

NOVEMBER 2023 HOT SUPPER MENU

Remember that at least one vegetable component **MUST** be served at every supper!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/30/2023 219 Turkey Pepperoni Pinwheel 611 Bagged Carrots 670 Fresh Fruit 100 Milk	10/31/2023 273 Swedish Meatballs with Broccoli 609 Dole Mixed Fruit Cup 909 Dinner Rol 100 Milk 	11/1/2023 283 Chicken Tenders with Corn 684 Mixed Berry Applesauce 904 Wheat Bread 100 Milk All Saints Day	11/2/2023 268 French Bread Pizza 506 Chopped Romaine Salad 670 Fresh Fruit 100 Milk	11/3/2023 221 Two Cheese Chicken Quesadilla 620 Salsa Cup 697 Bagged Apples 100 Milk 
11/6/2023 295 Meatloaf with Gravy and Mash Potatoes 649 Orange Gello Bowl 904 Wheat Bread 100 Milk	11/7/2023 282 BBQ Popcorn Chicken Sweet Mashed Potatoes 697 Bagged Apples 100 Milk Election Day	11/8/2023 272 Buffalo Chicken Calzone 621 Celery Sticks 670 FRESH FRUIT 100 Milk	11/9/2023 256 Cheese Stuffed Breadsticks 622 Marinara Cup 506 Chopped Romaine Salad 100 Milk	11/10/2023 255 Pizza Boli 506 Chopped Romaine Salad OR 611 Bagged Carrots 100 Milk
11/13/2023 288 Macaroni & Cheese with Broccoli 670 Fresh Fruit 100 Milk 	11/14/2023 216 Taco Stick 620 Salsa Cup 683 Unsweetened Applesauce 100 Milk	11/15/2023 206 French Toast with 623 Tator Tots 697 Bagged Apple Slices 100 Milk 	11/16/2023 264 Cheese Piza 506 Chopped Romaine Salad 670 Fresh Fruit 100 Milk	11/17/2023 283 Chicken Tenders with Corn 506 Chopped Romaine Salad OR 608 Dole Tropical Fruit Cup 100 Milk
11/20/2023 274 Toasted Cheese Sandwich 611 Bagged Carrots 670 Fresh Fruit 100 Milk	11/21/2023 273 Swedish Meatballs with Broccoli 684 Mixed Berry Applesauce C 904 Wheat Bread 100 Milk	11/22/2023 207 Cheese Ravioli 624 Green Beens 670 Fresh Fruit 100 Milk	11/23/2023 Thanksgiving Day  NO DELIVERIES	11/24/2023 Thanksgiving Holiday  NO DELIVERIES
11/27/2023 281 Popcorn Chicken with Roasted Potatoes 670 Fresh Fruit 100 Milk	11/28/2023 208 Mini CornDog 623 Tater Tots 645 Dole Pineapple Cup 100 Milk 	11/29/2023 288 Mac and Cheese with Broccoli 670 Fresh Fruit 100 Milk	11/30/2023 268 French Bread Pizza 506 Chopped Romaine Salad 683 Unsweetened Applesauce 100 Milk	12/1/2023 202 Cheeseburger/Bun 506 Chopped Romane Salad OR 611 Bagged Carrots 697 Bagged Apples 100 Milk

FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW!

Nutritional Development Services - Archdiocese of Philadelphia
 222 North 17th Street, Philadelphia, PA 19103
 Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day! WG=WHOLE GRAIN

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk and Skim Lactose Free Milk

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.