


NOVEMBER 2023 CHILD CARE SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
930 WG CHEEZ-IT BAKED CRACKERS or 937 WG APPLE CINNAMON BEAR GRAHAMS 117 SOY BUTTER CUP or 100 WHITE MILK	935 WG ALL SPORTS GRAHAMS or 922 WG CINNAMON GRANOLA 138 BLUEBERRY YOGURT	939 HEARTZELS PRETZELS 133 STRAWBERRY BANANA YOGURT or 126 LAND O LAKES CO-JACK CHEESE STICK	987 WG STRAWBERRY GRAHAMS 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)	936 WG VANILLA BEAR GRAHAMS or 924 HARVEST CHEDDAR SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
11/6/2023	11/7/2023	11/8/2023	11/9/2023	11/10/2023
937 WG APPLE CINNAMON BEAR GRAHAMS 134 CHERRY VANILLA YOGURT or 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	989 WG HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	932 WG SCOOPY-DOO! CINNAMON GRAHAM CRACKERS 136 VANILLA YOGURT	928 PEPPERIDGE FARM WG GOLDFISH PRETZELS or 926 GARDEN SALSA SUNCHIPS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	931 WG BUG BITES GRAHAMS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)
11/13/2023	11/14/2023	11/15/2023	11/16/2023	11/17/2023
987 WG STRAWBERRY GRAHAMS 137 PEACH YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 138 BLUEBERRY YOGURT or 126 LAND O LAKES CO-JACK CHEESE STICK	988 CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	936 WG VANILLA BEAR GRAHAMS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	939 HEARTZELS PRETZELS or 937 WG APPLE CINNAMON BEAR GRAHAMS 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)
11/20/2023	11/21/2023	11/22/2023	11/23/2023	11/24/2023
928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 133 STRAWBERRY BANANA YOGURT or 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	932 WG SCOOPY-DOO! CINNAMON GRAHAM CRACKERS 134 CHERRY VANILLA YOGURT	933 WG TIGER BITES GRAHAMS 117 SOY BUTTER CUP or 100 WHITE MILK		935 WG ALL SPORTS GRAHAMS or 926 GARDEN SALSA SUNCHIPS 133 STRAWBERRY BANANA YOGURT or 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE
11/27/2023	11/28/2023	11/29/2023	11/30/2023	12/1/2023
988 WG CINNAMON GRAHAM CRACKERS or 924 HARVEST CHEDDAR SUNCHIPS 137 PEACH YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH or 934 WG DINO BITES GRAHAMS 117 SOY BUTTER CUP or 100 WHITE MILK	987 WG STRAWBERRY GRAHAMS 138 BLUEBERRY YOGURT or 126 LAND O LAKES CO-JACK CHEESE STICK	937 GRAHAMS or 941 WG TOSTITOS SCOOPS 620 SALSA CUP or 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	989 WG HONEY GRAHAM CRACKERS or 942 MULTIGRAIN SUNCHIPS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)

MENU SUBJECT TO CHANGE

SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.

WHEN SERVING A GRAIN WITH YOGURT OR A SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

WG = WHOLE GRAIN-RICH REMINDER: Water must be OFFERED every day!

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