

DECEMBER 2023 COLD SUPPER MENU

MONDAY 12/4/2023	TUESDAY 12/5/2023	WEDNESDAY 12/6/2023	THURSDAY 12/7/2023	FRIDAY 12/8/2023
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 611 BAGGED CARROTS 696 RAISINS 939 HEARTZELS PRETZELS 100 MILK  2402	138 BLUEBERRY YOGURT 130 SUNFLOWER KERNELS 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 922 BAGGED WG PREMIUM GRANOLA 100 MILK 2407	238 CHICKEN, TURKEY PEPPERONI & CHEESE CROISSANT 601 POTATO SALAD 684 MIXED BERRY APPLESAUCE 957 MAYO 943 RANCH DRESSING 100 MILK  2418	139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 706 ROMAINE SALAD W/CHERRY TOMATOES 670 FRESH FRUIT 924 HARVEST CHEDDAR SUNCHIPS 943 RANCH DRESSING 100 MILK 2413	118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 129 HONEY ROASTED SUNFLOWER KERNELS 632 WANGO MANGO VEGETABLE JUICE 644 DOLE PEAR CUP 347 CINNAMON CHEX CEREAL 100 MILK 2402 IMMACULATE CONCEPTION
12/11/2023 124 JENNIE O SMOKE HOUSE TURKEY BREAST STICK 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 611 BAGGED CARROTS 670 FRESH FRUIT 931 BUG BITES CINNAMON 943 RANCH DRESSING 100 MILK 2405	12/12/2023 134 CHERRY VANILLA YOGURT 129 HONEY ROASTED SUNFLOWER KERNELS 696 RAISINS 633 SUNSET SIP VEGETABLE JUICE 343 RICE CHEX CEREAL 100 MILK 2407	12/13/2023 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 543 RED PEPPER HUMMUS 705 DRAGON PUNCH VEG JUICE 942 MULTIGRAIN SUN CHIPS 670 FRESH FRUIT 100 MILK 2402	12/14/2023 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON SUB ROLL 621 FRESH CELERY 645 DOLE PINEAPPLE CUP 943 RANCH DRESSING 100 MILK  2421	12/15/2023 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 620 RED GOLD SALSA CUP 697 BAGGED APPLES 941 TOSTITO SCOOPS 100 MILK 2413
12/18/2023 242 CHICKEN, TURKEY HAM & TWO CHEESE WEDGE SANDWICH 611 BAGGED CARROTS 648 STRAWBERRY GELLO CUP 943 RANCH DRESSING 100 MILK 2415	12/19/2023 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 541 CHOCOLATE HUMMUS 631 CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLES 932 SCOOPY SNACKS 100 MILK 2402	12/20/2023 125 JENNIE O SWEET BBQ TURKEY BREAST STICK 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 670 FRESH FRUIT 602 POTATO SALAD 942 MULTIGRAIN SUN CHIPS 100 MILK 2405	12/21/2023 134 CHERRY VANILLA YOGURT 129 HONEY ROASTED SUNFLOWER KERNELS 696 RAISINS 633 SUNSET SIP VEGETABLE JUICE 343 RICE CHEX CEREAL 100 MILK 2413	12/22/2023 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 620 RED GOLD SALSA CUP 683 UNSWEETENED APPLESAUCE 941 TOSTITOS SCOOPS 100 MILK 2413
12/25/2023 	12/26/2023 136 VANILLA YOGURT 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE 345 HONEY SCOOTERS CEREAL 100 MILK 2407	12/27/2023 236 TURKEY & TWO CHEESE WEDGE SANDWICH 611 BAGGED CARROTS 670 FRESH FRUIT 957 MAYONNAISE 100 MILK  2430	12/28/2023 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON SUB ROLL 601 POTATO SALAD 645 DOLE PINEAPPLE CUP CUP 963 MUSTARD 100 MILK 2415	12/29/2023 242 CHICKEN, TURKEY HAM & CHEESE WEDGE SANDWICH 631 100%CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 963 MUSTARD 100 MILK  2413
1/1/2024 	1/2/2024 139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 620 RED GOLD SALSA CUP 683 UNSWEETENED APPLESAUCE 941 TOSTITOS SCOOPS 100 MILK 2402	1/3/2024 404 ITALIAN COMBO WRAP (cheese, Turkey Ham & Turkey Pepperoni) 633 SUNSET SIP VEGETABLE JUICE 645 DOLE PINEAPPLE CUP 963 MUSTARD 100 MILK 2435	1/4/2024 125 SWEET BBQ TURKEY BREAST STICK 126 COLBY JACK CHEESE STICK 670 FRESH FRUIT 632 WANGO MANGO VEG JUICE 942 MULTIGRAIN SUN CHIPS 100 MILK 2413	1/5/2024 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 129 HONEY ROASTED SUNFLOWER KERNELS 611 BAGGED CARROTS 684 MIXED BERRY APPLESAUCE 344 BLUEBERRY CHEX CEREAL 100 MILK 2402

FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW!

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PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.

Healthy Grains! All items are 100% whole or whole grain rich products.
Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk and Skim Lactose Free Milk
REMINDER: Water must be OFFERED every day!

MENU SUBJECT TO CHANGE