



DECEMBER 2023 HOT SUPPER MENU

Remember that at least one vegetable component **MUST** be served at every Supper!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/4/2023 210 Cheese Stuffed Breadsicks 622 Marinara Sauce 670 Fresh Fruit 100 Milk 	12/5/2023 286 Penne Pasta w/ Meat Sauce & Cheesy Vegetables 644 Dole Pear Cup 100 Milk	12/6/2023 221 Two Cheese Chicken Quesadilla 611 Bagged Carrots 684 Mixed Berry Applesauce 100 Milk	12/7/2023 268 French Bread Pizza 506 Chopped Romaine Salad 697 Bagged Apples 100 Milk	12/8/2023 283 Chicken Tenders with Corn 670 Fresh Fruit 100 Milk  IMMACULATE CONCEPTION
12/11/2023 209 Taco Meat 620 Salsa 670 Fresh Fruit 941 Tostito Scoops 100 Milk	12/12/2023 206 French Toast with Sausage 623 Tator Tots 683 Unsweetened Applesauce 100 Milk	12/13/2023 257 Mozzarella Sticks 682 Marinara Sauce 608 Dole Tropical Fruit Cup 100 Milk	12/14/2023 264 4X 6 Cheese Pizza 670 Fresh Fruit 506 Chopped Romaine Salad 100 Milk	12/15/2023 201 Cheeseburger with Bun 506 Chopped Romaine Salad OR 611 Bagged Carrots 697 Bagged Apples 100 Milk
12/18/2023 281 Popcorn Chicken with Roasted Potatoes 611 Bagged Carrots 100 Milk	12/19/2023 284 Chicken Alfredo with Penne and Broccoli 670 Fresh Fruit 100 Milk	12/20/2023 208 Mini Corn Dog 611 Bagged Carrots 670 Fresh Fruit 100 Milk	12/21/2023 272 Buffalo Chicken Calzone 631 Cherry Star Vegetable Juice 683 Applesauce 100 Milk 	12/22/2023 215 Taco Stick 620 Salsa 644 Dole Pear Cup 100 Milk
12/25/2023 	12/26/2023 288 Mac and Cheese with Broccoli 683 Unsweetened Applesauce 100 Milk	12/27/2023 282 BBQ Popcorn Chicken w/Mashed Sweet Potatoes 670 Fresh Fruit 100 Milk 	12/28/2023 287 WG Cheese Ravioli with Italian Vegetables 697 Bagged Apples 100 Milk	12/29/2023 296 Salisbury Steak with Roasted Seasoned Potatoes 670 Fresh Fruit 908 Dinner Roll 100 Milk 
1/1/2024 	1/2/2024 268 French Bread Pizza 630 Dragon Punch Veg Juice 648 Strawberry Gello Cup 100 Milk	1/3/2024 205 Popcorn Chicken 623 Tator Tots 684 Mixed Berry Applesauce 100 Milk	1/4/2023 273 Swedish Meatballs with Broccoli 670 Fresh Fruit 904 Wheat Bread 100 Milk	1/5/2024 221 Two Cheese Quesadilla 622 Marinara Sauce 697 Bagged Apples 100 Milk

FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW

Nutritional Development Services - Archdiocese of Philadelphia
222 North 17th Street, Philadelphia, PA 19103
Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832

Healthy Grains! All items are 100% whole or whole grain rich products.

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk and Skim Lactose Free Milk

REMINDER: Water must be OFFERED every day!

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.

MENU SUBJECT

TO CHANGE