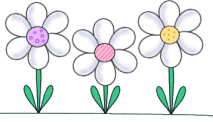








JUNE 2025 COLD SUPPER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>137 Peach Yogurt 130 Sunflower Kernels 632 Wango Mango Vegetable Juice 670 Fresh Fruit 922 Granola With Cinnamon</p>  <p>2401</p>	<p>3</p> <p>118 String Cheese 543 Red Pepper Hummus 611 Bagged Carrots 670 Fresh Fruit 939 Heartzel Pretzels</p> <p>2402</p>	<p>4</p> <p>227 Tky Ham, Tky Pepp & Cheese Sandwich 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 963 Mustard 100 Milk</p>  <p>2412</p>	<p>5</p> <p>139 Cheddar Cheese Cup 132 Pumpkin Seeds 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 926 Garden Salsa Sun Chips 100 Milk</p> <p>2413</p>	<p>6</p> <p>126 Co-jack Cheese 129 Honey Roasted Sunflower Kernels 634 Ruby Rusher Vegetable Juice 648 Strawberry Gel Cup 344 Blueberry Chex Cereal 100 Milk</p>  <p>2403</p>
<p>9</p> <p>242 Chicken/Tky Ham & Cheese Wedge Sandwich 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 957 Mayonnaise 100 Milk</p>  <p>2415</p>	<p>10</p> <p>139 Cheddar Cheese Cup 129 Honey Roasted Sunflower Kernels 620 Salsa Cup 670 Fresh Fruit 942 Multigrain Sunchips 100 Milk</p> <p>2413</p>	<p>11</p> <p>124 Smokehouse Turkey Breast Stick 118 String Cheese 634 Ruby Rusher Vegetable Juice 609 Mixed Fruit Cup 931 Bug Bites Cinnamon 943 Ranch Dressing 100 Milk</p> <p>2405</p>	<p>12</p> <p>133 Strawberry-Banana Yogurt 132 Pumpkin Seeds 631 Cherry Star Vegetable Juice 670 Fresh Fruit 346 Cinnamon Toast Crunch Cereal 100 Milk</p>  <p>2407</p>	<p>13</p> <p>126 Colby Jack Cheese 546 Cheesy Pizza Hummus 611 Bagged Carrots 670 Fresh Fruit 941 Tostitos Scoops 100 Milk</p> <p>2403</p>

ENJOY YOUR SUMMER!



FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW

Nutritional Development Services
222 North 17th Street, Philadelphia, PA 19103
Phone 215-895-3470 Opt. 4 ~ FAX: 215-895-0832
email: afterschoolmeals@ndsarch.org



**ALL ITEMS ARE 100% WHOLE GRAIN OR WHOLE GRAIN RICH
ALL PRODUCTS ARE PORK FREE**

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk,
Skim Strawberry Milk & Skim Lactose Free Milk

MENU SUBJECT TO CHANGE

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours