



# DECEMBER 2023 CHILD CARE COLD LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
Weekly Sandwich Alternate (must order all items in place of sandwich): 134 CHERRY VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 989 WG HONEY GRAHAM CRACKERS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
261 SOY BUTTER & JELLY WG SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 633 100% SUNSET SIP VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 715 MEXICAN STREET CORN (thaw & serve) 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK  FEAST OF THE IMMACULATE CONCEPTION
12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
Weekly Sandwich Alternate (must order all items in place of sandwich): 139 CHEDDAR CHEESE CUP - 130 SUNFLOWER KERNELS - 941 WG TOSTITOS SCOOPS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	274 TOASTED CHEESE WG SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 633 100% SUNSET SIP VEGETABLE JUICE 608 DOLE TROPICAL FRUIT CUP or 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 684 MIXED BERRY APPLESAUCE CUP or 682 BANANAS (requires approval to order) 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
12/18/2023	12/19/2023	12/20/2023	12/21/2023	12/22/2023
Weekly Sandwich Alternate (must order all items in place of sandwich): 137 PEACH YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 922 WG CINNAMON GRANOLA				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 715 MEXICAN STREET CORN (thaw & serve) 670 FRESH FRUIT 100 WHITE MILK
12/25/2023	12/26/2023	12/27/2023	12/28/2023	12/29/2023
Weekly Sandwich Alternate (must order all items in place of sandwich): 542 HARVEST PUMPKIN HUMMUS - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 924 HARVEST CHEDDAR SUNCHIPS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
	229 TURKEY HAM & CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT or 100 WHITE MILK	274 TOASTED CHEESE WG SANDWICH 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 632 100% WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
1/1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/2024
Weekly Sandwich Alternate (must order all items in place of sandwich): 138 BLUEBERRY YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 989 WG HONEY GRAHAM CRACKERS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
	261 SOY BUTTER & JELLY WG SANDWICH 633 100% SUNSET SIP VEGETABLE JUICE 644 DOLE DICED PEARS CUP 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 632 100% WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	274 TOASTED CHEESE WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE or 622 MARINARA CUP 670 FRESH FRUIT 100 WHITE MILK

**MENU SUBJECT TO CHANGE**

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN-RICH

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