


SEPTEMBER 2025 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/1/2025	9/2/2025	9/3/2025	9/4/2025	9/5/2025
	834 MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE* 670 FRESH FRUIT 100 WHITE MILK *SA - e224	283 WG CHICKEN TENDERS WITH CORN 670 FRESH FRUIT or 684 STRAWBERRY BANANA APPLESauce 100 WHITE MILK	215 BEEF & CHEESE TACO STICK ON WG TORTILLA 620 SALSA CUP or 815 DICED CARROTS 1/4 CUP* 670 FRESH FRUIT 100 WHITE MILK *SA - V626	225 WG CIABATTA CHEESE MELT 814 POTATO SMILES 1/4 CUP* 658 CRAISINS-CHERRY or 688 ORANGE MANGO APPLESauce 100 WHITE MILK * SA - v623
9/8/2025	9/9/2025	9/10/2025	9/11/2025	9/12/2025
206 WG FRENCH TOAST WITH TURKEY SAUSAGE 814 POTATO SMILES 1/4 CUP* 659 CRAISINS-WATERMELON or 670 FRESH FRUIT 100 WHITE MILK * SA - v623	284 GRILLED CHICKEN & BROCCOLI ALFREDO WITH WG PENNE PASTA 670 FRESH FRUIT or 689 STRAWBERRY APPLESauce 100 WHITE MILK	282 WG BBQ POPCORN CHICKEN WITH MASHED SWEET POTATOES 670 FRESH FRUIT 100 WHITE MILK	223 WG VEGGIE PINWHEEL or 264 4'x6' WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD 611 or BABY CARROTS SNACK PACK 682 BANANA or 607 MANGO FRUIT CUP 100 WHITE MILK	830 WG CHICKEN NUGGETS* 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 684 STRAWBERRY BANANA APPLESauce 100 WHITE MILK * SA - e204
9/15/2025	9/16/2025	9/17/2025	9/18/2025	9/19/2025
286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK	201 CHEESEBURGER ON WG BUN 812 CORN 1/4 CUP* 658 CRAISINS-CHERRY or 684 STRAWBERRY BANANA APPLESauce 100 WHITE MILK *SA-v625	832 WG MOZZARELLA STICKS* 622 MARINARA CUP or 611 BABY CARROTS SNACK PACK 645 DOLE PINEAPPLE TIDBITS CUP or 670 FRESH FRUIT 100 WHITE MILK *SA-e257	831 WG POPCORN CHICKEN* 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 608 TROPICAL FRUIT CUP 100 WHITE MILK *SA-e205	269 WG CHEESE PIZZA CALZONE 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK *SA-e255
9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
288 WG MACARONI & CHEESE WITH BROCCOLI 684 STRAWBERRY BANANA APPLESauce or 670 FRESH FRUIT 100 WHITE MILK	285 GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD +++ 100 WHITE MILK	834 MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE* 670 FRESH FRUIT 100 WHITE MILK *SA - e224	830 WG CHICKEN NUGGETS* 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK * SA - e204	222 SLOPPY JOES 606 CHOPPED ROMAINE SALAD or 611 BABY CARROT SNACK PACKS 682 BANANA or 684 STRAWBERRY BANANA APPLESauce 905 1/2 SLICE WHEAT BREAD +++ 100 WHITE MILK

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

Healthy Grains! All items are 100% whole or whole grain rich products.

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.