


NOVEMBER 2025 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY 11/3/2025	TUESDAY 11/4/2025	WEDNESDAY 11/5/2025	THURSDAY 11/6/2025	FRIDAY 11/7/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 138 BLUEBERRY YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT <i>or</i> 644 PEAR CUP 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 682 BANANA <i>or</i> 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
11/10/2025	11/11/2025	11/12/2025	11/13/2025	11/14/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 543 RED PEPPER HUMMUS- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 938 SAVORY WHEAT CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 634 RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT <i>or</i> 659 CRAISINS - WATERMELON 100 WHITE MILK	233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT <i>or</i> 697 BAGGED APPLE SLICES 100 WHITE MILK	237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT <i>or</i> 607 MANGO FRUIT CUP 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT <i>or</i> 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK
11/17/2025	11/18/2025	11/19/2025	11/20/2025	11/21/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 134 CHERRY VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 988 WG CINNAMON GRAHAM CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 632 CHERRY STAR VEGETABLE JUICE 646 PEACH CUP <i>or</i> 658 CRAISINS - CHERRY 100 WHITE MILK	251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT <i>or</i> 644 PEAR CUP 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 682 BANANA <i>or</i> 645 PINEAPPLE CUP 100 WHITE MILK	232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 682 BANANA <i>or</i> 670 FRESH FRUIT 100 WHITE MILK
11/24/2025	11/25/2025	11/26/2025	11/27/2025	11/28/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 546 CHEESY PIZZA HUMMUS- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 938 SAVORY WHEAT CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 634 RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT <i>or</i> 689 STRAWBERRY APPLESAUCE	261 SOY BUTTER & JELLY WG SANDWICH 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		229 TURKEY HAM & CHEESE ON WG CROISSANT 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

Healthy Grains! All items are 100% whole or whole grain rich products.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.