


MAY 2024 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
287 WG CHEESE RAVIOLI WITH BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK	296 SALISBURY STEAK WITH ROASTED SEASONED POTATOES 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	293 WG CHICKEN PARMIGIANA WITH GREEN BEANS 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	202 CHEESEBURGER ON WG BUN <i>or</i> 252 TURKEY HOT DOG ON WG BUN 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT <i>or</i> 682 BANANAS (requires approval to order) 100 WHITE MILK	204 WG CHICKEN NUGGETS 623 TATOR TOTS 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
293 WG CHICKEN PARMIGIANA WITH GREEN 670 FRESH FRUIT 100 WHITE MILK	295 MEATLOAF & GRAVY WITH MASHED POTATOES 645 DOLE PINEAPPLE TIDBITS CUP 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN 670 FRESH FRUIT 100 WHITE MILK	281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 606 CHOPPED ROMAINE SALAD <i>or</i> 682 BANANAS (requires approval to order) 100 WHITE MILK	235 WG CHEESE WAFFLE SANDWICH <i>or</i> 255 WG PIZZA BOLI 606 CHOPPED ROMAINE SALAD <i>or</i> 624 GREEN BEANS 670 FRESH FRUIT 100 WHITE MILK
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	285 GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS 609 DOLE MIXED FRUIT CUP <i>or</i> 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	276 TERIYAKI CHICKEN WITH BROWN RICE AND CARROTS <i>or</i> 291 GRILLED CHICKEN WITH CARIBBEAN PINEAPPLE SAUCE, BROWN RICE PILAF AND CARROTS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	206 WG FRENCH TOAST WITH TURKEY SAUSAGE 623 TATER TOTS 670 FRESH FRUIT <i>or</i> 682 BANANAS (requires approval to order) 100 WHITE MILK	264 4" X 6" WG CHEESE PIZZA <i>or</i> 263 5" ROUND WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
283 WG CHICKEN TENDERS WITH CORN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	288 WG MACARONI & CHEESE WITH BROCCOLI 670 FRESH FRUIT 100 WHITE MILK	280 BEEF PATTY WITH GREEN BEANS 670 FRESH FRUIT 918 WHEAT HAMBURGER BUN 100 WHITE MILK	282 WG BBQ POPCORN CHICKEN WITH MASHED SWEET POTATOES 606 CHOPPED ROMAINE SALAD <i>or</i> 611 BABY CARROTS SNACK PACK 683 UNSWEETENED APPLESAUCE CUP <i>or</i> 682 BANANAS (requires approval to order) 100 WHITE MILK	284 GRILLED CHICKEN & BROCCOLI ALFREDO WITH WG PENNE PASTA 606 CHOPPED ROMAINE SALAD <i>or</i> 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
	286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 608 DOLE TROPICAL FRUIT CUP <i>or</i> 670 FRESH FRUIT 100 WHITE MILK	264 4" X 6" WG CHEESE PIZZA <i>or</i> 268 WG FRENCH BREAD CHEESE PIZZA 626 DICED CARROTS <i>or</i> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	235 WG CHEESE WAFFLE SANDWICH <i>or</i> 256 WG CHEESE STUFFED BREADSTICKS 611 BABY CARROTS SNACK PACK <i>or</i> 622 MARINARA SAUCE CUP 670 FRESH FRUIT 100 WHITE MILK

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

Healthy Grains! All items are 100% whole or whole grain rich products.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.