

High School Breakfast November 2023

Nutritional Development Services-Archdiocese of Philadelphia: 222 N 17th St, Philadelphia, PA 19103: 215-895-3470, option 1:

 NDSchoolLunchProgram
  SchoolMealsNDS
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Weekly Alternate	Monday	Tuesday	Wednesday	Thursday	Friday
384 Cinnamon Toast Crunch Breakfast Kit OR 328 Chocolate Chip Muffin	308 Strawberry Mini Bagel OR 306 Apple Baked Frudel HOT 670 Fresh Fruit 657 Strawberry Craisins	31 322 Blueberry Muffin OR 318 Eggo Cinnamon Waffles 445 Mott's Fruit Punch Juice 670 Fresh Fruit <i>Halloween</i>	1 325 Cinnamon Chex Cup OR 302 Egg, Cheese & Turkey Sausage Breakfast Wrap HOT 446 Mott's Apple Juice 646 Dole Peach Cup <i>All Saints Day</i>	2 323 Apple Cinnamon Muffin OR 134 Cherry Vanilla Yogurt & 922 Cinnamon Granola 445 Mott's Fruit Punch Juice 690 Apple Crisps	3 350 Peach Cheerios Bar OR 338 French Toast Sticks HOT 684 Mixed Berry Applesauce 670 Fresh Fruit
391 Blueberry Muffin Breakfast Kit OR 350 Peach Cheerios Bar	6 328 Chocolate Chip Muffin OR 239 Chicken Sausage & Cheese Waffle HOT 445 Mott's Fruit Punch Juice 691 Strawberry Apple Crisps	7 333 Blueberry Chex Cereal OR 367 Cinnamon Raisin Bagel 670 Fresh Fruit 688 Applesauce <i>Election Day</i>	8 327 Pillsbury Maple Mini Waffles OR 336 Apple Churro & 137 Peach Yogurt 684 Mixed Berry Applesauce 670 Fresh Fruit	9 329 Honey Nut Cheerios OR 360 Cinnamon Pop Tarts & 134 Cherry Vanilla Yogurt 670 Fresh Fruit 658 Cherry Craisins	10 319 Orange Cranberry Muffin OR 307 Cherry Frudel HOT 446 Mott's Apple Juice 670 Fresh Fruit <i>Veteran's Day</i>
385 Trix Breakfast Kit OR 329 Honey Nut Cheerios	13 334 Cinnamon Toast Crunch Cereal OR 350 Peach Cheerios Bar 684 Mixed Berry Applesauce 670 Fresh Fruit	14 323 Apple Cinnamon Muffin OR 262 Turkey Sausage Breakfast Pizza HOT 644 Dole Pear Cup 670 Fresh Fruit	15 308 Strawberry Mini Bagel OR 368 Plain Bagel 670 Fresh Fruit 445 Mott's Fruit Punch Juice	16 325 Cinnamon Chex Cereal OR 315 Apple Cinnamon Toast HOT 670 Fresh Fruit 697 Bagged Sliced Apples	17 320 Corn Muffin OR 302 Egg, Cheese & Turkey Sausage Breakfast Wrap HOT 446 Mott's Apple Juice 670 Fresh Fruit
382 Cinnamon Toast Crunch Bar Breakfast Kit OR 325 Cinnamon Chex Cup	20 327 Eggo Maple Waffles OR 306 Apple Baked Frudel HOT 670 Fresh Fruit 691 Strawberry Apple Crisps	21 329 Honey Nut Cheerios OR 361 Strawberry Pop Tart & 138 Blueberry Yogurt 445 Mott's Fruit Punch Juice 670 Fresh Fruit	22 359 Honey Scooters OR 338 French Toast Sticks HOT 659 Watermelon Craisins 446 Mott's Apple Juice	23 	24 
387 Fruit Loop Breakfast Kit OR 333 Blueberry Chex Cup	27 318 Eggo Cinnamon Waffle OR 366 Blueberry Bagel 670 Fresh Fruit 608 Dole Tropical Fruit Cup	28 324 Cocoa Puffs Cereal OR 307 Cherry Frudel HOT 445 Mott's Fruit Punch Juice 658 Cherry Craisins	29 319 Orange Cranberry Muffin OR 320 Corn Muffin 446 Mott's Apple Juice 690 Apple Crisps	30 350 Peach Cheerios Cereal Bar OR 262 Turkey Sausage Breakfast Pizza HOT 445 Mott's Fruit Punch Juice 670 Fresh Fruit	1 321 Banana Muffin OR 336 Apple Churro 684 Mixed Berry Applesauce 670 Fresh Fruit

MENU IS SUBJECT TO CHANGE

A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rice, all items are pork-free.

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

