

High School Cold Lunch- May 2024

May is... Food Allergy Awareness Month, National Salad Month & Jewish American Heritage Month



Nutritional Development Services
Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>29</p> <p>229 Turkey Ham & Cheese Croissant</p> <p>611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 445 Mott's Fruit Punch Juice 929 Chocolate Tiger Bites</p>	<p>30</p> <p>236 Turkey & Two Cheese Wedge</p> <p>630 Dragon Punch Vegetable Juice 601 Homestyle Potato Salad 684 Mixed Berry Applesauce 670 Fresh Fruit</p>	<p>1</p> <p>228 Turkey Ham & Cheese Sub</p> <p>632 Wango Mango Vegetable Juice 620 Salsa 649 Dole Orange Gello Cup 670 Fresh Fruit 941 Tostitos Scoops</p>	<p>2</p> <p>242 Chicken with Turkey Ham & Cheese Wedge</p> <p>706 Romaine Salad with Cherry Tomatoes 634 Ruby Rusher Vegetable Juice 670 Fresh Fruit OR 682 Banana 446 Mott's Apple Juice</p>	<p>3</p> <p>261 Soy Butter & Jelly Sandwich</p> <p>631 Cherry Star Vegetable Juice 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 608 Dole Tropical Fruit Cup 670 Fresh Fruit 941 Tostitos Scoops</p> <p>School Lunch Hero Day!</p>
<p>6</p> <p>404 Italian Combo Wrap</p> <p>620 Salsa 632 Wango Mango Vegetable Juice 670 Fresh Fruit 445 Mott's Fruit Punch Juice 941 Tostitos Scoops</p>	<p>7</p> <p>229 Turkey Ham & Cheese Croissant</p> <p>541 Chocolate Brownie Hummus 611 Bagged Baby Carrots 631 Cherry Star Vegetable Juice 690 Apple Crisps 670 Fresh Fruit National Teacher Day</p>	<p>8</p> <p>261 Soy Butter & Jelly Sandwich</p> <p>630 Dragon Punch Vegetable Juice 602 PA Dutch Potato Salad 670 Fresh Fruit 446 Mott's Apple Juice</p>	<p>9</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub</p> <p>633 Sunset Sip Vegetable Juice 621 Celery 657 Strawberry Craisins 647 Dole Mandarin Oranges</p> <p>Ascension Thursday</p>	<p>10</p> <p>274 Tosted Cheese Sandwich</p> <p>708 Romaine Salad with Spinach & Chickpeas 632 Wango Mango Vegetable Juice 670 Fresh Fruit OR 682 Banana 609 Dole Mixed Fruit Cup 934 Vanilla Dino Bites</p>
<p>13</p> <p>228 Turkey Ham & Cheese Sub</p> <p>630 Dragon Punch Vegetable Juice 546 Cheesy Pizza Hummus 621 Celery 670 Fresh Fruit 445 Mott's Fruit Punch Juice 928 Goldfish Pretzels</p> <p>International Hummus Day</p>	<p>14</p> <p>261 Soy Butter & Jelly Sandwich</p> <p>633 Sunset Sip Vegetable Juice 620 Salsa 658 Watermelon Craisins 670 Fresh Fruit 941 Tostitos Scoops</p>	<p>15</p> <p>242 Chicken, Turkey Ham & Cheese Wedge</p> <p>632 Wango Mango Vegetable Juice 601 Homestyle Potato Salad 608 Dole Tropical Fruit Cup 670 Fresh Fruit 990 Chocolate Chip Cookie</p>	<p>16</p> <p>238 Chicken, Turkey Pepperoni & Cheese Croissant</p> <p>611 Bagged Baby Carrots 543 Red Pepper Hummus 634 Ruby Rusher Vegetable Juice 670 Fresh Fruit OR 682 Bananas 446 Mott's Apple Juice 933 Cinnamon Tiger Bites</p>	<p>17</p> <p>236 Turkey & Two Cheese Wedge</p> <p>706 Romaine Salad with Cherry Tomatoes 631 Cherry Star Vegetable Juice 690 Apple Crisps 609 Dole Mixed Fruit Cup 941 Tostitos Scoops</p>
<p>20</p> <p>242 Chicken, Turkey Ham & Cheese Wedge</p> <p>611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 634 Ruby Rusher Vegetable Juice 670 Fresh Fruit 445 Mott's Fruit Punch Juice 929 Chocolate Tiger Bites</p>	<p>21</p> <p>404 Italian Combo Wrap</p> <p>631 Cherry Star Vegetable Juice 620 Salsa 670 Fresh Fruit 690 Apple Crisps 928 Goldfish Pretzels</p> <p>Eat More Fruits & Vegetables Day</p>	<p>22</p> <p>274 Toasted Cheese Sandwich</p> <p>632 Wango Mango Vegetable Juice 543 Red Pepper Hummus 621 Celery 670 Fresh Fruit 446 Mott's Apple Juice 926 Garden Salsa Sun Chips</p>	<p>23</p> <p>236 Turkey & Two Cheese Wedge</p> <p>706 Romaine Salad with Cherry Tomatoes 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 657 Strawberry Craisins</p> <p>Election Day</p>	<p>24</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub</p> <p>630 Dragon Punch Vegetable Juice 602 PA Dutch Potato Salad 670 Fresh Fruit 609 Dole Mixed Fruit Cup 941 Tostitos Scoops</p>
<p>27</p> <p>Memorial Day</p> 	<p>28</p> <p>228 Turkey Ham & Cheese Sub</p> <p>632 Wango Mango Vegetable Juice 543 Red Pepper Hummus 620 Salsa 657 Strawberry Craisins 445 Mott's Fruit Punch Juice 941 Tostitos Scoops</p>	<p>29</p> <p>261 Soy Butter & Jelly Sandwich</p> <p>630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 609 Dole Mixed Fruit Cup 670 Fresh Fruit</p>	<p>30</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub</p> <p>601 Homestyle Potato Salad 633 Sunset Sip Vegetable Juice 670 Fresh Fruit OR 682 Bananas 659 Watermelon Craisins 992 Oatmeal Cookie</p>	<p>31</p> <p>242 Chicken, Turkey Ham & Cheese Wedge</p> <p>634 Ruby Rusher Vegetable Juice 621 Celery 670 Fresh Fruit 446 Mott's Apple Juice 933 Cinnamon Tiger Bites</p>

MENU IS SUBJECT TO CHANGE- A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free. V = Vegetarian

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



NDSchoolLunchProgram



SchoolMealsNDS



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