High School Hot Lunch- May 2024

May is... Food Allergy Awareness Month, National Salad Month & Jewish American Heritage Month





Nutritional Development Services Archdiocese of Philadelphia 222 N 17th St, Philadelphia, PA 19103 215-895-3470, option 1

Monday	Tuesday	Wednesday	Thursday	Friday
·	30	1	2	3
29 203 Mini Pepperoni Calzone & 623 Tater Tots OR 281 Popcorn Chicken & Roasted Potatoes 611 Bagged Baby Carrots 670 Fresh Fruit 445 Mott's Fruit Punch Juice 929 Chocolate Tiger Bites 6 209 Taco Meat OR 221 Two Cheese Chicken Quesadilla 620 Salsa 625 Corn 670 Fresh Fruit 445 Mott's Fruit Punch Juice		215 Taco Stick OR 216 Spicy Taco Stick OR 228 Turkey Ham & Cheese Sub 632 Wango Mango Vegetable Juice 620 Salsa 658 Cherry Craisins 670 Fresh Fruit 941 Tostitos Scoops 269 Pizza Calzone V & 622 Marinara Sauce OR 288 Mac & Cheese with Broccoli V & 909 Dinner Roll 632 Wango Mango Vegetable Juice		
944 Tostitos Top 'N Go	670 Fresh Fruit	670 Fresh Fruit 446 Mott's Apple Juice	Ascension Thursday	670 Fresh Fruit 609 Dole Mixed Fruit Cup 934 Vanilla Dino Bites
13 271 Cheeseburger Calzone OR 217 Spicy Grilled Cheese V OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 611 Bagged Baby Carrots 543 Red Pepper Hummus 634 Ruby Rusher Vegetable Juice 648 Strawberry Gello Cup 670 Fresh Fruit International Hummus Day	14 263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V 620 Salsa 631 Cherry Star Vegetable Juice 658 Watermelon Craisins 445 Mott's Fruit Punch Juice 941 Tostitos Scoops	15 204 Chicken Nuggets & 603 Baked Beans OR 257 Mozzarella Sticks V & 622 Marinara Sauce 632 Wango Mango Vegetable Juice 695 Strawberry & Mango Sidekick 670 Fresh Fruit 990 Chocolate Chip Cookie	16 206 French Toast with Sausage & 623 Tater Tots OR 225 Ciabtta Melt V & 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 670 Fresh Fruit OR 682 Bananas 690 Apple Crisps 933 Cinnamon Tiger Bites	207 Cheese Ravioli V & 624 Green Beans OR 284 Chicken Alfredo with Penne Pasta & Broccoli 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 446 Mott's Apple Juice 903 Maple Biscuit
20 203 Mini Peperoni Calzone & 623 Tater Tots OR 283 Chicken Tenders with Corn 611 Bagged Baby Carrots 684 Mixed Berry Applesauce 670 Fresh Fruit 929 Chocolate Tiger Bites	21 281 Popcorn Chicken with Roasted Potatoes & 928 Goldfish Pretzels OR 280 Hamburger with Green Beans & 915 Hamburger Bun 603 Baked Beans 446 Mott's Fruit Punch Juice 670 Fresh Fruit Eat More Fruits & Vegetables Day	22 288 Mac & Cheese with Broccoli V OR 295 Meatloaf with Gravy & Mashed Potatoes 632 Wango Mango Vegetable Juice 609 Mixed Fruit Cup 445 Mott's Apple Juice 901 Honey Biscuit	23 268 French Bread Pizza V OR 264 4x6 Cheese Pizza V 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit OR 682 Bananas 691 Strawberry Apple Crisps	24 215 Taco Stick OR 219 Turkey Pepperoni Pinwheel OR 242 Chicken, Turkey Ham & Cheese Wedge 630 Dragon Punch Vegetable Juice 620 Salsa 670 Fresh Fruit 659 Watermelon Craisins 941 Tostitos Scoops
Memorial Day	28 286 Penne Pastas with Meat Sauce & Italian Vegetable Blend & 901 Honey Biscuit OR 218 Mozzarella Pinwheel V & 624 Green Beans 633 Sunset Sip Vegetable Juice 657 Strawberry Craisins 446 Moft's Apple Juice	29 283 Chicken Tenders with Corn OR 271 Cheeseburger Calzone & 633 Sunset Sip Vegetable Juice 603 Baked Beans 445 Mott's Fruit Punch Juice 670 Fresh Fruit 992 Oatmeal Cookie	30 221 Two Cheese Chicken Quesadilla OR 235 Waffle & Cheese Sandwich V OR 228 Turkey Ham & Cheese Sub 611 Bagged Baby Carrots 543 Red Pepper Hummus 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 685 Rosati Italian Ice	31 210 Cheese Stuffed Breadsticks V & 622 Marinara Sauce OR 204 Chicken Nuggets & 623 Tater Tots 634 Ruby Rusher Vegetable Juice 670 Fresh Fruit 608 Dole Tropical Fruit Cup 933 Cinnamon Tiger Bites

<u>MENU IS SUBJECT TO CHANGE</u>- A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free. V = Vegetarian

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.





