

Elementary School Breakfast Menu

February 2026

"Vegetable are the way of life"- Noah P., 7th Grade @ Visitation School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
2 327 Maple Mini Waffles OR 338 French Toast Sticks (Heat)  659 Watermelon Craisins 749 Apple Cherry Juice Pre-K: 327 Maple Mini Waffles 390 Chocolate Chip Muffin Kit	3 366 Blueberry Bagel OR 308 Strawberry Mini Bagel 747 Orange Citrus Blend Juice 670 Fresh Fruit Pre-K: 341 Honey Bunches of Oats Crunch 390 Chocolate Chip Muffin Kit	4 327 Maple Mini Pancakes OR 306 Apple Baked Frudel (Heat) 753 Orange Juice 697 Bagged Sliced Apples Pre-K: 332 Apple Cinnamon Muffin 390 Chocolate Chip Muffin Kit	5 369 Trix Mini French Toast OR 351 Cinnamon Toast Crunch Bar 752 Fruit Punch Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 367 Cinnamon Raisin Bagel 390 Chocolate Chip Muffin Kit	6 325 Cinnamon Chex Cup OR 323 Apple Cinnamon Muffin 748 Grape Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 347 Cinnamon Chex 390 Chocolate Chip Muffin Kit
9 364 Mini Cinni Pull-A-Part OR 324 Cocoa Puffs Cup 752 Fruit Punch Juice 610 Papaya Mango Cup Pre-K: 346 Cinnamon Toast Crunch 387 Froot Loops BK Kit	10 326 Trix Cereal Cup OR 358 Poffitz Pancake Bites 749 Apple Cherry Juice 658 Cherry Craisins Pre-K: 335 Banana Muffin 387 Froot Loops BK Kit	11 367 Cinnamon Raisin Bagel OR 328 Chocolate Chip Muffin 747 Orange Citrus Blend Juice 670 Fresh Fruit Pre-K: 327 Maple Mini Waffles 387 Froot Loops BK Kit	12 316 Maple Mini Pancakes OR 338 French Toast Sticks (Heat) 748 Grape Juice 641 Tropical Raisels Pre-K: 367 Cinnamon Raisin Bagel 387 Froot Loops BK Kit	13 306 Apple Baked Frudel (Heat) OR 131 Mango Yogurt & 311 Apple Jacks Pouch 670 Fresh Fruit 753 Orange Juice Pre-K: 330 Blueberry Muffin 387 Froot Loops BK Kit
16 306 Apple Baked Frudel (Heat) OR 334 Cinnamon Toast Crunch Cup  747 Orange Citrus Blend Juice 658 Cherry Craisins Pre-K: 332 Apple Cinnamon Muffin 385 Trix Breakfast Kit	17 367 Cinnamon Raisin Bagel OR 324 Cocoa Puffs Cup  670 Fresh Fruit 748 Grape Juice Pre-K: 369 Trix Mini French Toast 385 Trix Breakfast Kit	18 328 Chocolate Chip Muffin OR 308 Strawberry Mini Bagel  750 Apple Juice 659 Watermelon Craisins Pre-K: 368 Wheat Bagel 385 Trix Breakfast Kit	19 370 Cinnamon Toast Mini French Toast OR 131 Mango Yogurt & 922 Cinnamon Granola 752 Fruit Punch Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 345 Honey Scooters 385 Trix Breakfast Kit	20 316 Maple Mini Pancakes OR 322 Blueberry Muffin 670 Fresh Fruit OR 682 Bananas 749 Apple Cherry Juice Pre-K: 344 Blueberry Chex 385 Trix Breakfast Kit
23 315 Apple Cinnamon Texas Toast (Heat) OR 134 Cherry Vanilla Yogurt & 312 Fruit Loops Pouch 748 Grape Juice 670 Fresh Fruit Pre-K: 368 Wheat Bagel 384 Cinnamon Toast Crunch BK Kit	24 317 Confetti Mini Pancakes OR 329 Honey Cheerios Cup 752 Fruit Punch Juice 654 Raspberry Lemonade Craisins Pre-K: 335 Banana Muffin 384 Cinnamon Toast Crunch BK Kit	25 319 Orange Cranberry Muffin OR 358 Poffitz Pancake Bites  641 Tropical Raisels 747 Orange Citrus Blend Juice Pre-K: 327 Maple Mini Waffles 384 Cinnamon Toast Crunch BK Kit	26 366 Blueberry Bagel OR 325 Cinnamon Chex Cup 670 Fresh Fruit OR 682 Bananas 748 Grape Juice Pre-K: 346 Cinnamon Toast Crunch 384 Cinnamon Toast Crunch BK Kit	27 321 Banana Muffin OR 327 Maple Mini Waffles 749 Apple Cherry Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 330 Blueberry Muffin 384 Cinnamon Toast Crunch BK Kit

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

February 2026



Love, Legacy, and Wellness

February is a month full of meaning and celebration! It's a time for love and kindness with Valentine's Day, a time to honor and learn during Black History Month, and a time to focus on heart health by making caring choices for our bodies. This month is a chance to share kindness, celebrate diversity, and enjoy meals that nourish both heart and mind. Let's make this month one of love, learning, and healthy living together!

Love & Kindness Corner

February is all about kindness, friendship, and caring for one another! This month, love can be spread at school through small acts of kindness, such as:

- ♥ Helping a classmate
- ♥ Writing a thank-you note
- ♥ Giving a compliment
- ♥ Inviting someone to join in your games

Love Bites

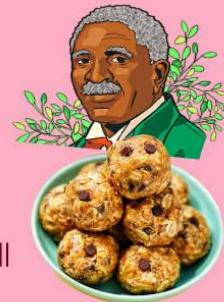
George Washington Carver was a brilliant scientist and inventor who loved plants. He spent his life finding new ways to use crops like peanuts, sweet potatoes, and cotton. Carver helped farmers grow healthier food, protect the soil, and make useful products. Celebrate his legacy by making peanut butter protein balls!

Ingredients:

- 1 cup peanut butter
- ½ cup oats
- ¼ cup honey or maple syrup
- ¼ cup mini chocolate chips or raisins (optional)

Instructions:

- In a bowl, mix peanut butter and honey until smooth
- Stir in oats
- Roll the mixture into small bite-sized balls
- Chill in the fridge for 10–20 minutes
- Enjoy your Carver-inspired snack while thinking about all the amazing ways he used peanuts! 🌱



Make Your Own Punny Valentine!

Every year, there are 1 billion Valentine's Day cards exchanged around the world! Try making yours one-of-a-kind with a funny pun. Need some inspiration? Try these punny ideas:



Invention Inspiration!

Have fun finding words while celebrating the creativity and innovation of African American inventors that help shape our everyday lives!

T R A F F I C L I G H T
W B G A S M A S K T G S
P R G C N L P Q N B P O
N C A R T R I D G E S I
W F R I D G E O R K I G
S U P E R S O A K E R M
B L O O D B A N K J Z M
L V E H A I R C A R E R

- SUPERSOAKER
- TRAFFICLIGHT
- GASMASK
- BLOODBANK
- CARTRIDGE
- HAIRCARE
- FRIDGE
- GPS



Scan for Answers!

