

# MARCH 2026 CHILD CARE HOT LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/2/2026	3/3/2026	3/4/2026	3/5/2026	3/6/2026
834 <b>MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE*</b> 697 BAGGED SLICED APPLES <b>or</b> 647 MANDARIN ORANGE CUP 100 WHITE MILK  *SA-e224	215 <b>BEEF &amp; CHEESE TACO STICK ON WG TORTILLA</b> 611 BABY CARROTS SNACK PACKS <b>or</b> 620 SALSA CUP 670 FRESH FRUIT 100 WHITE MILK	831 <b>WG POPCORN CHICKEN*</b> 812 CORN 1/4 CUP* 670 FRESH FRUIT <b>or</b> 644 PEAR CUP 100 WHITE MILK  *SA-e205, v625	222 <b>SLOPPY JOES</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 670 FRESH FRUIT 905 1/2 SLICE WG WHEAT BREAD +++ <b>or</b> 918 WG HAMBURGER BUN 100 WHITE MILK	225 <b>WG CIABATTA CHEESE MELT SANDWICH</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
3/9/2026	3/10/2026	3/11/2026	3/12/2026	3/13/2026
832 <b>WG MOZZARELLA STICKS*</b> <b>or</b> 833 <b>WG MINI CORN DOGS*</b> 815 DICED CARROTS 1/4 CUP* 670 FRESH FRUIT 100 WHITE MILK  *SA - e257 or e208, v626	206 <b>WG FRENCH TOAST WITH TURKEY SAUSAGE</b> 814 POTATO SMILES 1/4 CUP* 656 CRAISINS-ORIGINAL <b>or</b> 670 FRESH FRUIT 100 WHITE MILK  *SA - v623	284 <b>GRILLED CHICKEN &amp; BROCCOLI ALFREDO WITH WG PENNE PASTA</b> 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	830 <b>WG CHICKEN NUGGETS*</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 670 FRESH FRUIT 100 WHITE MILK  *SA - e204	264 <b>4' X 6' WG CHEESE PIZZA</b> <b>or</b> 263 <b>5' ROUND WG CHEESE PIZZA</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 608 TROPICAL FRUIT CUP 100 WHITE MILK
3/16/2026	3/17/2026	3/18/2026	3/19/2026	3/20/2026
280 <b>BEEF BURGER WITH GREEN BEANS CRAISINS-WATERMELON</b> <b>or</b> 670 FRESH FRUIT 918 WG HAMBURGER BUN 100 WHITE MILK	283 <b>WG CHICKEN TENDERS WITH CORN</b> 670 FRESH FRUIT <b>or</b> 610 PAPAYA MANGO CUP 100 WHITE MILK	834 <b>MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE*</b> 697 BAGGED SLICED APPLES <b>or</b> 670 FRESH FRUIT 100 WHITE MILK  *SA-e224	831 <b>WG POPCORN CHICKEN*</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 645 PINEAPPLE CUP 100 WHITE MILK  *SA - e205	288 <b>WG MACARONI &amp; CHEESE WITH BROCCOLI</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
3/23/2026	3/24/2026	3/25/2026	3/26/2026	3/27/2026
285 <b>GRILLED CHICKEN WITH HONEY MUSTARD SAUCE &amp; GREEN BEANS</b> 670 FRESH FRUIT 905 1/2 SLICE WG WHEAT BREAD +++ 100 WHITE MILK	203 <b>WG MINI BEEF PEPPERONI CALZONE</b> 611 BABY CARROTS SNACK PACKS <b>or</b> 815 DICED CARROTS 1/4 CUP* 658 CRAISINS-CHERRY <b>or</b> 646 PEACH CUP 100 WHITE MILK  *SA - v626	225 <b>WG CIABATTA CHEESE MELT SANDWICH</b> 814 POTATO SMILES 1/4 CUP* 670 FRESH FRUIT <b>or</b> 644 PEAR CUP 100 WHITE MILK  *SA - v623	830 <b>WG CHICKEN NUGGETS*</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 653 UNSWEETENED APPLESAUCE 100 WHITE MILK  *SA - e204	264 <b>4' X 6' WG CHEESE PIZZA</b> <b>or</b> 263 <b>5' ROUND WG CHEESE PIZZA</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 670 FRESH FRUIT 100 WHITE MILK

## MENU SUBJECT TO CHANGE

REMINDER: WATER MUST BE OFFERED EVERY DAY!

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

MILK: 1 YEAR OLD CHILDREN MUST BE SERVED 4-OUNCE WHOLE WHITE MILK; CHILDREN 2 YEARS AND OLDER MUST BE SERVED EITHER 8-OUNCE SKIM FAT FREE WHITE MILK OR 8-OUNCE 1% LOW FAT WHITE MILK.

## SPECIALTY PRODUCE GRANT (660)

NDS has received a grant from W.W. Smith for funds to purchase fresh produce that is not normally available to us. The goals off the grant are:

- broaden childrens exposure to a variety of fresh produce
- provide them with nutrition education opportunities to support the experience

The fruits & vegetables being offered will mostly be individually wrapped portions. NDS will provide more information and educational activities for the Specialty Produce Grant item during the week it is offered.

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.