



DECEMBER 2023 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
288 WG MACARONI & CHEESE WITH BROCCOLI 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	280 BEEF PATTY WITH GREEN BEANS 670 FRESH FRUIT 918 WHEAT HAMBURGER BUN 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN 670 FRESH FRUIT 100 WHITE MILK	286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK	282 WG BBQ POPCORN CHICKEN WITH MASHED SWEET POTATOES 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK FEAST OF THE IMMACULATE CONCEPTION
12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
285 GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS 683 UNSWEETENED APPLESAUCE CUP 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	287 WG CHEESE RAVIOLI WITH BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK	281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 608 DOLE TROPICAL FRUIT CUP or 670 FRESH FRUIT 100 WHITE MILK	264 4" X 6" WG CHEESE PIZZA or 268 WG FRENCH BREAD CHEESE PIZZA 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 684 MIXED BERRY APPLESAUCE CUP or 682 BANANAS (requires approval to order) 100 WHITE MILK	202 CHEESEBURGER ON WG BUN 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
12/18/2023	12/19/2023	12/20/2023	12/21/2023	12/22/2023
293 WG CHICKEN PARMIGIANA WITH GREEN BEANS 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	296 SALISBURY STEAK WITH ROASTED SEASONED POTATOES 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	284 GRILLED CHICKEN & BROCCOLI ALFREDO WITH WG PENNE PASTA 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	235 WG CHEESE WAFFLE SANDWICH or 255 WG PIZZA BOLI 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN 670 FRESH FRUIT 100 WHITE MILK
12/25/2023	12/26/2023	12/27/2023	12/28/2023	12/29/2023
	276 TERIYAKI CHICKEN WITH BROWN RICE AND CARROTS or 291 GRILLED CHICKEN WITH CARIBBEAN PINEAPPLE SAUCE, BROWN RICE PILAF AND CARROTS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	295 MEATLOAF & GRAVY WITH MASHED POTATOES 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	287 WG CHEESE RAVIOLI WITH BLENDED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK	281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
1/1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/2024
	288 WG MACARONI & CHEESE WITH BROCCOLI 644 DOLE DICED PEARS CUP 100 WHITE MILK	282 WG BBQ POPCORN CHICKEN WITH MASHED SWEET POTATOES 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	285 GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS 684 MIXED BERRY APPLESAUCE CUP 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	293 WG CHICKEN PARMIGIANA WITH GREEN BEANS 670 FRESH FRUIT 100 WHITE MILK

MENU SUBJECT TO CHANGE

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

REMINDER: Water must be OFFERED every day!

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