

# MARCH 2026 CHILD CARE COLD LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

MONDAY 3/2/2026	TUESDAY 3/3/2026	WEDNESDAY 3/4/2026	THURSDAY 3/5/2026	FRIDAY 3/6/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 134 CHERRY VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS <b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 630 DRAGON PUNCH VEGETABLE JUICE 697 BAGGED SLICED APPLES or 647 MANDARIN ORANGE CUP 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 634 RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT or 644 PEAR CUP 100 WHITE MILK	234 TURKEY HAM & TWO CHEESE ON WG ROLL 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK	251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
3/9/2026	3/10/2026	3/11/2026	3/12/2026	3/13/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 136 VANILLA YOGURT - 126 CO-JACK CHEESE - 938 WG SAVORY WHEAT CRACKERS <b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 633 SUNSET SIP VEGETABLE JUICE 656 CRAISINS-ORIGINAL or 670 FRESH FRUIT 100 WHITE MILK	237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 634 RUBY RUSHER VEGETABLE JUICE 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 608 TROPICAL FRUIT CUP 100 WHITE MILK
3/16/2026	3/17/2026	3/18/2026	3/19/2026	3/20/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 117 WOW BUTTER CUP - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS <b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 632 WANGO MANGO VEGETABLE JUICE 659 CRAISINS-WATERMELON or 670 FRESH FRUIT 100 WHITE MILK	237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT or 610 PAPAYA MANGO CUP 100 WHITE MILK	234 TURKEY HAM & TWO CHEESE ON WG ROLL 631 CHERRY STAR VEGETABLE JUICE 697 BAGGED SLICED APPLES or 670 FRESH FRUIT 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 645 PINEAPPLE CUP 100 WHITE MILK	251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
3/23/2026	3/24/2026	3/25/2026	3/26/2026	3/27/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 131 MANGO YOGURT - 126 CO-JACK CHEESE - 938 WG SAVORY WHEAT CRACKERS <b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 634 RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 633 SUNSET SIP VEGETABLE JUICE 658 CRAISINS-CHERRY or 646 PEACH CUP 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT or 644 PEAR CUP 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 653 UNSWEETENED APPLESAUCE 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK
<b>MENU SUBJECT TO CHANGE</b>  REMINDER: WATER MUST BE OFFERED EVERY DAY!  +++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD  CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.  MILK: 1 YEAR OLD CHILDREN MUST BE SERVED 4-OUNCE WHOLE WHITE MILK; CHILDREN 2 YEARS AND OLDER MUST BE SERVED EITHER 8-OUNCE SKIM FAT FREE WHITE MILK OR 8-OUNCE 1% LOW FAT WHITE MILK.		<b>SPECIALTY PRODUCE GRANT (660)</b>  NDS has received a grant from W.W. Smith for funds to purchase fresh produce that is not normally available to us. The goals off the grant are: <ul style="list-style-type: none"> <li>• broaden childrens exposure to a variety of fresh produce</li> <li>• provide them with nutrition education opportunities to support the experience</li> </ul> The fruits & vegetables being offered will mostly be individually wrapped portions. NDS will provide more information and educational activities for the Specialty Produce Grant item during the week it is offered.		

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.