## SEPTEMBER 2023 CHILD CARE SNACK MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/4/2023  No Deliveries	9/5/2023  935 WG ALL SPORTS GRAHAMS or 922 WG CINNAMON GRANOLA 138 BLUEBERRY YOGURT	9/6/2023  939 HEARTZELS PRETZELS  133 STRAWBERRY BANANA YOGURT  or  126 LAND O LAKES CO-JACK CHEESE  STICK	9/7/2023 988 WG CINNAMON GRAHAM CRACKERS 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)	9/8/2023  936 WG VANILLA BEAR GRAHAMS or  924 HARVEST CHEDDAR SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
937 WG APPLE CINNAMON BEAR GRAHAMS 134 CHERRY VANILLA YOGURT <b>O</b> 7 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	989 WG HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	932 WG SCOOBY-DOO! CINNAMON GRAHAM CRACKERS 136 VANILLA YOGURT	928 PEPPERIDGE FARM WG GOLDFISH PRETZELS or 926 GARDEN SALSA SUNCHIPS 753 100% ORANGE JUICE (4 OUNCE) 442 100% ORANGE JUICE (6 OUNCE)	934 WG DINO BITES GRAHAMS 752 100% FRUIT JUICE BLEND (4 OUNCE) 444 100% FRUIT JUICE BLEND (6 OUNCE)
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
935 WG ALL SPORTS GRAHAMS 137 PEACH YOGURT	927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 138 BLUEBERRY YOGURT or 126 LAND O LAKES CO-JACK CHEESE STICK	988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP or 100 WHITE MILK	936 WG VANILLA BEAR GRAHAMS 750 100% APPLE JUICE (4 OUNCE) 440 100% APPLE JUICE (6 OUNCE)	939 HEARTZELS PRETZELS or 937 WG APPLE CINNAMON BEAR GRAHAMS 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 133 STRAWBERRY BANANA YOGURT Or 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE	932 WG SCOOBY-DOO! CINNAMON GRAHAM CRACKERS 134 CHERRY VANILLA YOGURT	934 WG DINO BITES GRAHAMS 117 SOY BUTTER CUP <b>or</b> 100 WHITE MILK	930 WG CHEEZ-IT BAKED CRACKERS 748 100% GRAPE JUICE (4 OUNCE) 441 100% GRAPE JUICE (6 OUNCE)	935 WG ALL SPORTS GRAHAMS  or  926 GARDEN SALSA SUNCHIPS 749 100% APPLE CHERRY JUICE (4 OUNCE) 450 100% APPLE CHERRY JUICE (6 OUNCE)

## **MENU SUBJECT TO CHANGE**

## SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.

\*\*\*WHEN SERVING A GRAIN WITH YOGURT OR A SOY BUTTER CUP, YOU ARE ENCOURAGED TO SERVE WATER; NEITHER JUICE NOR MILK ARE PROVIDED FOR THESE SNACKS.\*\*\*

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

WG = WHOLE GRAIN-RICH REMINDER: Water must be OFFERED every day!

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