

High School Hot Lunch December 2023



Nutritional Development Services—Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

NDSSchoolLunchProgram

SchoolMealsNDS

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DECEMBER IS NATIONAL PEAR MONTH!

Celebrate by reaching for PEARS on 12/12, 12/22 and throughout the month when offered!



Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>210 Cheese Stuffed Breadsticks & 622 Marinara OR 204 Chicken Nuggets & 623 Tater Tots 631 Cherry Star Vegetable Juice 446 Mott's Apple Juice 670 Fresh Fruit 933 Cinnamon Tiger Grahams</p>	<p>5</p> <p>286 Penne Pasta with Meat Sauce & Italian Vegetable Blend & 908 Dinner Roll OR 218 Mozzarella Pinwheel & 624 Green Beans 623 Celery 358 Cherry Craisins 670 Fresh Fruit</p>	<p>6</p> <p>221 Two Cheese Chicken Quesadilla OR 235 Waffle & Cheese Sandwich OR 228 Turkey Ham & Cheese Sub 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 445 Mott's Fruit Punch Juice 670 Fresh Fruit 992 Oatmeal Cookie</p>	<p>7</p> <p>268 French Bread Pizza OR 263 5" Round Cheese Pizza OR 236 Turkey & Two Cheese Wedge 706 Romaine Salad with Cherry Tomatoes 697 Bagged Sliced Apples 684 Mixed Berry Applesauce 928 Goldfish Pretzels</p>	<p>8</p> <p>283 Chicken Tenders with Corn OR 271 Cheeseburger Calzone & 633 Sunset Sip Vegetable Juice 603 Baked Beans 694 Kiwi & Strawberry Sidekick 690 Apple Crisps</p>
<p>11</p> <p>209 Taco Meat OR 217 Spicy Grilled Cheese OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 630 Dragon Punch Vegetable Juice 620 Salsa 670 Fresh Fruit 648 Strawberry Gello Bowl 944 Tostitos Top-N-Go</p>	<p>12</p> <p>206 French Toast with Sausage & 623 Tater Tots & 931 Bug Bites OR 295 Meatloaf with Gravy & Mashed Potatoes & 903 Maple Biscuit 631 Cherry Star Vegetable Juice 670 Pear 659 Watermelon Craisins</p>	<p>13</p> <p>205 Popcorn Chicken & 603 Baked Beans OR 257 Mozzarella Sticks & 622 Marinara Sauce 633 Sunset Sip Vegetable Juice 658 Cherry Craisins 670 Fresh Fruit 932 Cinnamon Scooby Snacks</p>	<p>14</p> <p>264 4x6 Cheese Pizza OR 270 Turkey Pepperoni Calzone & 625 Corn 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit OR 682 Banana 445 Mott's Fruit Punch Juice</p>	<p>15</p> <p>200 Hamburger with Bun OR 201 Cheeseburger with Bun 611 Bagged Baby Carrots 603 Baked Beans 446 Mott's Apple Juice 670 Fresh Fruit</p>
<p>18</p> <p>281 Popcorn Chicken with Roasted Potatoes OR 203 Mini Pepperoni Calzone & 623 Tater Tots 611 Bagged Baby Carrots 686 Wild Berry Rosati Ice 691 Strawberry Apple Crisps 993 Candy Cane Holiday Cookie</p>	<p>19</p> <p>284 Chicken Alfredo with Penne Pasta & Broccoli & 909 Dinner Roll OR 210 Cheese Stuffed Breadsticks & 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie 670 Fresh Fruit</p>	<p>20</p> <p>215 Taco Stick OR 216 Spicy Taco Stick OR 228 Turkey Ham & Cheese Sub 620 Salsa 632 Wango Mango Vegetable Juice 658 Cherry Craisins 670 Fresh Fruit 941 Tostitos Scoops</p>	<p>21</p> <p>272 Buffalo Chicken Calzone & 623 Tater Tots OR 268 French Bread Pizza 706 Romaine Salad with Cherry Tomatoes 445 Mott's Fruit Punch Juice 670 Fresh Fruit</p>	<p>22</p> <p>208 Mini Corn Dogs OR 204 Chicken Nuggets 603 Baked Beans 631 Cherry Star Vegetable Juice 644 Dole Pear Cup 446 Mott's Apple Juice 934 Cinnamon Dino Bites</p>
<p>25</p>	<p>26</p>	<p>27</p> <p><i>Happy Holidays!</i></p>	<p>28</p>	<p>29</p>
<p>1</p> <p><i>Happy New Year!</i></p>	<p>2</p> <p>268 French Bread Pizza 941 Tostitos Scoops & 620 Salsa OR 295 Meatloaf with Gravy and Mashed Potatoes & 901 Honey Biscuit 630 Dragon Punch Vegetable Juice 690 Apple Crisps 445 Mott's Fruit Punch Juice</p>	<p>3</p> <p>269 Pizza Calzone OR 205 Popcorn Chicken 623 Tater Tots 632 Wango Mango Vegetable Juice 686 Strawberry Lemonade Rosati Ice 690 Apple Crisps 932 Cinnamon Scooby Snacks</p>	<p>4</p> <p>273 Swedish Meatballs with Noodles & Broccoli & 118 Strng Cheese OR 288 Mac & Cheese with Broccoli 633 Sunset Sip Vegetable Juice 647 Dole Mandarin Oranges 446 Mott's Apple Juice 903 Maple Biscuit</p>	<p>5</p> <p>221 Two Cheese Chicken Quesadilla OR 255 Pizza Boli OR 236 Turkey & Two Cheese Wedge 622 Marinara 625 Corn 657 Strawberry Craisins 445 Mott's Fruit Punch Juice 993 Bell Holiday Cookie</p>

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.