



High School Hot Lunch September 2023

Nutritional Development Services-Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1



NDSSchoolLunchProgram



SchoolMealsNDS



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Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Labor Day</p>	<p>5</p> <p>215 Taco Stick OR 221 Two Cheese Chicken Quesadilla OR 236 Turkey & Two Cheese Wedge</p> <p>620 Salsa 633 Sunset Sip Vegetable Juice 644 Dole Pear Cup 694 Kiwi & Strawberry Sidekick 941 Tostito Scoops</p>	<p>6</p> <p>284 Chicken Alfredo with Penne Pasta & Broccoli OR 288 Mac & Cheese with Broccoli</p> <p>631 Cherry Star Vegetable Juice 656 Craisins 684 Mixed Berry Applesauce 909 Dinner Rolls</p>	<p>7</p> <p>268 French Bread Pizza OR 264 4x6 Cheese Pizza</p> <p>705 Dragon Punch Vegetable Juice 445 Mott's Fruit Punch juice 670 Fresh Fruit</p>	<p>8</p> <p>200 Hamburger NEW, OR 201 Cheeseburger NEW, OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub</p> <p>611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 620 Salsa 670 Fresh Fruit 446 Mott's Apple Juice 942 Sunchips</p>
<p>11</p> <p>279 Chicken Mole with Rice & Peas OR 295 Meatloaf with Gravy & Mashed Potatoes</p> <p>633 Sunset Sip Vegetable Juice 684 Mixed Berry Applesauce 690 Apple Crisps 901 Honey Biscuit</p>	<p>12</p> <p>225 Ciabatta Cheese Melt V OR 217 Spicy Grilled Cheese NEW, V</p> <p>622 Marinara Sauce 630 Dragon Punch Vegetable Juice 657 Strawberry Craisins 670 Fresh Fruit</p>	<p>13</p> <p>282 BBQ Popcorn Chicken with Sweet Mashed Potatoes OR 281 Popcorn Chicken with Roasted Potatoes</p> <p>621 Celery 670 Fresh Fruit 445 Mott's Fruit Punch Juice 909 Dinner Roll</p>	<p>14</p> <p>200 Hamburger OR 235 Waffle with Cheese Sandwich NEW, V 604 Baked Beans 631 Cherry Star Vegetable Juice 648 Dole Strawberry Gello Cup 446 Mott's Apple Juice</p>	<p>15</p> <p>255 Pizza Boli NEW, V OR 270 Pepperoni Calzone NEW, OR 228 Turkey Ham & Cheese Sub</p> <p>708 Romaine Salad with Spinach & Chickpeas 620 Salsa 670 Fresh Fruit 645 Dole Pineapple Cup 941 Tostito Scoops</p>
<p>18</p> <p>226 Philly Steak & Cheese Pinwheel OR 218 Turkey Pepperoni Pinwheel OR 236 Turkey & Two Cheese Wedge</p> <p>611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 621 Celery 446 Mott's apple Juice 649 Dole Orange Gello Cup</p>	<p>19</p> <p>273 Swedish Meatballs with Noodles & Broccoli & 118 String Cheese OR 288 Mac & Cheese with Broccoli V</p> <p>630 Dragon Punch Vegetable Juice 609 Dole Mixed Fruit Cup 670 Fresh Fruit 909 Dinner Roll</p>	<p>20</p> <p>283 Chicken Tenders with Corn OR 284 Chicken Alfredo with Penne Pasta & Broccoli</p> <p>631 Cherry Star Vegetable Juice 670 Fresh Fruit 684 Mixed Berry Applesauce 990 Chocolate Chip Cookie</p>	<p>21</p> <p>268 French Bread Pizza V OR 263 5" Round Cheese Pizza V</p> <p>708 Romaine Salad with Spinach & Chickpeas 658 Cherry Craisins 445 Mott's Fruit Punch Juice</p>	<p>22</p> <p>215 Taco Stick OR 221 Two Cheese Chicken Quesadilla OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub</p> <p>620 Salsa 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 446 Mott's Apple Juice 941 Tostito Scoops</p>
<p>25</p> <p>280 Hamburger with Green Beans OR 295 Meatloaf with Gravy & Mashed Potatoes</p> <p>630 Dragon Punch Vegetable Juice 658 Cherry Craisins 684 Mixed Berry Applesauce 915 Hamburger Bun</p>	<p>26</p> <p>286 Penne Pasta with Meat Sauce & Italian Vegetable Blend OR 282 BBQ Popcorn Chicken with Sweet Mashed Potatoes</p> <p>632 Wango Mango Vegetable Juice 648 Dole Strawberry Gello Cup 446 Mott's Apple Juice 901 Honey Biscuit</p>	<p>27</p> <p>225 Ciabatta Cheese Melt V OR 235 Waffle with Cheese Sandwich NEW, V</p> <p>622 Marinara Sauce 546 Cheesy Pizza Hummus 621 Celery 670 Fresh Fruit 691 Strawberry Apple Crisps</p>	<p>28</p> <p>281 Popcorn Chicken with Roasted Potatoes OR 272 Buffalo Chicken Calzone NEW</p> <p>611 Bagged Baby Carrots 631 Cherry Star Vegetable Juice 445 Mott's Fruit Punch Juice 670 Fresh Fruit 992 Oatmeal Cookie</p>	<p>29</p> <p>255 Pizza Boli NEW, V OR 268 French Bread Pizza V</p> <p>708 Romaine Salad with Spinach & Chickpeas 541 Chocolate Brownie Hummus 670 Fresh Fruit 446 Mott's Apple Juice 932 Cinnamon Scooby Snacks</p>

MENU IS SUBJECT TO CHANGE

NEW = New Item

V = Vegetarian

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



Archdiocese of Philadelphia