



NOVEMBER 2025 HOT MEAL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/3 251 Grilled Cheese Sandwich (Amer-Mozz) 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 100 Milk	11/4 270 Pepperoni Calzone 611 Bagged Carrots 670 Fresh Fruit 100 Milk 	11/5 206 French Toast W/sausage 702 Potato Smiles 697 Sliced Apples 100 Milk	11/6 263 5" Round Cheese Pizza 706 Spinach W/tomatoes 682 Banana OR 670 Fresh Fruit 100 Milk 	11/7 257 Mozzarella Sticks 622 Marinara Cup 670 Fresh Fruit 100 Milk
11/10 284 Chicken Alfredo, Penne And Broccoli 634 Ruby Rusher Vegetable Juice 670 Fresh Fruit 909 Dinner Rolls 100 Milk 	11/11 286 Penne W/meat Sauce And Italian Vegetables 909 Dinner Rolls 631 Cherry Star Vegetable Juice 670 Fresh Fruit 100 Milk	11/12 205 Popcorn Chicken 611 Bagged Carrots 543 Red Pepper Hummus 659 Craisins- Watermelon 100 Milk 	11/13 264 4x6 Cheese Pizza 708 Spinach Salad with Chickpeas 648 Strawberry Gel Cup 100 Milk 	11/14 222 Sloppy Joes 915 Wheat Hamburger Buns 623 Tater Tots 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 100 Milk
11/17 212 Taco Triangles 630 Dragon Punch Vegetable Juice 684 Strawberry Banana Applesauce 100 Milk 	11/18 208 Mini Corn Dogs 611 Bagged Carrots 670 Fresh Fruit 100 Milk	11/19 221 Two Cheese, Chicken Quesadilla 620 Salsa Cup 631 Cherry Star Vegetable Juice 670 Fresh Fruit 100 Milk 	11/20 268 French Bread Cheese Pizza 706 Spinach Salad with Tomatoes 670 Fresh Fruit 100 Milk	11/21 220 Hot Dog & 906 Wheat Hot Dog Buns 623 Tater Tots 670 Fresh Fruit 100 Milk 
11/24 256 Cheese Stuffed Breadsticks 622 Marinara Cup 630 Dragon Punch Vegetable Juice 686 Rosati "hero" Ice 993 Holiday Cookie 100 Milk	11/25 215 Beef & Cheese Taco Stick On Tortilla 620 Salsa Cup 631 Cherry Star Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops 100 Milk 	11/26 206 French Toast W/sausage 623 Tater Tots 634 Ruby Rusher Vegetable Juice 658 Craisins- Cherry 100 Milk 	11/27 11/28 	

ALL ITEMS ARE 100% WHOLE GRAIN OR WHOLE GRAIN RICH

ALL PRODUCTS ARE PORK FREE

Nutritional Development Services
 222 North 17th Street, Philadelphia, PA 19103
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 email: afterschoolmeals@ndsarch.org

MENU SUBJECT TO CHANGE

Milk Variety includes:
 Skim White Milk, 1 % White Milk, Skim Chocolate Milk,
 Skim Strawberry Milk & Skim Lactose Free Milk

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.