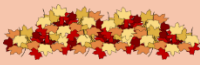
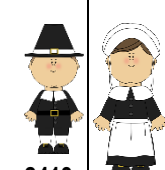




NOVEMBER 2025 COLD SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/3 124 Smokehouse Turkey Breast Stick 118 String Cheese 611 Bagged Carrots 670 Fresh Fruit 927 Cheddar Goldfish 943 Ranch Dressing 100 Milk  2405	11/4 134 Cherry Vanilla Yogurt 129 Honey Roasted Sunflower Kernels 696 Raisins 631 Cherry Star Vegetable Juice 341 Honey Bunches Of Oats Crunch Cereal 100 Milk 2401	11/5 126 Colby Jack Cheese 540 Garlic Hummus 621 Celery Sticks 670 Fresh Fruit 942 Multigrain Sunchips 100 Milk  2403	11/6 232 Buffalo Chicken & Cheddar On Brioche Bun 630 Dragon Punch Vegetable Juice 645 Pineapple Cup 957 Mayonnaise 100 Milk 2420	11/7 139 Cheddar Cheese Cup 132 Pumpkin Seeds 620 Salsa Cup 697 Sliced Apples 941 Tostitos Scoops 100 Milk  2413
11/10 242 Chicken/tky Ham & Cheese Wedge Sandwich 611 Bagged Carrots 670 Fresh Fruit 943 Ranch Dressing 957 Mayonnaise 100 Milk 2415	11/11 133 Strawberry-Banana Yogurt 130 Sunflower Kernels 631 Cherry Star Vegetable Juice 670 Fresh Fruit 349 Corn Chex Cereal 100 Milk  2401	11/12 124 Smokehouse Turkey Breast Stick 118 String Cheese 649 Orange Gel Cup 620 Salsa 941 Tostitos Scoops 100 Milk 2405	11/13 139 Cheddar Cheese Cup 129 Honey Roasted Sunflower Kernels 670 Fresh Fruit 942 Multigrain Sunchips 621 Celery Sticks 100 Milk  2413	11/14 126 Colby Jack Cheese 117 Wow Butter Cup 632 Wango Mango Vegetable Juice 697 Sliced Apples 932 Cinnamon Scooby Snacks 100 Milk 2403
11/17 118 String Cheese 540 Garlic Hummus 611 Bagged Carrots 670 Fresh Fruit 942 Multigrain Sunchips 100 Milk  2402	11/18 136 Vanilla Yogurt 132 Pumpkin Seeds 633 Sunset Sip Vegetable Juice 684 Strawberry Banana Applesauce 345 Honey Scooters Cereal 100 Milk 2407	11/19 124 Smokehouse Turkey Breast Stick 126 Colby Jack Cheese 634 Ruby Rusher Vegetable Juice 670 Fresh Fruit 936 Vanilla Bear Grahams 100 Milk  2405	11/20 233 Rotisserie Chicken & Mozzarella On Brioch 706 Spinach With Tomatoes Salad 648 Strawberry Gel Cup 943 Ranch Dressing 100 Milk 2419	11/21 139 Cheddar Cheese Cup 129 Honey Roasted Sunflower Kernels 620 Salsa Cup 697 Sliced Apples 941 Tostitos Scoops 100 Milk  2413
11/24 137 Peach Yogurt 130 Sunflower Kernels 632 Wango Mango Vegetable Juice 688 Orange / Mango Applesauce 922 Granola W/ Cinnamon 100 Milk  2401	11/25 126 Colby Jack Cheese 129 Honey Roasted Sunflower Kernels 634 Ruby Rusher Vegetable Juice 649 Orange Gel Cup 344 Blueberry Chex Cereal 100 Milk 2403	11/26 139 Cheddar Cheese Cup 132 Pumpkin Seeds 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 926 Garden Salsa Sun Chips 100 Milk  2413	11/27 	
11/28				

FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW

Nutritional Development Services
 222 North 17th Street, Philadelphia, PA 19103
 Phone 215-895-3470 Opt. 4
 FAX: 215-895-0832
 email: afterschoolmeals@ndsarch.org

**ALL ITEMS ARE 100% WHOLE GRAIN OR WHOLE GRAIN RICH
 ALL PRODUCTS ARE PORK FREE**

MENU SUBJECT TO CHANGE

Milk Variety includes:
 Skim White Milk, 1 % White Milk, Skim Chocolate Milk,
 Skim Strawberry Milk & Skim Lactose Free Milk

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.