

JANUARY 2024 CHILD CARE SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/8/2024	1/9/2024	1/10/2024	1/11/2024	1/12/2024
987 WG STRAWBERRY GRAHAMS 137 PEACH YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 138 BLUEBERRY YOGURT <i>or</i> 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	929 WG CHOCOLATE TIGER BITES GRAHAMS <i>or</i> 988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	936 WG VANILLA BEAR GRAHAMS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	939 HEARTZELS PRETZELS <i>or</i> 937 WG APPLE CINNAMON BEAR GRAHAMS 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)
1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
933 WG CINNAMON TIGER BITES GRAHAMS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK MARTIN LUTHER KING JR. DAY	932 WG SCOOPY-DOO! CINNAMON GRAHAM CRACKERS 134 CHERRY VANILLA YOGURT	928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 133 STRAWBERRY BANANA YOGURT <i>or</i> 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	930 WG CHEEZ-IT BAKED CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	935 WG ALL SPORTS GRAHAMS <i>or</i> 926 GARDEN SALSA SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
988 WG CINNAMON GRAHAM CRACKERS <i>or</i> 924 HARVEST CHEDDAR SUNCHIPS 137 PEACH YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH <i>or</i> 934 WG DINO BITES GRAHAMS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	987 WG STRAWBERRY GRAHAMS 138 BLUEBERRY YOGURT <i>or</i> 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	937 WG APPLE CINNAMON BEAR GRAHAMS <i>or</i> 941 WG TOSTITOS SCOOPS 620 SALSA CUP <i>or</i> 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	989 WG HONEY GRAHAM CRACKERS <i>or</i> 942 MULTIGRAIN SUNCHIPS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 932 WG SCOOPY-DOO! CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK	929 WG CHOCOLATE TIGER BITES GRAHAMS <i>or</i> 922 WG CINNAMON GRANOLA 136 VANILLA YOGURT	939 HEARTZELS PRETZELS 133 STRAWBERRY BANANA YOGURT <i>or</i> 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	988 WG CINNAMON GRAHAM CRACKERS <i>or</i> 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)	987 WG STRAWBERRY GRAHAMS 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)

MENU SUBJECT TO CHANGE

SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.

WHEN SERVING A GRAIN WITH YOGURT OR A SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER: Water must be OFFERED every day!

Healthy Grains! All items are 100% whole or whole grain rich products.

Nutritional Development Services - Archdiocese of Philadelphia, 222 N. 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470, option 2