

# Middle School Hot Lunch Menu

## September 2025

"Eating good food helps you think and do your best." - Emma C. 1<sup>st</sup> Grade @ Roxborough Christian School

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>284</b> Chicken Alfredo, Penne and Broccoli OR <b>286</b> Penne w/Meat Sauce & Italian Vegetables  <b>630</b> Dragon Punch Veggie Juice <b>648</b> Strawberry Gel Cup <b>670</b> Fresh Fruit <b>928</b> Pretzel Goldfish	<b>2</b> <b>255</b> Pizzaboli <b>V</b> OR <b>215</b> Beef & Cheese Taco Stick  <b>620</b> Salsa <b>631</b> Cherry Star Veggie Juice <b>445</b> Mott's Fruit Punch Juice <b>670</b> Fresh Fruit <b>941</b> Tostitos Scoops	<b>3</b> <b>257</b> Mozzarella Sticks <b>V</b> OR <b>256</b> Cheese Stuffed Breadsticks <b>V</b>  <b>622</b> Marinara Sauce <b>630</b> Dragon Punch Veggie Juice <b>654</b> Raspberry Lemonade Craisins <b>670</b> Fresh Fruit	<b>4</b> <b>200</b> Hamburger OR <b>220</b> Hot Dog & <b>906</b> Hot Dog Bun  <b>611</b> Bagged Baby Carrots <b>541</b> Chocolate Hummus <b>670</b> Fresh Fruit OR <b>682</b> Bananas <b>689</b> Strawberry Applesauce	<b>5</b> <b>268</b> French Bread Cheese Pizza <b>V</b> OR <b>263</b> 5'' Round Cheese Pizza <b>V</b>  <b>708</b> Spinach Salad w. Chickpeas <b>670</b> Fresh Fruit <b>446</b> Mott's Apple Juice 
<b>8</b> <b>284</b> Chicken Alfredo, Penne and Broccoli OR <b>286</b> Penne w/Meat Sauce & Italian Vegetables  <b>630</b> Dragon Punch Veggie Juice <b>648</b> Strawberry Gel Cup <b>670</b> Fresh Fruit <b>928</b> Pretzel Goldfish	<b>9</b> <b>208</b> Mini Corn Dogs OR <b>212</b> Taco Triangles  <b>611</b> Bagged Baby Carrots <b>543</b> Red Pepper Hummus <b>657</b> Strawberry Craisins <b>445</b> Mott's Fruit Punch Juice	<b>10</b> <b>226</b> Philly Cheesesteak Pinwheel OR <b>205</b> Popcorn Chicken  <b>623</b> Tater Tots <b>631</b> Cherry Star Veggie Juice <b>447</b> Mott's Apple White Grape Juice <b>670</b> Fresh Fruit	<b>11</b> <b>264</b> 4x6 Cheese Pizza <b>V</b> OR <b>221</b> Two Cheese, Chicken Quesadilla & <b>633</b> Sunset Sip Veggie Juice  <b>706</b> Spinach Salad w. Tomatoes <b>670</b> Fresh Fruit OR <b>682</b> Banana <b>684</b> Strawberry Applesauce	<b>12</b> <b>203</b> Mini Pepperoni Calzone & <b>632</b> Wango Mango Veggie Juice OR <b>283</b> Chicken Tenders & Corn  <b>546</b> Cheesy Pizza Hummus <b>685</b> Rosati "School S'cool" Water Ice <b>670</b> Fresh Fruit <b>928</b> Pretzel Goldfish
<b>15</b> <b>209</b> Taco Meat & <b>941</b> Tostitos Scoops OR <b>222</b> Sloppy Joe & <b>915</b> Hamburger Buns   <b>611</b> Bagged Baby Carrots <b>546</b> Cheesy Pizza Hummus <b>670</b> Fresh Fruit <b>445</b> Mott's Fruit Punch Juice	<b>16</b> <b>269</b> Cheese Pizza <b>V</b> Calzone OR <b>219</b> Turkey Pepperoni Pinwheel  <b>702</b> Potato Smiles <b>670</b> Fresh Fruit <b>684</b> Strawberry Banana Applesauce	<b>17</b> <b>218</b> Mozzarella <b>V</b> Pinwheel OR <b>216</b> Spicy Taco Stick  <b>621</b> Celery Sticks <b>630</b> Dragon Punch Veggie Juice <b>670</b> Fresh Fruit <b>446</b> Mott's Apple Juice	<b>18</b> <b>204</b> Chicken Nuggets & <b>928</b> Pretzel Goldfish OR <b>201</b> Cheeseburger  <b>708</b> Spinach Salad w. Chickpeas <b>670</b> Fresh Fruit OR <b>682</b> Bananas <b>447</b> Mott's Apple White Grape Juice	<b>19</b> <b>256</b> Cheese Stuffed Breadsticks <b>V</b> OR <b>268</b> French Bread Cheese Pizza <b>V</b>  <b>622</b> Marinara Sauce <b>631</b> Cherry Star Veggie Juice <b>670</b> Fresh Fruit <b>659</b> Watermelon Craisins
<b>22</b> <b>251</b> Grilled Chees <b>V</b> OR <b>208</b> Mini Corn Dogs   <b>630</b> Dragon Punch Veggie Juice <b>543</b> Red Pepper Hummus <b>658</b> Cherry Craisins <b>670</b> Fresh Fruit	<b>23</b> <b>270</b> Pepperoni Calzone OR <b>200</b> Hamburger  <b>611</b> Bagged Baby Carrots <b>541</b> Chocolate Hummus <b>670</b> Fresh Fruit <b>689</b> Strawberry Applesauce	<b>24</b> <b>220</b> Hot Dog & <b>906</b> Hot Dog Bun OR <b>206</b> Fresh Toast w. Sausage  <b>702</b> Potato Smiles <b>697</b> Bagged Sliced Apples <b>447</b> Mott's Apple White Grape Juice	<b>25</b> <b>263</b> 5'' Round Cheese Pizza <b>V</b> OR <b>268</b> French Bread Cheese Pizza <b>V</b>   <b>706</b> Spinach Salad w. Tomatoes <b>670</b> Fresh Fruit OR <b>682</b> Bananas <b>654</b> Raspberry Lemonade Craisins	<b>26</b> <b>225</b> Ciabatta Cheese Melt Sandwich <b>V</b> OR <b>257</b> Mozzarella Sticks <b>V</b>  <b>622</b> Marinara Cup <b>632</b> Wango Mango Veggie Juice <b>670</b> Fresh Fruit <b>445</b> Mott's Fruit Punch Juice

V= Vegetarian Options

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of

# September

