



High School Cold Lunch-January 2024

Nutritional Development Services-Archdiocese of Philadelphia- 222 N 17th St, Philadelphia, PA 19103- 215-895-3470



NDSSchoolLunchProgram



SchoolMealsNDS



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>8</p> <p>228 Turkey Ham & Cheese Sub 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 540 Garlic Hummus 445 Fruit Punch Juice 670 Fresh Fruit 934 Cinnamon Dino Bites</p>	<p>9</p> <p>242 Chicken, Turkey Ham & Cheese Wedge 633 Sunset Sip Vegetable Juice 621 Celery 670 Fresh Fruit 446 Mott's Apple Juice</p>	<p>10</p> <p>236 Turkey & Two Cheese Wedge 632 Wango Mango Vegetable Juice 601 Home-style Potato Salad 659 Watermelon Craisins 670 Fresh Fruit 933 Cinnamon Tiger Bites</p>	<p>11</p> <p>238 Chicken, Turkey Pepperoni & Cheese Croissant 708 Romaine Salad with Spinach & Chickpeas 631 Cherry Star Vegetable Juice 670 Fresh Fruit OR 682 Bananas 684 Mixed Berry Applesauce</p>	<p>12</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 630 Dragon Punch Vegetable Juice 690 Apple Crisps 446 Mott's Apple Juice</p>
<p>15</p> <p>Martin Luther King Jr. Day</p>	<p>16</p> <p>404 Italian Combo Wrap 631 Cherry Star Vegetable Juice 620 Salsa 670 Fresh Fruit 445 Mott's Fruit Punch Juice 941 Tostitos Scoops</p>	<p>17</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub 632 Wango Mango Vegetable Juice 546 Cheesy Pizza Hummus 648 Strawberry Gello Cup 670 Fresh Fruit 928 Goldfish Pretzels</p>	<p>18</p> <p>242 Chicken, Turkey Ham & Cheese Wedge 602 PA Dutch Potato Salad 630 Dragon Punch Vegetable Juice 670 Fresh Fruit OR 682 Bananas 446 Mott's Apple Juice</p>	<p>19</p> <p>261 Soy Butter & Jelly Sandwich 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 670 Fresh Fruit 684 Mixed Berry Applesauce 932 Cinnamon Scooby Snacks</p>
<p>22</p> <p>229 Turkey Ham & Cheese Croissant 631 Cherry Star Vegetable Juice 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 445 Mott's Fruit Punch Juice 670 Fresh Fruit 933 Cinnamon Tiger Bites</p>	<p>23</p> <p>228 Turkey Ham & Cheese Sub 621 Celery 632 Wango Mango Vegetable Juice 670 Fresh Fruit 659 Watermelon Craisins</p>	<p>24</p> <p>229 Turkey Ham & Cheese Croissant 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 670 Fresh Fruit 446 Mott's Apple Juice</p>	<p>25</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub 633 Sunset Sip Vegetable Juice 601 Home-style Potato Salad 670 Fresh Fruit OR 682 Bananas 690 Apple Crisps 992 Oatmeal Cookie</p>	<p>26</p> <p>236 Turkey & Two Cheese Wedge 706 Romaine Salad with Cherry Tomatoes 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples 445 Mott's Fruit Punch Juice</p>
<p>29</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub 630 Dragon Punch Vegetable Juice 620 Salsa 649 Orange Gello Cup 670 Fresh Fruit 941 Tostitos Scoops</p>	<p>30</p> <p>261 Soy Butter & Jelly Sandwich 631 Cherry Star Vegetable Juice 621 Celery 659 Watermelon Craisins 670 Fresh Fruit</p>	<p>31</p> <p>228 Turkey Ham & Cheese Sub 633 Sunset Sip Vegetable Juice 602 PA Dutch Potato Salad 658 Cherry Craisins 670 Fresh Fruit 932 Cinnamon Scooby Snacks</p>	<p>1</p> <p>229 Turkey Ham & Cheese Croissant 708 Romaine Salad with Spinach & Chickpeas 632 Wango Mango Vegetable Juice 670 Fresh Fruit OR 682 Bananas 445 Mott's Fruit Punch Juice</p>	<p>2</p> <p>236 Turkey & Two Cheese Wedge 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus 630 Dragon Punch Vegetable Juice 446 Mott's Apple Juice 670 Fresh Fruit</p>

MENU IS SUBJECT TO CHANGE- A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.