

High School Cold Lunch- November 2023

Nutritional Development Services-Archdiocese of Philadelphia- 222 N 17th St, Philadelphia, PA 19103- 215-895-3470



NDSSchoolLunchProgram



SchoolMealsNDS



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Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">30</p> <p>229 Turkey Ham & Cheese on a Croissant 631 Cherry Star Vegetable Juice 620 Salsa 445 Mott's Fruit Punch Juice 670 Fresh Fruit 941 Tostitos Scoops</p>	<p style="text-align: right;">31</p> <p>228 Turkey Ham & Cheese Sub 632 Wango Mango Vegetable Juice 611 Bagged Baby Carrots 609 Dole Mixed Fruit Cup 446 Mott's Apple Juice</p>	<p style="text-align: right;">1</p> <p>274 Toasted Cheese Sandwich 705 Dragon Punch Vegetable Juice 546 Cheesy Pizza Hummus 670 Fresh Fruit 684 Mixed Berry Applesauce 942 Sunchips</p> <p style="text-align: center;"><i>All Saints Day</i></p>	<p style="text-align: right;">2</p> <p>242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 706 Romaine Salad with Cherry Tomatoes 611 Bagged Baby Carrots 670 Fresh Fruit OR 682 Bananas 659 Watermelon Craisins 990 Chocolate Chip Cookie</p>	<p style="text-align: right;">3</p> <p>404 Italian Combo Wrap 118 Sting Cheese 602 PA Dutch Potato Salad 545 Cranberry Orange Hummus 633 Sunset Sip Vegetable Juice 670 Fresh Fruit OR 682 Bananas 445 Mott's Fruit Punch Juice 932 Cinnamon Scooby Snacks</p>
<p style="text-align: right;">6</p> <p>236 Turkey & Two Cheese Wedge 630 Dragon Punch Vegetable Juice 601 Homestyle Potato Salad 658 Cherry Craisins 670 Fresh Fruit</p>	<p style="text-align: right;">7</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub 632 Wango Mango Vegetable Juice 621 Celery 648 Strawberry Gello Cup 690 Apple Crisps 992 Oatmeal Cookie</p> <p style="text-align: center;"><i>Election Day</i></p>	<p style="text-align: right;">8</p> <p>238 Chicken, Turkey Pepperoni & Cheese Croissant 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 684 Mixed Berry Applesauce 935 All Sports Grahams</p>	<p style="text-align: right;">9</p> <p>261 Soy Butter & Jelly Sandwich 631 Cherry Star Vegetable Juice 620 Salsa 670 Fresh Fruit OR 682 Banana 445 Mott's Fruit Punch Juice 941 Tostitos Scoops</p>	<p style="text-align: right;">10</p> <p>242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 708 Romaine Salad with Spinach & Chickpeas 611 Bagged Baby Carrots 645 Dole Pineapple Cup 670 Fresh Fruit</p> <p style="text-align: center;"><i>Veteran's Day</i></p>
<p style="text-align: right;">13</p> <p>228 Turkey Ham & Cheese Sub 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 540 Garlic Hummus 644 Dole Pear Cup 670 Fresh Fruit 932 Cinnamon Scooby Snacks</p>	<p style="text-align: right;">14</p> <p>274 Toasted Cheese Sandwich 620 Salsa 633 Sunset Sip Vegetable Juice 445 Mott's Fruit Punch Juice 670 Fresh Fruit 941 Tostitos Scoops</p>	<p style="text-align: right;">15</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub 632 Wango Mango Vegetable Juice 601 Homestyle Potato Salad 446 Mott's Apple Juice 690 Apple Crisps 928 Goldfish Pretzels</p>	<p style="text-align: right;">16</p> <p>242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 706 Romaine Salad with Cherry Tomatoes 632 Wango Mango Vegetable Juice 697 Bagged Sliced Apples OR 682 Bananas 608 Dole Tropical Fruit Cup</p> <p style="text-align: center;"><i>NSLP Mid Year Training</i></p>	<p style="text-align: right;">17</p> <p>404 Italian Combo Wrap 118 String Cheese 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus 620 Salsa 445 Mott's Fruit Punch Juice 684 Mixed Berry Applesauce 931 Bug Bites</p>
<p style="text-align: right;">20</p> <p>238 Chicken, Turkey Pepperoni & Cheese Croissant 611 Bagged Baby Carrots 633 Sunset Sip Vegetable Juice 649 Dole Orange Gello Cup 670 Fresh Fruit 993 Turkey Holiday Cookie</p>	<p style="text-align: right;">21</p> <p>228 Turkey Ham & Cheese Sub 630 Dragon Punch Vegetable Juice 620 Salsa 446 Mott's Apple Juice 659 Watermelon Craisins 941 Tostitos Scoops</p>	<p style="text-align: right;">22</p> <p>261 Soy Butter & Jelly Sandwich 715 Mexican Street Corn 632 Wango Mango Vegetable Juice 657 Strawberry Craisins 445 Mott's Fruit Punch Juice</p>	<p style="text-align: right;">23</p> <p style="text-align: center;">Happy Thanksgiving</p> 	<p style="text-align: right;">24</p> <p style="text-align: center;">Happy Thanksgiving</p> 
<p style="text-align: right;">27</p> <p>242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 632 Wango Mango Vegetable Juice 620 Salsa 670 Fresh Fruit 445 Mott's Fruit Punch Juice 941 Tostitos Scoops</p>	<p style="text-align: right;">28</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub 715 Mexican Street Corn 546 Cheesy Pizza Hummus 644 Dole Pear Cup 446 Mott's Apple Juice 928 Goldfish Pretzels</p>	<p style="text-align: right;">29</p> <p>404 Italian Combo Wrap 118 String Cheese 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 633 Sunset Sip Vegetable Juice 684 Mixed Berry Applesauce 657 Craisins 990 Chocolate Chip Cookie</p>	<p style="text-align: right;">30</p> <p>228 Turkey Ham & Cheese Sub 706 Romaine Salad with Cherry Tomatoes 632 Wango Mango Vegetable Juice 670 Fresh Fruit OR 682 Bananas 690 Apple Crisps</p>	<p style="text-align: right;">1</p> <p>236 Turkey & Two Cheese Wedge Sandwich 630 Dragon Punch Vegetable Juice 621 Celery 609 Dole Mixed Fruit Cup 445 Mott's Fruit Punch Juice 990 Chocolate Chip Cookie</p>

MENU IS SUBJECT TO CHANGE- A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.