


SEPTEMBER 2025 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/1/2025	9/2/2025	9/3/2025	9/4/2025	9/5/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 138 BLUEBERRY YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
	261 SOY BUTTER & JELLY WG SANDWICH 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 632 WANGO MANGO VEGETABLE JUICE 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
9/8/2025	9/9/2025	9/10/2025	9/11/2025	9/12/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 546 CHEESY PIZZA HUMMUS - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 938 WG SAVORY WHEAT CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 633 SUNSET SIP VEGETABLE JUICE 659 CRAISINS-WATERMELON or 670 FRESH FRUIT 100 WHITE MILK	234 TURKEY HAM & 2 CHEESE ON WG ROLL 634 RUBY RUSHER VEGETABLE JUICE 689 STRAWBERRY APPLESAUCE 100 WHITE MILK	251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 607 MANGO FRUIT CUP 100 WHITE MILK	233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK
9/15/2025	9/16/2025	9/17/2025	9/18/2025	9/19/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 136 VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 988 WG CINNAMON GRAHAM CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 658 CRAISINS - CHERRY or 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	234 TURKEY HAM & 2 CHEESE ON WG ROLL 633 SUNSET SIP VEGETABLE JUICE 687 BAGGED SLICED APPLES or 645 PINEAPPLE CUP 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 608 TROPICAL FRUIT CUP 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
Weekly Sandwich Alternate (must order all items in place of sandwich): 543 RED PEPPER HUMMUS- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 938 WG SAVORY WHEAT CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
251 GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA 634 RUBY RUSHER VEGETABLE JUICE 689 STRAWBERRY APPLESAUCE 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 682 BANANA or 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

Healthy Grains! All items are 100% whole or whole grain rich products.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.

Nutritional Development Services - Archdiocese of Philadelphia, 222 North 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470, option 2