












# JANUARY 2024 COLD SUPPER MENU



MONDAY 1/8/2024	TUESDAY 1/9/2024	WEDNESDAY 1/10/2024	THURSDAY 1/11/2024	FRIDAY 1/12/2024
236 TURKEY AND TWO CHEESE WEDGE SANDWICH 633 100 % SUNSET SIP VEGETABLE JUICE 697 BAGGED APPLE SLICES 957 MAYONNAISE 100 MILK  2430	139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 670 FRESH FRUIT 942 MULTIGRAIN SUNCHIPS 100 MILK  2413	125 JENNIE-O SWEET BBQ TURKEY BREAST STICK 126 LAND O LAKES CO-JACK CHEESE STICK 621 FRESH CELERY 608 DOLE TROPICAL FRUIT CUP 931 BUG BITE GRAHAMS 943 RANCH DRESSING 100 MILK  2405	133 STRAWBERRY BANANA YOGURT 130 SUNFLOWER KERNELS 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 346 CINNAMON TOAST CRUNCH CEREAL 100 MILK 2407	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 546 CHEESY PIZZA HUMMUS 611 BAGGED CARROTS 683 UNSWEETENED APPLESAUCE CUP 941 TOSTITOS SCOOPS 100 MILK  2402
1/15/2024 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 BAGGED CARROTS 696 RAISINS 939 HEARTZELS PRETZELS 100 MILK 2402 MARTIN LUTHER KING JR. DAY NO DELIVERIES 1/22/2023	1/16/2024 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 620 SALSA CUP 645 DOLE PINEAPPLE CUP 941 TOSTITOS SCOOPS 100 MILK  2413	1/17/2024 238 CHICKEN, TURKEY PEPPERONI & CHEESE CROISSANT 631 CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE 957 MAYONNAISE 100 MILK  2418	1/18/2024 138 BLUEBERRY YOGURT 130 SUNFLOWER KERNELS 602 POTATO SALAD 670 FRESH FRUIT 922 BAGGED WG PREMIUM GRANOLA 943 RANCH DRESSING 100 MILK 2407	1/19/2024 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 347 CINNAMON CHEX CEREAL 100 MILK 2402
1/22/2023 124 JENNIE O SMOKE HOUSE TURKEY BREAST STICK 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 631 CELERY STICKS 670 FRESH FRUIT 923 WGR PRETZEL GOLDFISH 943 RANCH DRESSING 100 MILK 2405	1/23/2024 134 CHERRY VANILLA YOGURT 129 HONEY ROASTED SUNFLOWER KERNELS 696 RAISINS 633 SUNSET SIP VEGETABLE JUICE 343 RICE CHEX CEREAL 100 MILK  2407	1/24/2027 118 LAND O LAKES LIGHT MOZZARELLA CHEESE STICK 543 RED PEPPER HUMMUS 611 BAGGED CARROTS 933 TIGER BITES GRAHAMS-CINNAMON 670 FRESH FRUIT 100 MILK 2402	1/25/2024 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON SUB ROLL 705 DRAGON PUNCH VEGETABLE JUICE 645 DOLE PINEAPPLE CUP 963 MUSTARD 100 MILK  2421	1/26/2024 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 620 RED GOLD SALSA CUP 697 BAGGED APPLES 941 TOSTITO SCOOPS 100 MILK 2413
1/29/2024 242 CHICKEN, TURKEY HAM & TWO CHEESE WEDGE SANDWICH 633 SUNSIP SIP VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 957 MAYONNAISE 100 MILK  2415	1/30/2024 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 541 CHOCOLATE HUMMUS 631 CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLES 932 SCOOPY SNACKS WGR 100 MILK 2402	1/31/2024 125 SWEET BBQ TURKEY BREAST STICK 126 COLBY JACK CHEESE STICK 648 STRAWBERRY GELLO CUP 620 SALSA CUP 942 MULTIGRAIN SUN CHIPS 100 MILK 	2/1/2024 139 CHEDDAR CHEESE CUP 132 PUMPKIN SEEDS 670 FRESH FRUIT 941 TOSTITOS SCOOPS 708 ROMAINE AND SPINACH SALAD WITH CHICKPEAS 960 ITALIAN DRESSING 100 MILK 2413	2/2/2024 137 PEACH YOGURT 130 SUNFLOWER KERNELS 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 349 CORN CHEX CEREAL 100 MILK  2407

**Healthy Grains! All items are 100% whole or whole grain rich products.**

**MENU SUBJECT TO CHANGE**

Nutritional Development Services - Archdiocese of Philadelphia

222 North 17th Street, Philadelphia, PA 19103

Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk & Skim Lactose Free Milk

REMINDER: Water must be OFFERED every day! WG=WHOLE GRAIN

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.