FEBRUARY 2024 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

			e served at every Barr	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Weekly Sandwich Alternate (must order all it	ems in place of sandwich): 139 CHEDDAR C	CHEESE CUP - 130 SUNFLOWER KERNALS	S - 941 WG TOSTITOS SCOOPS	
COMPLETE MEAL = Sandwich or Sandwich	Alternate (all 3 items) + 1 Serving Vegetable	e + 1 Serving Fruit + 1 Serving Milk		
274 TOASTED CHEESE WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	 236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK 	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 633 100% SUNSET SIP VEGETABLE JUICE 608 DOLE TROPICAL FRUIT CUP 07 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 684 MIXED BERRY APPLESAUCE CUP or 682 BANANAS (requires approval to order) 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Weekly Sandwich Alternate (must order all it	ems in place of sandwich): 136 VANILLA YO	GURT - 118 LAND O LAKES LIGHT MOZZA	RELLA STRING CHEESE - 922 WG CINNAI	MON GRANOLA
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	274 TOASTED CHEESE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK 	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD 07 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
2/19/2028	2/20/2024	2/21/2024	2/22/2024	2/23/2024
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Weekly Sandwich Alternate (must order all it	ome in place of sandwich): 543 RED PEPPE	R HUMMUS - 118 LAND O LAKES LIGHT M	OZZARELLA STRING CHEESE 💄 924 HARV	EST CHEDDAR SUNCHIPS
Weekly Sandwich Alternate (must order all it	ems in place of sandwich): 543 RED PEPPE Alternate (all 3 items) + 1 Serving Vegetable	R HUMMUS - 118 LAND O LAKES LIGHT M e + 1 Serving Fruit + 1 Serving Milk	OZZARELLA STRING CHEESE - 924 HARV	EST CHEDDAR SUNCHIPS
COMPLETE MEAL = Sandwich or Sandwich 404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	ems in place of sandwich): 543 RED PEPPE Alternate (all 3 items) + 1 Serving Vegetable 229 TURKEY HAM & CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	R HUMMUS - 118 LAND O LAKES LIGHT M 2+1 Serving Fruit + 1 Serving Milk 236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT or 697 BAGGED APPLE SLICES 100 WHITE MILK	OZZARELLA STRING CHEESE - 924 HARV 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	274 TOASTED CHEESE WG SANDWICH 611 BABY CARROTS SNACK PACK 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK
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COMPLETE MEAL = Sandwich or Sandwich 404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK PRESIDENT'S DAY 2/26/2024 Weekly Sandwich Alternate (must order all it	Alternate (all 3 items) + 1 Serving Vegetable 229 TURKEY HAM & CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK 2/27/2024 ems in place of sandwich): 134 CHERRY VA	2+1 Serving Fruit + 1 Serving Milk 236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 07 697 BAGGED APPLE SLICES 100 WHITE MILK 2/28/2024 NILLA YOGURT - 118 LAND O LAKES LIGH	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK 2/29/2024	274 TOASTED CHEESE WG SANDWICH 611 BABY CARROTS SNACK PACK 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK 3/1/2024
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Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk. CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH