



# MAY 2024 AFTERSCHOOL COLD SUPPER MENU



## MONDAY

4/29/2024

- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 540 GARLIC HUMMUS
- 611 BABY CARROTS
- 670 FRESH FRUIT
- 933 CINNAMON TIGER BITES
- 100 MILK



2402

5/6/2024

- 137 PEACH YOGURT
- 130 SUNFLOWER KERNELS
- 631 CHERRY STAR VEGETABLE JUICE
- 697 BAGGED APPLES
- 922 BAGGED WG PREMIUM GRANOLA
- 100 MILK

2407

5/13/2024

- 236 TURKEY AND TWO CHEESE WEDGE SANDWICH
- 630 DRAGON PUNCH VEGETABLE JUICE
- 697 BAGGED APPLES
- 957 MAYONNAISE
- 100 MILK



2430

5/20/2024

- 138 BLUEBERRY YOGURT
- 130 SUNFLOWER KERNELS
- 631 CHERRY STAR VEGETABLE JUICE
- 670 FRESH FRUIT
- 922 BAGGED WG PREMIUM GRANOLA
- 100 MILK

2407

5/27/2024

# Memorial Day

## TUESDAY

4/30/2024

- 136 VANILLA YOGURT
- 132 PUMPKIN SEEDS
- 630 DRAGON PUNCH VEGETABLE JUICE
- 684 MIXED BERRY APPLESAUCE
- 345 HONEY SCOOTERS CEREAL
- 100 MILK



2407

5/7/2024

- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 543 RED PEPPER HUMMUS
- 611 BABY CARROTS
- 670 FRESH FRUIT
- 939 HEARTZELS PRETZELS
- 100 MILK

2402

5/14/2024

- 139 CHEDDAR CHEESE CUP
- 129 HONEY ROASTED SUNFLOWER KERNELS
- 620 SUNFLOWER KERNELS
- 670 FRESH FRUIT
- 942 MULTIGRAIN SUNCHIPS
- 100 MILK

2413

5/21/2024

- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 543 RED PEPPER HUMMUS
- 621 FRESH CELERY
- 696 RAISINS
- 939 HEARTZEL PRETZELS
- 943 RANCH DRESSING
- 100 MILK

2402

5/28/2024

- 134 CHERRY VANILLA YOGURT
- 129 HONEY ROASTED SUNFLOWER KERNELS
- 696 RAISINS
- 633 SUNSET SIP VEGETABLE JUICE
- 343 RICE CHEX CEREAL
- 100 MILK

2407

## WEDNESDAY

5/1/2024

- 125 JENNIE O SMOKE BBQ TURKEY BREAD STICK
- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 632 WANGO MANGO VEGETABLE JUICE
- 670 FRESH FRUIT
- 924 HARVEST CHEDDAR SUN CHIPS
- 100 MILK

2405

5/8/2024

- 404 ITALIAN COMBO WRAP (cheese, Turkey Ham & Turkey Pepperoni, Lib)
- 632 WANGO MANGO VEGETABLE JUICE
- 670 FRESH FRUIT
- 963 MUSTARD
- 100 MILK



2416

5/15/2024

- 125 JENNIE-O SWEET BBQ TURKEY BREAD STICK
- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 634 RUBY RUSHER VEGETABLE JUICE
- 608 DOLE TROPICAL FRUIT CUP
- 931 BUG BITE GRAHAMS
- 100 MILK

2405

5/22/2024

- 238 CHICKEN, TURKEY PEPPERONI & CHEESE CROISSANT
- 632 WANGO MANGO VEGETABLE JUICE
- 670 FRESH FRUIT
- 957 MAYO
- 100 MILK



2418

5/29/2024

- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 540 GARLIC HUMMUS
- 683 UNSWEETENED APPLESAUCE CUP
- 634 RUBY RUSHER VEGETABLE JUICE
- 942 MULTIGRAIN SUNCHIPS
- 100 MILK

2402

## THURSDAY

5/2/2024

- 242 CHICKEN, TURKEY HAM & TWO CHEESE WEDGE SANDWICH
- 706 ROMAINE SALAD WITH CHERRY TOMATOES
- 609 DOLE MIXED FRUIT CUP
- 963 MUSTARD
- 943 RANCH DRESSING
- 100 MILK

2415

5/9/2024

- 139 CHEDDAR CHEESE CUP
- 132 PUMPKIN SEEDS
- 620 RED GOLD SALSA CUP
- 684 MIXED BERRY APPLESAUCE
- 926 GARDEN SALSA SUNCHIPS
- 100 MILK



2407

5/16/2024

- 133 STRAWBERRY BANANA YOGURT
- 130 SUNFLOWER KERNELS
- 632 WANGO MANGO VEGETABLE JUICE
- 670 FRESH FRUIT
- 346 CINNAMON TOAST CRUNCH CEREAL
- 100 MILK



2407

5/23/2024

- 139 CHEDDAR CHEESE CUP
- 132 PUMPKIN SEEDS
- 620 RED GOLD SALSA CUP
- 683 APPLESAUCE CUP
- 924 HARVEST CHEDDAR SUNCHIPS
- 100 MILK

2413

5/30/2024

- 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON SUB ROLL
- 611 BABY CARROTS
- 645 DOLE PINEAPPLE CUP
- 943 RANCH DRESSING
- 963 MUSTARD
- 100 MILK

2421

## FRIDAY

5/3/2024

- 139 CHEDDAR CHEESE CUP
- 129 HONEY ROASTED SUNFLOWER KERNELS
- 620 RED GOLD SALSA CUP
- 670 FRESH FRUIT
- 941 TOSTITOS SCOOPS
- 100 MILK



2413

5/10/2024

- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 129 HONEY ROASTED SUNFLOWER KERNELS
- 631 CHERRY STAR VEGETABLE JUICE
- 670 FRESH FRUIT
- 344 BLUEBERRY CHEX CEREAL
- 100 MILK



2407

5/17/2024

- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 546 CHEESY PIZZA HUMMUS
- 611 BABY CARROTS
- 683 UNSWEETENED APPLESAUCE CUP
- 941 TOSTITOS SCOOPS
- 100 MILK

2402

5/24/2024

- 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
- 129 HONEY ROASTED SUNFLOWER KERNELS
- 630 DRAGON PUNCH VEGETABLE JUICE
- 648 STRAWBERRY GELLO CUP
- 347 CINNAMON CHEX CEREAL
- 100 MILK

2407

5/31/2024

- 139 CHEDDAR CHEESE CUP
- 132 DRY ROASTED ORGANIC PUMPKIN SEEDS
- 620 RED GOLD SALSA CUP
- 697 BAGGED APPLES
- 941 TOSTITO SCOOPS
- 100 MILK



2413

Healthy Grains! All items are 100% whole or whole grain rich products. FIRST IN FIRST OUT: SNACKS LEFT OVER TODAY WILL BE SERVED TOMORROW

Nutritional Development Services - Archdiocese of Philadelphia

222 North 17th Street, Philadelphia, PA 19103

Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk and Skim Lactose Free Milk

REMINDER: Water must be OFFERED every day! WG=WHOLE GRAIN

MENU SUBJECT TO CHANGE