


JULY 2025 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
6/30/2025		7/1/2025		7/2/2025		7/3/2025		7/4/2025	
Weekly Sandwich Alternate (must order all items in place of sandwich): 138 BLUEBERRY YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS									
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk									
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 633 SUNSET SIP VEGETABLE JUICE 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK		251 GRILLED CHEESE SANDWICH ON WG BREAD 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		203 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 631 CHERRY STAR VEGETABLE JUICE 688 STRAWBERRY APPLESAUCE 100 WHITE MILK		242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK			
7/7/2025		7/8/2025		7/9/2025		7/10/2025		NO DELIVERIES 7/11/2025	
Weekly Sandwich Alternate (must order all items in place of sandwich): 543 RED PEPPER HUMMUS - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 938 WG SAVORY WHEAT CRACKERS									
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk									
237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 634 RUBY RUSHER VEGETABLE JUICE 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK		234 TURKEY HAM & 2 CHEESE ON WG ROLL 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON WG SUB 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK		261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK	
7/14/2025		7/15/2025		7/16/2025		7/17/2025		7/18/2025	
Weekly Sandwich Alternate (must order all items in place of sandwich): 137 PEACH YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS									
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk									
251 GRILLED CHEESE SANDWICH ON WG BREAD 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		228 SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		229 TURKEY HAM & CHEESE ON WG CROISSANT 631 CHERRY STAR VEGETABLE JUICE 688 STRAWBERRY APPLESAUCE 100 WHITE MILK		404 TURKEY HAM, TURKEY PEPP. & MOZZ. CHEESE ON WG WRAP 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK		232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	
7/21/2025		7/22/2025		7/23/2025		7/24/2025		7/25/2025	
Weekly Sandwich Alternate (must order all items in place of sandwich): 546 CHEESY PIZZA HUMMUS- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 938 WG SAVORY WHEAT CRACKERS									
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk									
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 634 RUBY RUSHER VEGETABLE JUICE 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK		234 TKY HAM & 2 CHEESE ON WG ROLL 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT or 697 BAGGED APPLE SLICES 100 WHITE MILK		261 SOY BUTTER & JELLY WG SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK		233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	
7/28/2025		7/29/2025		7/30/2025		7/31/2025		8/1/2025	
Weekly Sandwich Alternate (must order all items in place of sandwich): 138 BLUEBERRY YOGURT- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 936 WG VANILLA BEAR GRAHAMS									
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk									
237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 632 WANGO MANGO VEGETABLE JUICE 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK		234 TURKEY HAM & 2 CHEESE ON WG ROLL 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK		227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON WG SUB 634 RUBY RUSHER VEGETABLE JUICE 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK		251 GRILLED CHEESE SANDWICH ON WG BREAD 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK		238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!
Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.
CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.
Healthy Grains! All items are 100% whole or whole grain rich products.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.

Nutritional Development Services - Archdiocese of Philadelphia, 222 North 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470, option 2