



APRIL 2024 AFTERSCHOOL COLD SUPPER MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
4/1/2024		4/2/2024		4/3/2024		4/4/2024		4/5/2024	
236 TURKEY AND TWO CHEESE WEDEGE SANDWICH	139 CHEDDAR CHEESE CUP	129 HONEY ROASTED SUNFLOWER KERNELS	125 JENNIE-O SWEET BBQ TURKEY BREAST STICK	133 STRAWBERRY BANANA YOGURT	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	632 WANGO MANGO VEGETABLE JUICE	130 SUNFLOWER KERNELS	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	546 CHEESY PIZZA HUMMUS
630 DRAGON PUNCH VEGETABLE JUICE	620 RED GOLD SALSA CUP	670 FRESH FRUIT	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	632 WANGO MANGO VEGETABLE JUICE	634 RUBY RUSHER VEGETABLE JUICE	670 FRESH FRUIT	632 WANGO MANGO VEGETABLE JUICE	611 BABY CARROTS	683 UNSWEETENED APPLESAUCE CUP
670 FRESH FRUIT	670 FRESH FRUIT	942 MULTIGRAIN SUNCHIPS	634 RUBY RUSHER VEGETABLE JUICE	670 FRESH FRUIT	608 DOLE TROPICAL FRUIT CUP	346 CINNAMON TOAST CRUNCH CEREAL	670 FRESH FRUIT	683 UNSWEETENED APPLESAUCE CUP	941 TOSTITOS SCOOPS
957 MAYONNAISE	942 MULTIGRAIN SUNCHIPS	100 MILK	608 DOLE TROPICAL FRUIT CUP	346 CINNAMON TOAST CRUNCH CEREAL	931 BUG BITE GRAHAMS	100 MILK	346 CINNAMON TOAST CRUNCH CEREAL	941 TOSTITOS SCOOPS	100 MILK
100 MILK	100 MILK		931 BUG BITE GRAHAMS	100 MILK	943 RANCH DRESSING		100 MILK	100 MILK	
Easter Monday			943 RANCH DRESSING		100 MILK				
2430	2413	2413	100 MILK	2405	2407	2407	2402	2402	2402
4/8/2024	4/9/2024	4/10/2024	4/11/2024	4/12/2024	4/13/2024	4/14/2024	4/15/2024	4/16/2024	4/17/2024
138 BLUEBERRY YOGURT	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	238 CHICKEN, TURKEY PEPPERONI & CHEESE CROISSANT	139 CHEDDAR CHEESE CUP	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	632 WANGO MANGO VEGETABLE JUICE	684 MIXED BERRY APPLESAUCE	138 BLUEBERRY YOGURT	543 RED PEPPER HUMMUS	684 MIXED BERRY APPLESAUCE
130 SUNFLOWER KERNELS	543 RED PEPPER HUMMUS	632 WANGO MANGO VEGETABLE JUICE	132 DRY ROASTED ORGANIC PUMPKIN SEEDS	129 HONEY ROASTED SUNFLOWER KERNELS	684 MIXED BERRY APPLESAUCE	957 MAYO	130 SUNFLOWER KERNELS	611 BABY CARROTS	957 MAYO
631 CHERRY STAR VEGETABLE JUICE	611 BABY CARROTS	100 MILK	706 ROMAINE SALAD WITH CHERRY TOMATOES	630 DRAGON PUNCH VEGETABLE JUICE	957 MAYO	100 MILK	631 CHERRY STAR VEGETABLE JUICE	696 RAISINS	100 MILK
670 FRESH FRUIT	696 RAISINS		697 BAGGED APPLE SLICES	670 FRESH FRUIT	100 MILK		670 FRESH FRUIT	939 HEARTZEL PRETZELS	
922 BAGGED WG PREMIUM GRANOLA	939 HEARTZEL PRETZELS		924 HARVEST CHEDDAR SUNCHIPS	670 FRESH FRUIT			922 BAGGED WG PREMIUM GRANOLA	100 MILK	
100 MILK	100 MILK		943 RANCH DRESSING	347 CINNAMON CHEX CEREAL			100 MILK	100 MILK	
2407	2402	2418	100 MILK	100 MILK			2407	2402	2413
4/15/2024	4/16/2024	4/17/2024	4/18/2024	4/19/2024	4/20/2024	4/21/2024	4/22/2024	4/23/2024	4/24/2024
124 JENNIE O SMOKE HOUSE TURKEY BREAST STICK	134 CHERRY VANILLA YOGURT	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON SUB ROLL	139 CHEDDAR CHEESE CUP	125 SWEET BBQ TURKEY BREAST STICK	139 CHEDDAR CHEESE CUP	124 JENNIE O SMOKE HOUSE TURKEY BREAST STICK	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	125 SWEET BBQ TURKEY BREAST STICK
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	129 HONEY ROASTED SUNFLOWER KERNELS	543 RED PEPPER HUMMUS	705 DRAGON PUNCH VEGETABLE JUICE	132 DRY ROASTED ORGANIC PUMPKIN SEEDS	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	132 PUMPKIN SEEDS	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	541 CHOCOLATE HUMMUS	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
611 BABY CARROTS	696 RAISINS	611 BABY CARROTS	705 DRAGON PUNCH VEGETABLE JUICE	620 RED GOLD SALSA CUP	543 RED PEPPER HUMMUS	670 FRESH FRUIT	611 BABY CARROTS	631 CHERRY STAR VEGETABLE JUICE	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
670 FRESH FRUIT	632 WANGO MANGO VEGETABLE JUICE	931 BUG BITES GRAHAMS	645 DOLE PINEAPPLE CUP	620 RED GOLD SALSA CUP	611 BABY CARROTS	941 TOSTITOS SCOOPS	670 FRESH FRUIT	697 BAGGED APPLES	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
331 CORN MUFFIN	343 RICE CHEX CEREAL	670 FRESH FRUIT	963 MUSTARD	697 BAGGED APPLES	931 BUG BITES GRAHAMS	100 MILK	331 CORN MUFFIN	932 SCOOPY SNACKS WGR	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
943 RANCH DRESSING	100 MILK	100 MILK	100 MILK	941 TOSTITO SCOOPS	670 FRESH FRUIT		943 RANCH DRESSING	100 MILK	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
100 MILK	100 MILK	100 MILK	100 MILK	100 MILK	100 MILK		100 MILK	100 MILK	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
2405	2407	2402	2421	2413	2402		2405	2407	2402
4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024	4/27/2024	4/28/2024	4/29/2024	4/30/2024	4/31/2024
242 CHICKEN, TURKEY HAM & TWO CHEESE WEDGE SANDWICH	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	125 SWEET BBQ TURKEY BREAST STICK	139 CHEDDAR CHEESE CUP	137 PEACH YOGURT	125 SWEET BBQ TURKEY BREAST STICK	139 CHEDDAR CHEESE CUP	242 CHICKEN, TURKEY HAM & TWO CHEESE WEDGE SANDWICH	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	125 SWEET BBQ TURKEY BREAST STICK
611 BABY CARROTS	541 CHOCOLATE HUMMUS	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	132 PUMPKIN SEEDS	130 SUNFLOWER KERNELS	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	132 PUMPKIN SEEDS	611 BABY CARROTS	541 CHOCOLATE HUMMUS	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
683 UNSWEETENED APPLESAUCE CUP	631 CHERRY STAR VEGETABLE JUICE	648 STRAWBERRY GELLO CUP	670 FRESH FRUIT	632 WANGO MANGO VEGETABLE JUICE	648 STRAWBERRY GELLO CUP	670 FRESH FRUIT	683 UNSWEETENED APPLESAUCE CUP	631 CHERRY STAR VEGETABLE JUICE	648 STRAWBERRY GELLO CUP
943 RANCH DRESSING	697 BAGGED APPLES	611 BABY CARROTS	941 TOSTITOS SCOOPS	670 FRESH FRUIT	611 BABY CARROTS	941 TOSTITOS SCOOPS	943 RANCH DRESSING	697 BAGGED APPLES	611 BABY CARROTS
957 MAYONNAISE	932 SCOOPY SNACKS WGR	942 MULTIGRAIN SUN CHIPS	708 ROMAINE AND SPINACH SALAD WITH CHICKPEAS	349 CORN CHEX CEREAL	942 MULTIGRAIN SUN CHIPS	953 LIGHT FRENCH DRESSING	957 MAYONNAISE	932 SCOOPY SNACKS WGR	942 MULTIGRAIN SUN CHIPS
100 MILK	100 MILK	943 RANCH DRESSING	100 MILK	100 MILK	943 RANCH DRESSING	100 MILK	100 MILK	100 MILK	943 RANCH DRESSING
2415	2402	100 MILK	100 MILK	100 MILK	100 MILK	2405	2415	2402	2405

Healthy Grains! All items are 100% whole or whole grain rich products.

FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW

Nutritional Development Services - Archdiocese of Philadelphia
222 North 17th Street, Philadelphia, PA 19103
Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk and Skim Lactose Free Milk
REMINDER: Water must be OFFERED every day! WG=WHOLE GRAIN

MENU SUBJECT TO CHANGE

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.