

Elementary School Hot Lunch Menu

December 2025

"Don't forget your greens or you won't get what you need"- Kaycee P. 4th Grade @ Holy Trinity School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
1 280 Beef Burger w/ Green Beans & 915 Hamburger Buns OR 295 Meatloaf & Gravy with Mashed Potatoes & 909 Dinner Rolls 630 Dragon Punch Veggie Juice 697 Bagged Sliced Apples	2 480 Kolache (Sausage in A Pastry) & 990 Chocolate Chip Cookie OR 212 Taco Triangles 623 Tater Tots 634 Ruby Rusher Veggie Juice 654 Raspberry Lemonade Craisins	3 209 Taco Meat OR 221 Two Cheese, Chicken Quesadilla OR 234 Turkey Ham & Two Cheese on Roll 620 Salsa Cup 140 Fiesta Bean Dip 749 Apple Cherry Juice 941 Tostitos Scoops	4 263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V OR 233 Rotisserie Chicken & Mozzarella on Brioche 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas 937 Apple Cinnamon Bear Grahams  National Cookie Day	5 205 Popcorn Chicken OR 251 Grilled Cheese V OR 237 Italian Sandwich  National Pear Day 611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit
8 284 Chicken Alfredo, Penne and Broccoli OR 224 Meatballs w/ Elbow Mac & Sauce 631 Cherry Star Veggie Juice 670 Fresh Fruit 909 Dinner Rolls	9 208 Mini Corn Dogs OR 207 Cheese Ravioli V 623 Tater Tots 633 Sunset Sip Veggie Juice 641 Tropical Raisels	10 201 Cheeseburger OR 220 Hot Dog & 906 Hot Dog Buns 502 "Kick it" Crunchy Puffs 634 Ruby Rusher Veggie Juice 657 Strawberry Craisins	11 225 Ciabatta Cheese Melt Sandwich V OR 217 Spicy Grilled Cheese V OR 236 Turkey & Two Cheese Wedge 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas	12 263 5" Round Cheese Pizza V OR 268 French Bread Cheese Pizza V OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sandwich 611 Bagged Baby Carrots 502 "Kick it" Crunchy Puffs 749 Apple Cherry Juice
15 206 French Toast w/ Sausage OR 204 Chicken Nuggets 623 Tater Tots 634 Ruby Rusher Veggie Juice 670 Fresh Fruit	16 215 Beef & Cheese Taco Stick OR 221 Two Cheese, Chicken Quesadilla OR 237 Italian Sandwich 611 Bagged Baby Carrots 140 Fiesta Bean Dip 749 Apple Cherry Juice	17 257 Mozzarella Sticks V OR 256 Cheese Stuffed Breadsticks  National Maple Syrup Day 622 Marinara Sauce 630 Dragon Punch Veggie Juice 654 Raspberry Lemonade Craisins	18 255 Pizzaboli V OR 264 4x6 Cheese Pizza V OR 242 Chicken, Turkey Ham & Cheese Wedge Sandwich 708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas	19 226 Philly Steak & Cheese Pinwheel OR 203 Mini Pepperoni Calzone  National Muffin Day 620 Salsa 631 Cherry Star Veggie Juice 686 Rosati "Hero" Ice 993 Candy Cane Cookie
22 212 Taco Triangles OR 205 Popcorn Chicken 623 Tater Tots 634 Ruby Rusher Veggie Juice 684 Strawberry Banana Applesauce	23 268 French Bread Cheese Pizza V OR 263 5" Round Cheese Pizza V 622 Marinara Cup 752 Fruit Punch Juice	24 	25 	26 
29 	30 	31 	1 	2
5 201 Cheeseburger OR 208 Mini Corn Dogs 634 Ruby Rusher Veggie Juice 623 Tater Tots 654 Raspberry Lemonade Craisins 993 Candy Cane Cookie	6 215 Beef & Cheese Taco Stick OR 221 Two Cheese, Chicken Quesadilla 620 Salsa 140 Fiesta Bean Dip 749 Apple Cherry Juice 941 Tostitos Scoops	7 273 Swedish Meatballs, Noodles & Broccoli OR 295 Meatloaf & Gravy with Mashed Potatoes 630 Dragon Punch Veggie Juice 670 Fresh Fruit 909 Dinner Roll	8 480 Kolache (Sausage in A Pastry) OR 226 Philly Steak & Cheese Pinwheel OR 232 Buffalo Chicken & Cheddar on Brioche Bun 706 Spinach Salad w. Tomatoes 642 Orange Burst Raisels	9 263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V OR 229 Turkey Ham & Cheese Croissant 611 Bagged Baby Carrots 502 "Kick It" Crunch Puffs 670 Fresh Fruit

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1



DECEMBER

2025



Holiday Cheers from NDS

As the season of gratitude arrives, NDS thanks you for your support and the joy you bring. We're grateful to serve up healthy meals, share smiles, and maybe sneak in a veggie or two! Wishing you a holiday full of warmth, laughter, and delicious moments.



Pears

December's fruit is the pear—juicy, sweet, and packed with fiber, vitamin C, and antioxidants to keep you healthy all winter long. Kids, grab your crayons and draw your favorite kind of pear—green, red, or golden—and decorate it with a festive twist!



Scan the QR to draw your own pear!



Candy Cane Playdough

Ready to get creative this holiday season? Make your own red and white playdough, then twist it into candy cane shapes. It's a fun way to show off your sculpting skills and add a festive touch to your creations. Try experimenting with patterns, sizes, or even turning your candy canes into ornaments or desk decor!



Ingredients:

- 1 cup all-purpose flour
- 1 tablespoon canola oil
- 1/2 cup warm water
- 1/2 cup salt
- 2-3 drops food coloring

Instructions:

- Combine flour and salt in a medium bowl. Slowly stir in the oil, warm water, and 2-3 drops of food coloring until the mixture is well combined.
- Transfer the dough to a flat surface and let it sit for a few minutes. It may feel a bit sticky, but DO NOT add more flour. As the dough sits, the salt will absorb the extra moisture. Knead well.
- If your dough is sticky after about 5 minutes, add an additional 2 tablespoons of flour at a time until it is the perfect consistency.
- Store in a zip-lock bag or airtight container, and place in the refrigerator. If you notice the playdough getting a bit dry, you can add a few drops of water and knead that into the dough.

Christmas Lights Scavenger Hunt

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| ☐ Snowflake | ☐ Nativity Scene |
| ☐ Train | ☐ Bell |
| ☐ Candy Cane | ☐ Snow Globe |
| ☐ Blue Lights | ☐ Polar Bear |
| ☐ Colored Lights | ☐ Star |
| ☐ Elf | ☐ Rudolph Red Nose Reindeer |

Gratitude Corner

December is a time for cozy moments, kindness, and giving. Thank you for warm meals, twinkling lights, and people who care. Thank you for snowflakes, laughter, and the joy of sharing. Help us show love, be thankful, and spread cheer wherever we go. This season, may our hearts be full of gratitude and joy.

