

FEBRUARY 2026 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component **MUST** be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/2/2026	2/3/2026	2/4/2026	2/5/2026	2/6/2026
288 WG MACARONI & CHEESE WITH BROCCOLI 670 FRESH FRUIT or 689 STRAWBERRY APPLESAUCE 100 WHITE MILK	280 BEEF BURGER WITH GREEN BEANS 670 FRESH FRUIT 918 WG HAMBURGER BUN 100 WHITE MILK	286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 670 FRESH FRUIT or 697 BAGGED APPLE SLICES 100 WHITE MILK	830 WG CHICKEN NUGGETS* 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 653 UNSWEETENED APPLESAUCE 100 WHITE MILK * SA - e204	264 4' X 6' WG CHEESE PIZZA or 263 5' ROUND WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK
2/9/2026	2/10/2026	2/11/2026	2/12/2026	2/13/2026
206 WG FRENCH TOAST WITH TURKEY SAUSAGE 814 POTATO SMILES 1/4 CUP* 670 FRESH FRUIT 100 WHITE MILK	831 WG POPCORN CHICKEN* 812 CORN 1/4 CUP* 670 FRESH FRUIT 100 WHITE MILK	834 MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE* 670 FRESH FRUIT or 608 TROPICAL FRUIT CUP 100 WHITE MILK	225 WG CIABATTA CHEESE MELT SANDWICH or 270 WG TURKEY PEPPERONI CALZONE 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 660 SPECIALTY FRUIT or VEGETABLE or 670 FRESH FRUIT 100 WHITE MILK	222 SLOPPY JOES 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 607 MANGO FRUIT CUP 905 1/2 SLICE WG WHEAT BREAD +++ or 918 WG HAMBURGER BUN 100 WHITE MILK
*SA - v623	* SA - e205, v625	*SA - e224		
2/16/2026	2/17/2026	2/18/2026	2/19/2026	2/20/2026
284 GRILLED CHICKEN & BROCCOLI ALFREDO 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	215 BEEF & CHEESE TACO STICK ON WG TORTILLA 611 BABY CARROT SNACK PACKS or 620 SALSA CUP 670 FRESH FRUIT 100 WHITE MILK	288 WG MACARONI & CHEESE WITH BROCCOLI 647 MANDARIN ORANGE CUP 100 WHITE MILK	830 WG CHICKEN NUGGETS* 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK * SA - e204	264 4' X 6' WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 689 STRAWBERRY APPLESAUCE 100 WHITE MILK
2/23/2025	2/24/2025	2/25/2026	2/26/2026	2/27/2026
286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK	831 WG POPCORN CHICKEN* 815 DICED CARROTS 670 FRESH FRUIT 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK	201 CHEESEBURGER ON WG BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 660 SPECIALTY FRUIT or VEGETABLE (available for a limited time - see below) or 609 MIXED FRUIT CUP 100 WHITE MILK	225 WG CIABATTA CHEESE MELT SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 645 PINEAPPLE CUP 100 WHITE MILK
MENU SUBJECT TO CHANGE REMINDER: WATER MUST BE OFFERED EVERY DAY! +++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP. MILK: 1 YEAR OLD CHILDREN MUST BE SERVED 4-OUNCE WHOLE WHITE MILK; CHILDREN 2 YEARS AND OLDER MUST BE SERVED EITHER 8-OUNCE SKIM FAT FREE WHITE MILK OR 8-OUNCE 1% LOW FAT WHITE MILK.		(660) SPECIALTY FRUIT & VEGETABLE GRANT NDS has received a grant from W.W. Smith for funds to purchase fresh produce that is not normally available to us. The goals off the grant are: <ul style="list-style-type: none"> • broaden childrens exposure to a variety of fresh produce • provide them with nutrition education opportunities to support the experience The fruits & vegetables being offered will mostly be individually wrapped portions. NDS will provide more information on the Specialty Fruit & Vegetable Grant item the week it will be served. We encourage centers to order these items while they are available.		

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.