

Elementary School Breakfast Menu

April 2026

"Do not put Junk Food on the Plate, if you want to feel Great" Everly B. 7th Grade @ Holy Trinity



Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p>306 Apple Baked Frudle (Heat) OR 334 Cinnamon Toast Crunch Cup</p> <p>747 Orange Citrus Blend Juice 658 Cherry Craisins Pre-K: 358 Poffitz Pancakes Bites 385 Trix Breakfast Kit</p>	<p>31</p> <p>338 French Toast Sticks (Heat) OR 324 Cocoa Puffs Cup</p> <p>670 Fresh Fruit 748 Grape Juice Pre-K: 341 Honey Bunches of Oats Crunch 385 Trix Breakfast Kit</p>	<p>1</p> <p>328 Chocolate Chip Muffin OR 308 Strawberry Mini Bagel</p> <p>APRIL FOOL'S DAY!</p> <p>750 Apple Juice 670 Fresh Fruit Pre-K: 332 Apple Cinnamon Muffin 385 Trix Breakfast Kit</p>	<p>2</p> <p>370 Cinnamon Toast Mini French Toast OR 131 Mango Yogurt & 922 Cinnamon Granola</p> <p>752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 366 Blueberry Bagel 385 Trix Breakfast Kit</p> <p> Holy Thursday</p>	<p>3</p> <p>316 Maple Mini Pancakes OR 322 Blueberry Muffin</p> <p>670 Fresh Fruit 749 Apple Cherry Juice Pre-K: 331 Corn Muffin 385 Trix Breakfast Kit</p> <p>Good Friday </p>
<p>6</p> <p>315 Apple Cinnamon Texas Toast (Heat) OR 134 Cherry Vanilla Yogurt & 312 Fruit Loops Pouch</p> <p>642 Orange Burst Raisels 748 Grape Juice Pre-K: 346 Cinnamon Toast Crunch 384 Cinnamon Toast Crunch Kit</p>	<p>7</p> <p>317 Confetti Mini Pancakes OR 314 Chocolate Swirl</p> <p>752 Fruit Punch Juice 654 Raspberry Lemonade Craisins Pre-K: 339 Orange Cranberry Muffin 384 Cinnamon Toast Crunch Kit</p>	<p>8</p> <p>366 Blueberry Bagel OR 325 Cinnamon Chex Cup</p> <p>670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 367 Cinnamon Raisin Bagel 384 Cinnamon Toast Crunch Kit</p> <p> National Empanada Day</p>	<p>9</p> <p>319 Orange Cranberry Muffin OR 358 Poffitz Pancake Bites</p> <p>684 Strawberry Banana Applesauce 747 Orange Citrus Blend Juice Pre-K: 327 Maple Mini Waffles 384 Cinnamon Toast Crunch Kit</p>	<p>10</p> <p>321 Banana Muffin OR 327 Maple Mini Waffles</p> <p>659 Watermelon Craisins 749 Apple Cherry Juice Pre-K: 339 Orange Cranberry Muffin 384 Cinnamon Toast Crunch Kit</p>
<p>13</p> <p>320 Corn Muffins OR 326 Trix Cereal Cup</p> <p>749 Apple Cherry Juice 654 Raspberry Lemonade Craisins Pre-K: 345 Honey Scooters 383 Cheerios Cereal Bar BK Kit</p>	<p>14</p> <p>311 Apple Jacks Pouch OR 318 Cinnamon Mini Waffles</p> <p>750 Apple Juice 684 Strawberry Banana Applesauce Pre-K: 335 Banana Muffin 383 Cheerios Cereal Bar BK Kit</p> <p> National Gardening Day</p>	<p>15</p> <p>323 Apple Cinnamon Muffin OR 371 Banana Bread Slice</p> <p>670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 369 Trix Mini French Toast 383 Cheerios Cereal Bar BK Kit</p>	<p>16</p> <p>367 Cinnamon Raisin Bagel OR 369 Trix Mini French Toast</p> <p>697 Bagged Sliced Apples 753 Orange Juice Pre-K: 332 Apple Cinnamon Muffin 383 Cheerios Cereal Bar BK Kit</p> <p> National Banana Day</p>	<p>17</p> <p>365 Mini Cinni Caramel Pull-A-Part OR 334 Cinnamon Toast Crunch Cup</p> <p>748 Grape Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 341 Honey Bunches of Oats Crunch 383 Cheerios Cereal Bar BK Kit</p>
<p>20</p> <p>307 Cherry Frudel OR 325 Cinnamon Chex Cup</p> <p>747 Orange Citrus Blend Juice 689 Strawberry Applesauce Pre-K: 331 Corn Muffin 387 Froot Loops BK Kit</p>	<p>21</p> <p>316 Maple Mini Pancakes OR 322 Blueberry Muffin</p> <p>670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 327 Maple Mini Waffles 387 Froot Loops BK Kit</p>	<p>22</p> <p>315 Apple Cinnamon Texas Toast (Heat) OR 314 Chocolate Swirl</p> <p>670 Fresh Fruit 753 Orange Juice Pre-K: 339 Orange Cranberry Muffin 387 Froot Loops BK Kit</p> <p> Earth Day</p>	<p>23</p> <p>366 Blueberry Bagel OR 321 Banana Muffin</p> <p>658 Cherry Craisins 748 Grape Juice Pre-K: 346 Cinnamon Toast Crunch 387 Froot Loops BK Kit</p>	<p>24</p> <p>312 Fruit Loops Pouch OR 327 Maple Mini Waffles</p> <p>749 Apple Cherry Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 344 Blueberry Chex 387 Froot Loops BK Kit</p>
<p>27</p> <p>371 Banana Bread Slice OR 338 French Toast Sticks (Heat)</p> <p>659 Watermelon Craisins 749 Apple Cherry Juice Pre-K: 335 Banana Muffin 390 Chocolate Chip Muffin Kit</p>	<p>28</p> <p>333 Blueberry Chex Cup OR 308 Strawberry Mini Bagel</p> <p>747 Orange Citrus Blend Juice 670 Fresh Fruit Pre-K: 345 Honey Scooters 390 Chocolate Chip Muffin Kit</p>	<p>29</p> <p>327 Maple Mini Waffles OR 306 Apple Baked Frudel</p> <p>753 Orange Juice 670 Fresh Fruit Pre-K: 343 Rice Chex 390 Chocolate Chip Muffin Kit</p>	<p>30</p> <p>369 Trix Mini French Toast OR 351 Cinnamon Toast Crunch Bar</p> <p>752 Fruit Punch Juice 697 Bagged Sliced Apples Pre-K: 331 Corn Muffin 390 Chocolate Chip Muffin Kit</p>	<p>1</p> <p>325 Cinnamon Chex Cup OR 323 Apple Cinnamon Muffin</p> <p>748 Grape Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 369 Trix Mini French Toast 390 Chocolate Chip Muffin Kit</p>

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

APRIL 2026



Hello April!

Spring is finally here, and April brings lots of fun things to celebrate! Easter reminds us of joy and new beginnings.

April Fools' Day brings a little silliness, and the warm weather helps flowers and trees start to bloom. April is also Earth Month, a special time to remember how important our planet is. Even small actions, like picking up litter, recycling, or turning off lights, help keep the Earth happy and healthy. Let's enjoy the sunshine, the laughter, and all the ways we can take care of our world this month!

April Fools

April 1st is all about giggles and silly surprises! It's a day to share jokes, have fun, and enjoy a little extra laughter. The best jokes are the ones that make everyone laugh!

Why did the egg hide? 
Because it was a little chicken!

What do you call a dinosaur that's sleeping?
A dino-snore! 

Why did the student eat his homework? 
Because the teacher said it was a piece of cake!

Egg-cellent Spring Trivia

April is full of fun facts and surprises, so test your knowledge with our April Trivia! See how much you know about spring, Earth Day, Easter, and all the silly fun this month brings.

What year was the very first Earth Day?

- A. 1950 B. 1970 C. 1990



Baby rabbits are called what?

- A. Kits B. Pups C. Cubs



What bird is known for returning north in spring and building mud nests with a red chest?

- A. Finch B. Robin C. Cardinal



What ancient country is believed to have celebrated a spring "festival of jokes," similar to April Fools' Day?



What is the name of the process plants use to make their own food from sunlight?



What weather tool measures how fast the wind is blowing?



Sunny Side Up or Scrambled?

He is Risen!

rseoeincurr _____

amlb _____

doog yadifr _____

iiitcruxCnof _____

mobt _____

soparves _____

aiptle _____



Answer Key

Grow Your Garden

April is a month full of new life, blooming plants, and fresh starts; the perfect time to make your own flower pot! You can decorate a store-bought pot with bright colors and fun designs, or create your own using recycled items like plastic bottles, egg cartons, or milk cartons. After your pot is ready, plant something easy to grow, like a sunflower seed, lettuce, or herbs, and watch it sprout as the days get warmer. If planting isn't your thing, you can still join the fun by making a handprint flower pot. Scan the QR code for a tutorial! It's a great way to celebrate spring and help the Earth by reusing materials.

