

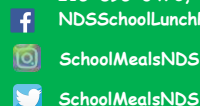
# Elementary Cold Lunch

## December 2023

**Slogan Winner- "A nutritional meal equals a happy brain and a healthy heart – Let's Eat Smart!"**  
**by Kenydi M, grade 4, from St. Frances Cabrini**



Nutritional Development Services- Archdiocese of Philadelphia  
 222 N 17th St, Philadelphia, PA 19103  
 215-895-3470, option 1  
 NDSSchoolLunchProgram



### DECEMBER IS NATIONAL PEAR MONTH!

Celebrate by reaching for PEARS on 12/12, 12/22 and throughout the month when offered!



Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Monday	Tuesday	Wednesday	Thursday	Friday
<b>227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub</b> 632 Wango Mango Vegetable Juice 545 Cranberry Orange Hummus 749 Apple Cherry Juice 934 Cinnamon Dino Bites	<b>261 Soy Butter &amp; Jelly Sandwich</b> 715 Mexican Street Corn 670 Fresh Fruit 933 Cinnamon Tiger Grahams	<b>228 Turkey Ham &amp; Cheese Sub</b> 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 752 Fruit Punch Juice 992 Oatmeal Cookie	<b>236 Turkey &amp; Two Cheese Wedge</b> 706 Romaine Salad with Cherry Tomatoes 697 Bagged Sliced Apples	<b>229 Turkey Ham &amp; Cheese Croissant</b> 633 Sunset Sip Vegetable Juice 601 Homestyle Potato Salad 670 Fresh Fruit <i>Feast of Immaculate Conception</i>
<b>228 Turkey Ham &amp; Cheese Sub</b> 630 Dragon Punch Vegetable Juice 621 Celery 752 Fruit Punch Juice	<b>238 Chicken, Turkey Pepperoni &amp; Cheese Sub</b> 631 Cherry Star Vegetable Juice 620 Salsa 670 Pear 941 Tostitos Scoops	<b>227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub</b> 633 Sunset Sip Vegetable Juice 602 PA Dutch Potato Salad 658 Cherry Craisins 932 Cinnamon Scooby Snacks	<b>404 Italian Combo Wrap</b> 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit OR 682 Banana	<b>242 Chicken, Turkey Ham &amp; Cheese Wedge</b> 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus 749 Apple Cherry Juice
<b>229 Turkey Ham &amp; Cheese Croissant</b> 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 670 Fresh Fruit 993 Candy Cane Holiday Cookie	<b>236 Turkey &amp; Two Cheese Wedge</b> 630 Dragon Punch Vegetable Juice 601 Homestyle Potato Salad 749 Apple Cherry Juice	<b>228 Turkey Ham &amp; Cheese Sub</b> 620 Salsa 632 Wango Mango Vegetable Juice 658 Cherry Craisins 941 Tostitos Scoops	<b>242 Chicken, Turkey Ham &amp; Cheese Wedge</b> 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit OR 682 Banana	<b>261 Soy Butter &amp; Jelly Sandwich</b> 631 Cherry Star Vegetable Juice 540 Garlic Hummus 644 Dole Pear Cup 934 Cinnamon Dino Bites
25		27		29
<b>Happy New Year!</b>	<b>404 Italian Combo Wrap</b> 715 Mexican Street Corn 690 Apple Crisps 932 Cinnamon Scooby Snacks	<b>238 Chicken, Turkey Pepperoni &amp; Cheese Croissant</b> 632 Wango Mango Vegetable Juice 620 Salsa 753 Orange Juice 941 Tostitos Scoops	<b>227 Turkey Ham, Turkey Pepperoni &amp; Cheese Sub</b> 633 Sunset Sip Vegetable Juice 602 PA Dutch Potato Salad 657 Strawberry Craisins	<b>236 Turkey &amp; Two Cheese Wedge</b> 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 670 Fresh Fruit 993 Bell Holiday Cookie

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.