

# Elementary School Hot Lunch Menu

## February 2026

"Vegetable are the way of life"- Noah P., 7<sup>th</sup> Grade @ Visitation School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
| <b>2</b><br><b>206</b> French Toast w/<br>Sausage<br>OR<br><b>480</b> Sausage Kolache<br><br><b>623</b> Tater Tots<br><b>634</b> Ruby Rusher Veggie Juice<br><b>670</b> Fresh Fruit   | <b>3</b><br><b>215</b> Beef & Cheese Taco<br>Stick<br>OR<br><b>221</b> Two Cheese,<br>Chicken Quesadilla<br>OR<br><b>237</b> Italian Sandwich<br><b>611</b> Bagged Baby Carrots<br><b>140</b> Fiesta Bean Dip<br><b>749</b> Apple Cherry Juice  | <b>4</b><br><b>257</b> Mozzarella Sticks <b>V</b><br>OR<br><b>256</b> Cheese Stuffed<br>Breadsticks <b>V</b><br><b>622</b> Marinara Sauce<br><b>630</b> Dragon Punch Veggie Juice<br><b>654</b> Raspberry Lemonade<br>Craisins   | <b>5</b><br><b>255</b> Pizzaboli <b>V</b><br>OR<br><b>264</b> 4x6 Cheese Pizza <b>V</b><br>OR<br><b>242</b> Chicken Turkey Ham<br>& Cheese Wedge<br>Sandwich<br><b>708</b> Spinach Salad w.<br>Chickpeas<br><b>670</b> Fresh Fruit OR<br><b>682</b> Bananas                      | <b>6</b><br><b>226</b> Philly Steak &<br>Cheese Pinwheel<br>OR<br><b>203</b> Mini Pepperoni<br>Calzone<br><b>622</b> Marinara Cup<br><b>631</b> Cherry Star Veggie Juice<br><b>686</b> Rosati "Nice" Ice  |
| <b>9</b><br><b>212</b> Taco Triangles<br>OR<br><b>205</b> Popcorn Chicken<br><b>623</b> Tater Tots<br><b>634</b> Ruby Rusher Veggie Juice<br><b>684</b> Strawberry Banana<br>Applesauce  | <b>10</b><br><b>268</b> French Bread Cheese<br>Pizza <b>V</b><br>OR<br><b>263</b> 5" Round Cheese <b>V</b><br>Pizza<br><b>622</b> Marinara Cup<br><b>752</b> Fruit Punch Juice  | <b>11</b><br><b>284</b> Chicken Alfredo,<br>Penne and Broccoli<br>OR<br><b>288</b> Mac & Cheese w/<br>Broccoli <b>V</b><br><b>630</b> Dragon Punch Veggie Juice<br><b>658</b> Cherry Craisins<br><b>909</b> Dinner Roll<br><br>National Inventors Day         | <b>12</b><br><b>201</b> Cheeseburger<br>OR<br><b>220</b> Hot Dog<br>& <b>906</b> Hot Dog Buns<br><b>708</b> Spinach Salad w.<br>Chickpeas<br><b>670</b> Fresh Fruit<br><br>National Hug Day | <b>13</b><br><b>204</b> Chicken Nuggets<br>OR<br><b>203</b> Mini Pepperoni<br>Calzone<br><b>611</b> Bagged Baby Carrots<br><b>502</b> "Kick It" Crunchy Puffs<br><b>686</b> Rosati "Nice" Ice<br><b>993</b> Holiday Cookie                            |
| <b>16</b><br><b>201</b> Cheeseburger<br>OR<br><b>208</b> Mini Corn Dogs<br><br><b>PRESIDENT'S DAY</b><br><b>634</b> Ruby Rusher Veggie Juice<br><b>623</b> Tater Tots<br><b>654</b> Raspberry Lemonade<br>Craisins<br><b>928</b> Pretzel Goldfish | <b>17</b><br><b>215</b> Beef & Cheese Taco<br>Stick<br>OR<br><b>221</b> Two Cheese,<br>Chicken Quesadilla<br><br>Lunar New Year<br><b>620</b> Salsa<br><b>140</b> Fiesta Bean Dip<br><b>749</b> Apple Cherry Juice<br><b>941</b> Tostitos Scoops | <b>18</b><br><b>288</b> Mac & Cheese w/<br>Broccoli <b>V</b><br>& <b>909</b> Dinner Roll<br>OR<br><b>218</b> Mozzarella Pinwheel <b>V</b><br>& <b>622</b> Marinara Cup<br><br>Ash Wednesday<br><b>630</b> Dragon Punch Veggie Juice<br><b>670</b> Fresh Fruit | <b>19</b><br><b>480</b> Sausage Kolache OR<br><b>226</b> Philly Steak & Cheese<br>Pinwheel<br>OR<br><b>232</b> Buffalo Chicken &<br>Cheddar on Brioche Bun<br><b>706</b> Spinach Salad w. Tomatoes<br><b>642</b> Orange Burst Raisels  | <b>20</b><br><b>263</b> 5" Round Cheese <b>V</b><br>Pizza<br>OR<br><b>264</b> 4x6 Cheese Pizza <b>V</b><br>OR<br><b>251</b> Grilled Cheese <b>V</b><br><b>611</b> Bagged Baby Carrots<br><b>502</b> "Kick It" Crunchy Puffs<br><b>670</b> Fresh Fruit |
| <b>23</b><br><b>255</b> Pizzaboli <b>V</b><br>OR<br><b>203</b> Mini Pepperoni<br>Calzone<br>OR<br><b>233</b> Rotisserie Chicken &<br>Mozzarella on Brioche<br>Bun<br><b>611</b> Bagged Baby Carrots<br><b>634</b> Ruby Rusher Veggie Juice<br><b>659</b> Watermelon Craisins   | <b>24</b><br><b>215</b> Beef & Cheese<br>Taco Stick<br>OR<br><b>216</b> Spicy Beef Taco<br>Stick<br>OR<br><b>234</b> Turkey Ham &<br>Two Cheese on Roll<br><b>620</b> Salsa Cup<br><b>140</b> Fiesta Bean Dip<br><b>747</b> Orange Citrus Blend Juice<br><b>941</b> Tostitos Scoops   | <b>25</b><br><b>280</b> Beef Burger w/<br>Green Beans<br>& <b>915</b> Hamburger Buns<br>OR<br><b>281</b> Popcorn Chicken<br>and Potatoes<br><br>National Muffin Day<br><b>631</b> Cherry Star Veggie Juice<br><b>641</b> Tropical Raisels                     | <b>26</b><br><b>268</b> French Bread Cheese<br>Pizza <b>V</b><br>OR<br><b>204</b> Chicken Nuggets<br>OR<br><b>242</b> Chicken, Turkey<br>Ham & Cheese Wedge<br><b>708</b> Spinach Salad w.<br>Chickpeas<br><b>670</b> Fresh Fruit  | <b>27</b><br><b>257</b> Mozzarella Sticks <b>V</b><br>OR<br><b>256</b> Cheese Stuffed<br>Breadsticks <b>V</b><br><b>622</b> Marinara Sauce<br><b>630</b> Dragon Punch Veggie Juice<br><b>670</b> Fresh Fruit OR<br><b>682</b> Bananas                 |

V= Vegetarian Options

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services  
Archdiocese of Philadelphia  
222 N 17th St, Philadelphia, PA 19103  
215-895-3470, option 1



# February 2026



## Love, Legacy, and Wellness

February is a month full of meaning and celebration! It's a time for love and kindness with Valentine's Day, a time to honor and learn during Black History Month, and a time to focus on heart health by making caring choices for our bodies. This month is a chance to share kindness, celebrate diversity, and enjoy meals that nourish both heart and mind. Let's make this month one of love, learning, and healthy living together!

## Love & Kindness Corner

February is all about kindness, friendship, and caring for one another! This month, love can be spread at school through small acts of kindness, such as:

- ♥ Helping a classmate
- ♥ Writing a thank-you note
- ♥ Giving a compliment
- ♥ Inviting someone to join in your games

## Love Bites

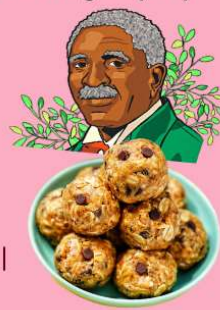
George Washington Carver was a brilliant scientist and inventor who loved plants. He spent his life finding new ways to use crops like peanuts, sweet potatoes, and cotton. Carver helped farmers grow healthier food, protect the soil, and make useful products. Celebrate his legacy by making peanut butter protein balls!

### Ingredients:

- 1 cup peanut butter
- ½ cup oats
- ¼ cup honey or maple syrup
- ¼ cup mini chocolate chips or raisins (optional)

### Instructions:

- In a bowl, mix peanut butter and honey until smooth
- Stir in oats
- Roll the mixture into small bite-sized balls
- Chill in the fridge for 10–20 minutes
- Enjoy your Carver-inspired snack while thinking about all the amazing ways he used peanuts! 🌱



## Make Your Own Punny Valentine!

Every year, there are 1 billion Valentine's Day cards exchanged around the world! Try making yours one-of-a-kind with a funny pun. Need some inspiration? Try these punny ideas:



## Invention Inspiration!

Have fun finding words while celebrating the creativity and innovation of African American inventors that help shape our everyday lives!

T R A F F I C L I G H T  
W B G A S M A S K T G S  
P R G C N L P Q N B P O  
N C A R T R I D G E S I  
W F R I D G E O R K I G  
S U P E R S O A K E R M  
B L O O D B A N K J Z M  
L V E H A I R C A R E R

- SUPERSOAKER
- TRAFFICLIGHT
- GASMASK
- BLOODBANK
- CARTRIDGE
- HAIRCARE
- FRIDGE
- GPS



Scan for Answers!

