

High School Breakfast December 2023



Nutritional Development Services-
Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

NDSSchoolLunchProgram SchoolMealsNDS

SchoolMealsNDS

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Weekly Alternate	Monday	Tuesday	Wednesday	Thursday	Friday
	4	5	6	7	8
388 Honey Bunches of Oats Breakfast Kit OR 319 Orange Cranberry Muffin	320 Corn Muffin OR 335 Apple Churro & 137 Peach Yogurt 445 Mott's Fruit Punch Juice 670 Fresh Fruit	324 Cocoa Puffs OR 239 Chicken Sausage, Egg & Cheese Waffle Sandwich HOT 670 Fresh Fruit 644 Dole Pear Cup	351 Cinnamon Toast Crunch Breakfast Bar OR 369 Pillsbury Berry Blast Mini French Toast 446 Mott's Apple Juice 670 Fresh Fruit	327 Eggo Maple Waffles OR 306 Apple Frudel HOT 670 Fresh Fruit 658 Cherry Craisins	321 Banana Muffin OR 366 Blueberry Bagel 445 Mott's Fruit Punch Juice 691 Strawberry Apple Crisps
	11	12	13	14	15
390 Chocolate Chip Muffin Breakfast Kit OR 320 Corn Muffin	334 Cinnamon Toast Crunch Cereal OR 315 Apple Cinnamon Toast HOT 445 Mott's Fruit Punch Juice 670 Fresh Fruit	322 Blueberry Muffin OR 360 Cinnamon Pop-Tarts & 134 Cherry Vanilla Yogurt 670 Fresh Fruit 684 Mixed Berry Applesauce	318 Cinnamon Mini Waffles OR 338 French Toast HOT 670 Fresh Fruit 659 Watermelon Craisins	308 Strawberry Mini Bagel OR 133 Strawberry Banana Yogurt & 921 Granola 446 Mott's Apple Juice 670 Fresh Fruit	350 Peach Cheerios Cereal Bar OR 302 Egg & Cheese Turkey Sausage Wrap HOT 445 Mott's Fruit Punch Juice 645 Dole Pineapple Cup
	18	19	20	21	22
382 Cinnamon Toast Crunch Bar Breakfast Kit OR 350 Peach Cheerios Cereal Bar	323 Apple Cinnamon Muffin OR 324 Cocoa Puffs Cereal 670 Fresh Fruit 644 Dole Pear Cup	329 Honey Cheerios Cereal OR 307 Cherry Frudel HOT 670 Fresh Fruit 445 Mott's Fruit Punch Juice	368 Plain Bagel OR 319 Orange Cranberry Muffin 446 Mott's Apple Juice 670 Fresh Fruit	369 Pillsbury Berry Blast Mini French Toast OR 262 Turkey Sausage Breakfast Pizza HOT 670 Fresh Fruit 690 Apple Crisps	333 Blueberry Chex Cup OR 367 Cinnamon Raisin Bagel 445 Mott's Fruit Punch Juice 658 Cherry Craisins
	25	26	27	28	29
		<i>Happy Holidays!</i>			
	1	2	3	4	5
385 Trix Breakfast Kit OR 329 Honey Cheerios Cereal	New Years Day!	334 Cinnamon Toast Crunch Cereal OR 306 Apple Frudel HOT 445 Mott's Fruit Punch Juice 659 Watermelon Craisins	350 Peach Cheerios Cereal Bar OR 325 Cinnamon Chex Cereal 446 Mott's Apple Juice 691 Strawberry Apple Crisps	318 Cinnamon Mini Waffles OR 368 Plain Bagel 690 Apple Crisps 609 Dole Mixed Fruit Cup	328 Chocolate Chip Muffin OR 338 French Toast HOT 684 Mixed Berry Applesauce 670 Fresh Fruit

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.