

JANUARY 2026 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY 1/5/2026	TUESDAY 1/6/2026	WEDNESDAY 1/7/2026	THURSDAY 1/8/2026	FRIDAY 1/9/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 134 CHERRY VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 647 MANDARIN ORANGE CUP 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 634 RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT or 644 PEAR CUP 100 WHITE MILK	232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT or 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
1/12/2026	1/13/2026	1/14/2026	1/15/2026	1/16/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 137 PEACH YOGURT - 126 CO-JACK CHEESE - 989 WG GRAHAM CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	234 TURKEY HAM & TWO CHEESE ON WG ROLL 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 632 WANGO MANGO VEGETABLE JUICE 656 CRAISINS-ORIGINAL or 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 670 FRESH FRUIT or 660 SPECIALTY FRUIT or VEGETABLE (available for a limited time - see below) 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 608 TROPICAL FRUIT CUP 100 WHITE MILK
1/19/2026	1/20/2026	1/21/2026	1/22/2026	1/23/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 117 WOW BUTTER CUP - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 634 RUBY RUSHER VEGETABLE JUICE 659 CRAISINS-WATERMELON or 670 FRESH FRUIT 100 WHITE MILK MARTIN LUTHER KING JR. DAY	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT or 610 PAPAYA MANGO CUP 100 WHITE MILK	234 TURKEY HAM & TWO CHEESE ON WG ROLL 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 645 PINEAPPLE CUP 100 WHITE MILK	237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
1/26/2026	1/27/2026	1/28/2026	1/29/2026	1/30/2026
Weekly Sandwich Alternate (must order all items in place of sandwich): 134 CHERRY VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 989 WG GRAHAM CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 658 CRAISINS-CHERRY or 646 PEACH CUP 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 634 RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT or 644 PEAR CUP 100 WHITE MILK	236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 653 UNSWEETENED APPLESAUCE or 660 SPECIALTY FRUIT or VEGETABLE (available for a limited time - see below) 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON WG SUB 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK
MENU SUBJECT TO CHANGE REMINDER: WATER MUST BE OFFERED EVERY DAY! +++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP. MILK: 1 YEAR OLD CHILDREN MUST BE SERVED 4-OUNCE WHOLE WHITE MILK; CHILDREN 2 YEARS AND OLDER MUST BE SERVED EITHER 8-OUNCE SKIM FAT FREE WHITE MILK OR 8-OUNCE 1% LOW FAT WHITE MILK.		(660) SPECIALTY FRUIT & VEGETABLE GRANT NDS has received a grant from W.W. Smith for funds to purchase fresh produce that is not normally available to us. The goals off the grant are: <ul style="list-style-type: none"> • broaden childrens exposure to a variety of fresh produce • provide them with nutrition education opportunities to support the experience The fruits & vegetables being offered will mostly be individually wrapped portions. NDS will provide more information on the Specialty Fruit & Vegetable Grant item the week it will be served. We encourage centers to order these items while they are available.		

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.