

# Elementary School Hot Lunch Menu

## March 2026

"To get fit, Veggies are it!" - Lucy F. 6<sup>th</sup> Grade @ Holy Trinity

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
2 295 Meatloaf & Gravy w/ Mashed Potatoes & 909 Dinner Roll OR 280 Beef Burger w/ Green Beans & 915 Hamburger Buns  630 Dragon Punch Veggie Juice 697 Sliced Apples 932 Cinnamon Scooby Snacks	3 480 Sausage Kolache & 990 Chocolate Chip Cookie OR 212 Taco Triangles  634 Ruby Rusher Veggie Juice 623 Tater Tots 654 Raspberry Lemonade Craisins	4 209 Taco Meat OR 221 Two Cheese, Chicken Quesadilla OR 234 Turkey Ham & Two Cheese on Roll  620 Salsa Cup 140 Fiesta Bean Dip 749 Apple Cherry Juice 941 Tostitos Scoops	5 205 Popcorn Chicken & 939 Heartzel Pretzels OR 251 Grilled Cheese V OR 237 Italian Sandwich  611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit	6 225 Ciabatta Cheese Melt V OR 264 4x6 Cheese Pizza V   Snack Day  706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas
9 284 Chicken Alfredo, Penne and Broccoli OR 224 Meatballs w/ Elbow Mac & Sauce  631 Cherry Star Veggie Juice 670 Fresh Fruit 909 Dinner Rolls	10 208 Mini Corn Dogs OR 207 Cheese Ravioli V  623 Tater Tots 633 Sunset Sip Veggie Juice 641 Tropical Raisels  	11 201 Cheeseburger OR 220 Hot Dog & 906 Hot Dog Buns  502 "Kick It" Crunchy Puffs 634 Ruby Rusher Veggie Juice 657 Strawberry Craisins	12 225 Ciabatta Cheese Melt Sandwich V OR 217 Spicy Grilled Cheese V OR 236 Turkey & Two Cheese Wedge  706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas	13 263 5" Round Cheese Pizza V OR 253 Three Cheese Quesadilla V  611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 749 Apple Cherry Juice 928 Pretzel Goldfish
16 206 French Toast w/ Sausage OR 204 Chicken Nuggets  623 Tater Tots 634 Ruby Rusher Veggie Juice 670 Fresh Fruit	17 215 Beef & Cheese Taco Stick OR 221 Two Cheese, Chicken Quesadilla OR 237 Italian Sandwich  	18 226 Philly Steak & Cheese Pinwheel OR 203 Mini Pepperoni Calzone  620 Salsa 631 Cherry Star Veggie Juice 610 Papaya Mango Cup	19 208 Mini Corn Dogs OR 264 4x6 Cheese Pizza V OR 242 Chicken, Turkey Ham & Cheese Wedge Sandwich  708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas	20 257 Mozzarella Sticks V OR 256 Cheese Stuffed Breadsticks V   Spring Equinox  622 Marinara Sauce 630 Dragon Punch Veggie Juice 654 Raspberry Lemonade Craisins
23 212 Taco Triangles OR 205 Popcorn Chicken  623 Tater Tots 634 Ruby Rusher Veggie Juice 684 Strawberry Banana Applesauce	24 204 Chicken Nuggets OR 203 Mini Pepperoni Calzone  	25 284 Chicken Alfredo, Penne and Broccoli OR 288 Mac & Cheese w/ Broccoli V  630 Dragon Punch Veggie Juice 658 Cherry Craisins 909 Dinner Rolls	26 201 Cheeseburger OR 254 BBQ Rib Sandwich  708 Spinach Salad w. Chickpeas 670 Fresh Fruit 932 Cinnamon Scooby Snacks  	27 268 French Bread Cheese Pizza V OR 255 Pizzaboli V  622 Marinara Sauce 630 Dragon Punch Veggie Juice 752 Fruit Punch Juice

V= Vegetarian Options

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



NUTRITIONAL  
DEVELOPMENT  
SERVICES

222 N 17th St, Philadelphia, PA 19103  
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# MARCH 2026



## Pot of Gold

March is chock-full of magical fun! Spring is on its way, bringing fresh starts, blooming flowers, and brighter days. March is also National Wellness Month, a great time to take care of our bodies, minds, and feelings by moving, resting, and being kind to ourselves and others. Plus, it's National School Breakfast Week—so don't forget to eat a healthy breakfast to fuel your brain and body and help you learn and play your best every day!



## Spring Into Wellness

Spring is here! The first day of spring is a great time to build healthy habits like eating colorful fruits and veggies, drinking plenty of water, and staying active outdoors. As we welcome the season of growth, NDS is also looking for members to join our Wellness Committee to help promote healthy schools and strong communities. Parents, educators, and community members are encouraged to get involved and share ideas that support student wellness. All meetings are virtual; please contact NDS (jfalk@ndsearch.org) for more information.



## National School Breakfast Week

Hear ye, hear ye! Get ready to conquer the school day as we go on The Quest for School Breakfast! From March 2nd to March 6th, NDS will be celebrating the importance of a healthy start to the day during National School Breakfast Week. The School Breakfast Program provides 12 million nutritious breakfasts to hungry children across the country every day. A healthy breakfast fuels the brain and body for learning and play. Join the quest by enjoying school breakfast, trying new menu items, and taking part in fun activities and challenges throughout the week. It's a royal way to start every day!



## Leprechauns

March is the month of leprechauns! Leprechauns come from Irish folklore and have been part of Irish stories for hundreds of years! Long ago, people believed these tiny shoemakers were very clever and loved to protect their pots of gold. Today, leprechauns are known for their tricky ways and lucky magic. Can you find all 17 sneaky leprechauns hiding on this page? Look closely, they love to play tricks!

Scan the QR Code to make your own Leprechaun Hat Box to protect your pot of gold!



## Recycled Flowers

Spring is here, and that means sunshine, colorful flowers, and new beginnings! To celebrate, we're getting creative with a fun craft of making flowers out of recycled materials! Just like spring gives new life to the world, we can give new life to materials by reusing them instead of throwing them away.

**Gather Materials:** Collect items like cardboard tubes, newspaper, magazines, plastic bottles, or bottle caps.

**Create Petals:** Cut petal shapes from your chosen material

**Form Petals:** Shape them by rolling, curling, or bending

**Assemble the Flower:** Glue petals around a central point from the inside out, layering them for fullness.

**Decorate:** Paint, color with markers, or add glitter for extra flair

