Good Friday  670 Fresh Fruit 445 Mott's Fruit Punch Alt: 329 Honey Cheerios Cup OR 385 Trix Breakfast Kit
6 315 Apple Cinnamon Texas Toast (Heat) OR 134 Cherry Vanilla Yogurt & 312 Fruit Loops Pouch 445 Mott's Fruit Punch 642 Orange Burst Raisels Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit	7 317 Confetti Mini Pancakes OR 314 Chocolate Swirl 684 Strawberry Banana Applesauce 654 Raspberry Lemonade Craisins Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit	8 366 Blueberry Bagel OR 325 Cinnamon Chex Cup  National Empanada Day 670 Fresh Fruit 446 Mott's Apple Juice Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit	9 319 Orange Cranberry Muffin OR 358 Poffitz Pancake Bites 670 Fresh Fruit 447 Mott's Apple White Grape Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit	10 321 Banana Muffin OR 327 Maple Mini Waffles 670 Fresh Fruit 659 Watermelon Craisins Alt: 328 Chocolate Chip Muffin OR 384 Cinnamon Toast Crunch Kit
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