

High School Hot Lunch


March 2024



March is...National Nutrition Month, Irish American Heritage Month & National Celery Month!



Nutritional Development Services
Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

Monday	Tuesday	Wednesday	Thursday	Friday
210 Cheese Stuffed Breadsticks V & 622 Marinara OR 204 Chicken Nuggets & 623 Tater Tots 634 Ruby Rusher Vegetable Juice NEW 446 Mott's Apple Juice 670 Fresh Fruit 933 Cinnamon Tiger Bites	286 Penne Pasta with Meat Sauce & Italian Vegetable Blend & 908 Dinner Roll OR 218 Mozzarella Pinwheel V & 624 Green Beans 621 Celery 670 Fresh Fruit 690 Apple Crisps	221 Two Cheese Chicken Quesadilla OR 235 Waffle & Cheese Sandwich V OR 228 Turkey Ham & Cheese Sub 611 Bagged Baby Carrots 630 Dragon Punch Vegetable Juice 694 Kiwi & Strawberry Sidekick 670 Fresh Fruit	283 Chicken Tenders with Corn OR 271 Cheeseburger Calzone & 633 Sunset Sip Vegetable Juice 603 Baked Beans 670 Fresh Fruit OR 682 Banana 657 Strawberry Craisins 992 Oatmeal Cookie	268 French Brad Pizza V OR 263 5" Round Cheese Pizza V OR 261 Soy Butter & Jelly Sandwich V 706 Romaine Salad with Cherry Tomatoes 632 Wango Mango Vegetable Juice 445 Mott's Fruit Punch Juice 697 Bagged Sliced Apples
209 Taco Meat OR 217 Spicy Grilled Cheese V OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 630 Dragon Punch Vegetable Juice 620 Salsa 651 Mango Pineapple Smoothie Bowl 670 Fresh Fruit 944 Tostitos Top N Go Ramadan Begins	206 French Toast with Sausage & 623 Tater Tots OR 295 Meatloaf with Gravy & Mashed Potatoes & 903 Maple Biscuit 631 Cherry Star Vegetable Juice 446 Mott's Apple Juice 670 Fresh Fruit	205 Popcorn Chicken & 603 Baked Beans OR 257 Mozzarella Sticks V & 622 Marinara Sauce 633 Sunset Sip Vegetable Juice 658 Cherry Craisins 670 Fresh Fruit 932 Cinnamon Scooby Snacks	200 Hamburger with Bun OR 201 Cheeseburger with Bun OR 404 Italian Combo Wrap & 932 Cinnamon Scooby Snacks 634 Ruby Rusher Vegetable Juice 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 445 Mott's Fruit Punch Juice 670 Fresh Fruit OR 682 Bananas	264 4x6 Cheese Pizza V OR 269 Pizza Calzone V 708 Romaine Salad with Spinach & Chickpeas 632 Wango Mango Vegetable Juice 670 Fresh Fruit 690 Apple Crisps
281 Popcorn Chicken with Roasted Potatoes OR 203 Mini Pepperoni Calzone & 623 Tater Tots 611 Bagged Baby Carrots 686 Luck o' Ice Sour Apple Rosati Water Ice 670 Fresh Fruit 993 Shamrock Cookie	208 Mini Corn Dog OR 204 Chicken Nuggets 603 Baked Beans 634 Ruby Rusher Vegetable Juice NEW 445 Mott's Fruit Punch Juice 670 Fresh Fruit 929 Chocolate Tiger Bites NEW	215 Taco Stick OR 216 Spicy Taco Stick OR 228 Turkey Ham & Cheese Sub 632 Wango Mango Vegetable Juice 620 Salsa 658 Cherry Craisins 670 Fresh Fruit 941 Tostitos Scoops	272 Buffalo Chicken Calzone OR 268 French Bread Pizza V OR 242 Chicken, Turkey Ham & Cheese Wedge 706 Romaine Salad with Cherry Tomatoes 611 Bagged Baby Carrots 670 Fresh Fruit OR 682 Bananas 691 Strawberry Apple Crisps High School Visitation Day	225 Ciabatta Cheese Melt V OR 210 Cheese Stuffed Breadsticks V OR 274 Toasted Cheese Sandwich V 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 650 Dole Strawberry Banana Smoothie 670 Fresh Fruit
209 Taco Meat OR 221 Two Cheese Chicken Quesadilla 620 Salsa 625 Corn 670 Fresh Fruit 445 Mott's Fruit Punch Juice 944 Tostitos Top N Go	295 Meatloaf with Gravy & Mashed Potatoes & 909 Dinner Roll OR 268 French Bread Pizza V & 623 Tater Tots 630 Dragon Punch Vegetable Juice 690 Apple Crisps 694 Kiwi & Strawberry Sidekick 928 Goldfish Pretzels	270 Turkey Pepperoni Calzone & 622 Marinara Sauce OR 288 Mac & Cheese with Broccoli V & 903 Maple Biscuit 632 Wango Mango Vegetable Juice 608 Dole Tropical Fruit Cup 659 Watermelon Craisins	Holy Thursday 	Good Friday 

MENU IS SUBJECT TO CHANGE- A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.
PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



NDSSchoolLunchProgram



SchoolMealsNDS



SchoolMealsNDS