

Elementary Hot Lunch

February 2024



Nutritional Development Services—Archdiocese of Philadelphia
222 N 17th St. Philadelphia, PA 19103
215-895-3470, option 1

NDSchoolLunchProgram
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**Slogan Winner- "Let's Eat Healthy together & get everyone's bones strong!"
By Kennedy A., grade 4, St. Peter the Apostle**

PA Harvest of the Month for February: **Mushrooms!**



February is American Heart Month- **Take time this month to learn about the importance of a healthy heart and actions you can take to live a heart healthy life.**



Menu is subject to change: **A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free. V= Vegetarian**

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
281 Popcorn Chicken with Roasted Potatoes OR 203 Mini Pepperoni Calzones & 623 Tater Tots 611 Bagged Baby Carrots 670 Fresh Fruit 929 Chocolate Dino Bites NEW	284 Chicken Alfredo with Penne Pasta & Broccoli & 909 Dinner Roll OR 210 Cheese Stuffed Breadsticks V & 622 Marinara 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie	215 Taco Stick OR 216 Spicy Taco Stick OR 228 Turkey Ham & Cheese Sub 632 Wango Mango Vegetable Juice 620 Salsa 658 Cherry Craisins 941 Tostitos Scoops	272 Buffalo Chicken Calzone OR 268 French Bread Pizza V OR 242 Chicken, Turkey Ham & Cheese Wedge 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit OR 682 Banana	208 Mini Corn Dog OR 204 Chicken Nuggets 603 Baked Beans 631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup 934 Cinnamon Dino Bites
12	13	14	15	16
209 Taco Meat OR 221 Two Cheese Chicken Quesadilla 625 Corn 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	268 French Bread Pizza V OR 295 Meatloaf & Gravy with Mashed Potatoes & 909 Dinner Roll 630 Dragon Punch Vegetable Juice 690 Apple Crisps	269 Pizza Calzone V & 622 Marinara OR 288 Mac & Cheese with Broccoli V 632 Wango Mango Vegetable Juice 686 Sweet Heart Cherry Rosati Ice 993 Heart Cookie <i>Valentine's Day Ash Wednesday</i>	273 Swedish Meatballs with Broccoli OR 205 Popcorn Chicken & 623 Tater Tots OR 229 Turkey Ham & Cheese Croissant 708 Romaine Salad with Spinach & Chickpeas 647 Dole Mandarin Oranges	218 Mozzarella Pinwheel V OR 255 Pizza Boli V OR 261 Soy Butter & Jelly Sandwich V 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 657 Strawberry Craisins
19	20	21	22	23
Presidents' Day	207 Cheese Ravioli V & 624 Green Beans OR 284 Chicken Alfredo with Penne Pasta & Broccoli 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 903 Maple Biscuit	204 Chicken Nuggets & 603 Baked Beans OR 257 Mozzarella Sticks NEW, V & 622 Marinara Sauce 632 Wango Mango Vegetable Juice 659 Watermelon Craisins 933 Cinnamon Tiger Bites	263 5" Round Cheese Pizza V OR 264 4x6 Cheese Pizza V 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	225 Ciabatta Melt V OR 217 Spicy Grilled Cheese V OR 274 Toasted Cheese Sandwich V 611 Bagged Baby Carrots 543 Red Pepper Hummus 752 Fruit Punch Juice
26	27	28	29	1
203 Mini Pepperoni Calzones & 623 Tater Tots OR 283 Chicken Tenders with Corn 611 Bagged Baby Carrots 748 Grape Juice 929 Chocolate Tiger Bites NEW	281 Popcorn Chicken with Roastd Potatoes & 928 Goldfish Pretzels OR 280 Hamburger with Green Beans & 915 Hamburger Bun 603 Baked Beans 695 Strawberry & Mango Sidekick National Strawberry Day	288 Mac & Cheese with Broccoli V OR 295 Meatloaf with Gravy & Mashed Potatoes 632 Wango Mango Vegetable Juice 749 Apple Cherry Juice 901 Honey Biscuit	215 Taco Stick OR 226 Philly Cheesesteak Pinwheel OR 242 Chicken, Turkey Ham & Cheese Wedge 620 Salsa 630 Dragon Punch Vegetable Juice 670 Fresh Fruit OR 682 Banana 941 Tostitos Scoops	268 French Bread Pizza V OR 264 4x6 Cheese Pizza V 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.