## High School Hot Lunch- June 2024

June is... National Fresh Fruit & Vegetable Month, National Dairy Month and National Soul Food Month



Nutritional Development Services Archdiocese of Philadelphia 222 N 17th St, Philadelphia, PA 19103 215-895-3470, option 1



| Monday   | Tuesday   | Medneeday   | Thursday  | Evidour   |
|--|---|---|---|---|
| Monday   | Tuesday<br>4  | <mark>Wednesday</mark><br>۶   | Thursday<br>6   | Friday<br>7   |
| 3<br>209 Taco Meat<br>OR<br>217 Spicy Grilled<br>Cheese V<br>OR<br>227 Turkey Ham, Turkey<br>Pepperoni & Cheese Sub<br>630 Dragon Punch<br>Vegetable Juice<br>620 Salsa<br>651 Mango Pineapple<br>Smoothie Bowl<br>670 Fresh Fruit<br>944 Tostitos Top N' Go | 264 4x6 Cheese Pizza V<br>OR<br>268 French Bread Pizza V<br>631 Cherry Star Vegetable<br>Juice<br>621 Celery<br>670 Fresh Fruit<br>659 Watermelon Craisins  | 206 French Toast with<br>Sausage<br>& 623 Tater Tots<br>OR<br>295 Meatloaf with Gravy &<br>Mashed Potatoes<br>& 903 Maple Biscuit<br>611 Bagged Baby Carrots<br>541 Chocolate Brownie<br>Hummus<br>445 Mott's Fruit Punch<br>Juice<br>670 Fresh Fruit | 200 Hamburger with Bun<br>OR<br>201 Cheeseburger with<br>Bun<br>708 Romaine Salad with<br>Spinach & Chickpeas<br>634 Ruby Rusher<br>Vegetable Juice<br>670 Fresh Fruit<br>OR 682 Banana<br>446 Mott's Apple Juice   | 205 Popcorn Chicken<br>& 603 Baked Beans<br>OR<br>257 Mozzarella Sticks V<br>& 622 Marinara Sauce<br>633 Sunset Sip<br>Vegetable Juice<br>658 Cherry Craisins<br>670 Fresh Fruit<br>932 Cinnamon Scooby<br>Snacks                           |
| 10<br>281 Popcorn Chicken<br>with Roasted Potatoes<br>OR<br>203 Mini Pepperoni<br>Calzone<br>& 623 Tater Tots<br>611 Bagged Baby<br>Carrots<br>670 Fresh Fruit<br>445 Mott's Fruit Punch<br>Juice<br>929 Chocolate Tiger<br>Bites                            | 11<br>284 Chicken Alfredo with<br>Penne Pasta & Broccoli<br>& 715 Mexican Street<br>Corn<br>& 909 Dinner Roll<br>OR<br>210 Cheese Stuffed<br>Breadsticks V<br>& 622 Marinara Sauce<br>630 Dragon Punch<br>Vegetable Juice<br>650 Strawberry Banana<br>Smoothie<br>670 Fresh Fruit | 12<br>215 Taco Stick<br>OR<br>216 Spicy Taco Stick<br>OR<br>228 Turkey Ham & Cheese<br>Sub<br>632 Wango Mango<br>Vegetable Juice<br>620 Salsa<br>658 Cherry Craisins<br>670 Fresh Fruit<br>941 Tostitos Scoops  | 13<br>272 Buffalo Chicken<br>Calzone<br>OR<br>268 French Bread Pizza V<br>OR<br>242 Chicken with Turkey<br>Ham & Cheese Wedge<br>706 Romaine Salad with<br>Cherry Tomatoes<br>634 Ruby Rusher<br>Vegetable Juice<br>670 Fresh Fruit<br>446 Mott's Apple Juice | 14<br>273 Swedish Meatballs<br>& 118 String Cheese<br>OR<br>204 Chicken Nuggets<br>& 623 Tater Tots<br>631 Cherry Star<br>Vegetable Juice<br>603 Baked Beans<br>608 Dole Tropical Fruit<br>Cup<br>670 Fresh Fruit<br>934 Vanilla Dino Bites |
| 17   | 18  | 19  | 20  | 21  |
|  | <b>Enjoy your summer!</b><br>Start of the NDS Summer Meals Program  |   |   |   |

<u>MENU IS SUBJECT TO CHANGE</u>. A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free. V = Vegetarian

<u>PLEASE READ CAREFULLY</u>- Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

