

# JANUARY 2026 CHILD CARE HOT LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

MONDAY 1/5/2026	TUESDAY 1/6/2026	WEDNESDAY 1/7/2026	THURSDAY 1/8/2026	FRIDAY 1/9/2026
831 <b>WG POPCORN CHICKEN*</b> 815 DICED CARROTS 1/4 CUP* 647 MANDARIN ORANGE CUP 100 WHITE MILK  *SA-e205, v626	834 <b>MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE*</b> 670 FRESH FRUIT 100 WHITE MILK  *SA - e224	215 <b>BEEF &amp; CHEESE TACO STICK ON WG TORTILLA</b> 611 BABY CARROTS SNACK PACKS <b>or</b> 620 SALSA CUP 670 FRESH FRUIT <b>or</b> 644 PEAR CUP 100 WHITE MILK	225 <b>WG CIABATTA CHEESE MELT SANDWICH</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 670 FRESH FRUIT 100 WHITE MILK	222 <b>SLOPPY JOES</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 688 ORANGE MANGO APPLESauce 905 WG WHEAT BREAD +++ <b>or</b> 918 WG HAMBURGER BUN 100 WHITE MILK
1/12/2026	1/13/2026	1/14/2026	1/15/2026	1/16/2026
264 <b>4' X 6' WG CHEESE PIZZA</b> <b>or</b> 263 <b>5' ROUND WG CHEESE PIZZA</b> 812 CORN 1/4 CUP* 670 FRESH FRUIT 100 WHITE MILK  * SA - v625	285 <b>GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS</b> 670 FRESH FRUIT 905 WG WHEAT BREAD +++ 100 WHITE MILK	206 <b>WG FRENCH TOAST WITH TURKEY SAUSAGE</b> 814 POTATO SMILES 1/4 CUP* 656 CRAISINS-ORIGINAL <b>or</b> 684 STRAWBERRY BANANA APPLESauce 100 WHITE MILK  *SA - v623	832 <b>WG MOZZARELLA STICKS*</b> <b>or</b> 270 <b>WG TURKEY PEPPERONI CALZONE</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 670 FRESH FRUIT <b>or</b> 660 <b>SPECIALTY FRUIT or VEGETABLE</b> (available for a limited time - see below) 100 WHITE MILK *SA - e257	830 <b>WG CHICKEN NUGGETS*</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 608 TROPICAL FRUIT CUP 100 WHITE MILK  * SA - e204
1/19/2026	1/20/2026	1/21/2026	1/22/2026	1/23/2026
280 <b>BEEF BURGER WITH GREEN BEANS</b> 659 CRAISINS-WATERMELON <b>or</b> 670 FRESH FRUIT 918 WG HAMBURGER BUN 100 WHITE MILK  <b>MARTIN LUTHER KING JR. DAY</b>	283 <b>WG CHICKEN TENDERS WITH CORN</b> 670 FRESH FRUIT <b>or</b> 610 PAPAYA MANGO CUP 100 WHITE MILK  *SA - v626	288 <b>WG MACARONI &amp; CHEESE WITH BROCCOLI</b> 670 FRESH FRUIT 100 WHITE MILK	831 <b>WG POPCORN CHICKEN*</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 645 PINEAPPLE CUP 100 WHITE MILK	834 <b>MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE*</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 688 ORANGE MANGO APPLESauce 100 WHITE MILK  *SA - e205
1/26/2026	1/27/2026	1/28/2026	1/29/2026	1/30/2026
284 <b>GRILLED CHICKEN &amp; BROCCOLI ALFREDO WITH WG PENNE PASTA</b> 670 FRESH FRUIT 100 WHITE MILK	203 <b>WG MINI BEEF PEPPERONI CALZONE</b> 611 BABY CARROTS SNACK PACKS <b>or</b> 815 DICED CARROTS 1/4 CUP* 658 CRAISINS-CHERRY <b>or</b> 646 PEACH CUP 100 WHITE MILK  * SA - v626	225 <b>WG CIABATTA CHEESE MELT SANDWICH</b> 814 POTATO SMILES 1/4 CUP* 670 FRESH FRUIT <b>or</b> 644 PEAR CUP 100 WHITE MILK  *SA - v623	830 <b>WG CHICKEN NUGGETS*</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 653 UNSWEETENED APPLESauce <b>or</b> 660 <b>SPECIALTY FRUIT or VEGETABLE</b> (available for a limited time - see below) 100 WHITE MILK * SA - e204	264 <b>4' X 6' WG CHEESE PIZZA</b> <b>or</b> 263 <b>5' ROUND WG CHEESE PIZZA</b> 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROT SNACK PACKS 682 BANANA <b>or</b> 670 FRESH FRUIT 100 WHITE MILK *SA -e224

## MENU SUBJECT TO CHANGE

REMINDER: WATER MUST BE OFFERED EVERY DAY!

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

MILK: 1 YEAR OLD CHILDREN MUST BE SERVED 4-OUNCE WHOLE WHITE MILK; CHILDREN 2 YEARS AND OLDER MUST BE SERVED EITHER 8-OUNCE SKIM FAT FREE WHITE MILK OR 8-OUNCE 1% LOW FAT WHITE MILK.

## (660) SPECIALTY FRUIT & VEGETABLE GRANT

NDS has received a grant from W.W. Smith for funds to purchase fresh produce that is not normally available to us.

The goals off the grant are:

- broaden childrens exposure to a variety of fresh produce
- provide them with nutrition education opportunities to support the experience

The fruits & vegetables being offered will mostly be individually wrapped portions. NDS will provide more information on the Specialty Fruit & Vegetable Grant item the week it will be served. We encourage centers to order these items while they are available.

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.