

# MARCH 2024 AFTERSCHOOL COLD SUPPER MENU



| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|---|--|--|--|
| <b>5</b><br><b>3/4/2024</b><br>125 JENNIE O SWEET BBQ TURKEY BREAST STICK<br>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE<br>611 BABY CARROTS PACK<br>670 FRESH FRUIT<br>929 CHOCOLATE TIGER BITES<br>943 RANCH DRESSING<br>100 MILK<br>2405                                    | <b>3/5/2024</b><br>134 CHERRY VANILLA YOGURT<br>129 HONEY ROASTED SUNFLOWER KERNELS<br>696 RAISINS<br>633 SUNSET SIP VEGETABLE JUICE<br>343 RICE CHEX CEREAL<br>100 MILK<br><br>2407 | <b>3/6/2024</b><br>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE<br>543 RED PEPPER HUMMUS<br>621 FRESH CELERY<br>931 BUG BITES GRAHAMS<br>670 FRESH FRUIT<br>100 MILK<br>2402  | <b>3/7/2024</b><br>227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON SUB ROLL<br>632 WANGO MANGO VEGETABLE JUICE<br>645 DOLE PINEAPPLE CUP<br>963 MUSTARD<br>100 MILK<br><br>2421        | <b>3/8/2024</b><br>139 CHEDDAR CHEESE CUP<br>132 DRY ROASTED ORGANIC PUMPKIN SEEDS<br>620 RED GOLD SALSA CUP<br>697 BAGGED APPLES<br>941 TOSTITO SCOOPS<br>100 MILK<br><br>2413   |
| <b>6</b><br><b>3/11/2024</b><br>125 JENNIE O SWEET BBQ TURKEY BR BREAST STICK<br>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE<br>648 STRAWBERRY GELLO CUP<br>611 BAGGED CARROTS<br>942 MULTIGRAIN SUN CHIPS<br>943 RANCH DRESSING<br>100 MILK<br>2405                           | <b>3/12/2024</b><br>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE<br>541 CHOCOLATE HUMMUS<br>631 CHERRY STAR VEGETABLE JUICE<br>697 BAGGED APPLES<br>932 SCOOPY SNACKS WGR<br>100 MILK<br>2402  | <b>3/13/2024</b><br>242 CHICKEN, TURKEY HAM & TWO CHEESE WEDGE SANDWICH<br>601 HOMESTYLE POTATO SALAD<br>683 UNSWEETENED APPLESAUCE CUP<br>957 MAYONNAISE<br>100 MILK<br><br>2415                               | <b>3/14/2024</b><br>139 CHEDDAR CHEESE CUP<br>132 PUMPKIN SEEDS<br>670 FRESH FRUIT<br>941 TOSTITOS SCOOPS<br>706 ROMAINE WITH CHERRY TOMATOES<br>953 FRENCH DRESSING<br>100 MILK<br>2413   | <b>3/15/2024</b><br>137 PEACH YOGURT<br>130 SUNFLOWER KERNELS<br>632 WANGO MANGO VEGETABLE JUICE<br>670 FRESH FRUIT<br>349 CORN CHEX CEREAL<br>100 MILK<br><br>2407   |
| <b>1</b><br><b>3/18/2024</b><br>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE<br>540 GARLIC HUMMUS<br>621 FRESH CELERY<br>670 FRESH FRUIT<br>933 TIGER BITE GRAHAMS<br>100 MILK<br>2402  | <b>3/19/2024</b><br>136 VANILLA YOGURT<br>132 DRY ROASTED ORGANIC PUMPKIN SEEDS<br>630 DRAGON PUNCH VEGETABLE JUICE<br>684 MIXED BERRY APPLESAUCE<br>345 HONEY SCOOTERS CEREAL<br>100 MILK<br>2407  | <b>3/20/2024</b><br>125 JENNIE-O SWEET BBQ TURKEY BREAST STICK<br>118 LAND O LAKES LIGHT MOZZARELLA MOZZARELLA STRING CHEESE<br>611 BABY CARROTS PACK<br>670 FRESH FRUIT<br>924 HARVEST CHEDDAR SUN CHIPS<br>100 MILK<br>2405  | <b>3/21/2024</b><br>242 CHICKEN, TURKEY HAM & TWO CHEESE WEDGE SANDWICH<br>631 100% CHERRY STAR VEGETABLE JUICE<br>609 DOLE MIXED FRUIT CUP<br>963 MUSTARD<br>100 MILK<br><br>2415 | <b>3/22/2024</b><br>139 CHEDDAR CHEESE CUP<br>129 HONEY ROASTED SUNFLOWER KERNELS<br>620 RED GOLD SALSA CUP<br>697 BAGGED APPLES<br>941 TOSTITOS SCOOPS<br>100 MILK<br>2413  |
| <b>2</b><br><b>3/25/2024</b><br>137 PEACH YOGURT<br>130 SUNFLOWER KERNELS<br>632 100% WANGO MANGO VEGETABLE JUICE<br>697 BAGGED APPLES<br>922 BAGGED WG PREMIUM GRANOLA<br>100 MILK<br><br>2407 | <b>3/26/2024</b><br>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE<br>543 RED PEPPER HUMMUS<br>611 BABY CARROTS PACK<br>683 UNSWEETENED APPLESAUCE CUP<br>939 HEARTZELS PRETZELS<br>100 MILK<br>2402   | <b>3/27/2024</b><br>404 ITALIAN COMBO WRAP (cheese, Turkey Ham & Turkey Pepperoni, Turkey Salami on WG Tortilla)<br>633 SUNSET SIP VEGETABLE JUICE<br>670 FRESH FRUIT<br>963 MUSTARD<br>100 MILK<br><br>2416 | <b>3/28/2024</b><br>139 CHEDDAR CHEESE CUP<br>132 DRY ROASTED ORGANIC PUMPKIN PUMPKIN SEEDS<br>630 DRAGON PUNCH VEGETABLE JUICE<br>670 FRESH FRUIT<br>926 GARDEN SALSA SUNCHIPS<br>100 MILK<br>HOLY THURSDAY<br>2413   | <b>3/29/2024</b><br>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE<br>129 HONEY ROASTED SUNFLOWER KERNELS<br>631 CHERRY STAR VEGETABLE JUICE<br>684 MIXED BERRY APPLESAUCE CUP<br>344 BLUEBERRY CHEX CEREAL<br>100 MILK<br><br>GOOD FRIDAY<br>2402 |

Healthy Grains! All items are 100% whole or whole grain rich products.

**FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW**

Nutritional Development Services - Archdiocese of Philadelphia  
 222 North 17th Street, Philadelphia, PA 19103  
 Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk and Skim Lactose Free Milk  
**REMINDER: Water must be OFFERED every day! WG=WHOLE GRAIN**

**MENU SUBJECT TO CHANGE**

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school/center, shall not be responsible for any allergic reaction or