"Eat Peaceful- Live Loveful, Healthy is the way to go!" – Layla S., Grade 5

From Alliance for Progress



Nutritional Development Services Archdiocese of Philadelphia 222 N 17th St, Philadelphia, PA 19103 215-895-3470, option 1

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
229 Turkey Ham & Cheese on a Croissant 631 Cherry Star Vegetable Juice 620 Salsa 749 Apple Cherry Juice 941 Tostitos Scoops	228 Turkey Ham & Cheese Sub 632 Wango Mango Vegetable Juice 611 Bagged Baby Carrots 609 Dole Mixed Fruit Cup	274 Toasted Cheese Sandwich 633 Sunset Sip Vegetable Juice 546 Cheesy Pizza Hummus 670 Fresh Fruit 942 Sunchips	242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit OR 682 Bananas 990 Chocolate Chip Cookie	404 Italian Combo Wrap 602 PA Dutch Potato Salad 545 Cranberry Orange Hummus 752 Fruit Punch Juice 932 Cinnamon Scooby Snacks
	7	8	9	10
236 Turkey & Two Cheese Wedge 630 Dragon Punch Vegetable Juice 601 Homestyle Potato Salad 658 Cherry Craisins 928 Goldfish Pretzels	227 Turkey Ham, Turkey Pepperoni & Cheese Sub 632 Wango Mango Vegetable Juice 621 Celery 648 Strawberry Gello Cup 992 Oatmeal Cookie Election Day	238 Chicken, Turkey Pepperoni & Cheese Croissant 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 670 Fresh Fruit 935 All Sports Grahams	261 Soy Butter & Jelly Sandwich 631 Cherry Star Vegetable Juice 620 Salsa 670 Fresh Fruit OR 682 Banana 941 Tostitos Scoops	242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 708 Romaine Salad with Spinach & Chickpeas 752 Fruit Punch Juice Veteran's Day
13	14	15	16	17
228 Turkey Ham & Cheese Sub 630 Dragon Punch Vegetable Juice 540 Garlic Hummus 645 Dole Pear Cup 932 Cinnamon Scooby Snacks	274 Toasted Cheese Sandwich 620 Salsa 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops	227 Turkey Ham, Turkey Pepperoni & Cheese Sub 632 Wango Mango Vegetable Juice 601 Homestyle Potato Salad 752 Fruit Punch Juice	242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 706 Romaine Salad with Cherry Tomatoes 697 Bagged Sliced Apples OR 682 Bananas 931 Bug Bites	404 Italian Combo Wrap 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus 749 Apple Cherry Juice
	01	00	NSLP Mid Year Training	04
20 238 Chicken, Turkey Pepperoni & Cheese Croissant 611 Bagged Baby Carrots 633 Sunset Sip Vegetable Juice 649 Dole Orange Gello Cup 993 Turkey Holiday Cookie	21 228 Turkey Ham & Cheese Sub 630 Dragon Punch Vegetable Juice 620 Salsa 749 Apple Cherry Juice 941 Tostitos Scoops	22 261 Soy Butter & Jelly Sandwich 715 Mexican Street Corn 657 Strawberry Craisins	Happy Thanksgiving	Happy Thanksgiving
27	28	29	30	1
242 Chicken, Turkey Ham & Two Cheese Wedge Sandwich 632 Wango Mango Vegetable Juice 620 Salsa 749 Apple Cherry Juice 941 Tostitos Scoops	227 Turkey Ham, Turkey Pepperoni & Cheese Sub 631 Cherry Star Vegetable Juice 546 Cheesy Pizza Hummus 644 Dole Pear Cup 928 Goldfish Pretzels	404 Italian Combo Wrap 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 684 Mixed Berry Applesauce	228 Turkey Ham & Cheese Sub 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit OR 682 Bananas	236 Turkey & Two Cheese Wedge Sandwich 630 Dragon Punch Vegetable Juice 601 Homestyle Potato Salad 609 Dole Mixed Fruit Cup 990 Chocolate Chip Cookie

MENU IS SUBJECT TO CHANGE- A variety of low fat or skim milk is offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

PLEASE READ CAREFULLY
Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



