



High School Breakfast September 2023

Nutritional Development Services-Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1



NDSSchoolLunchProgram



SchoolMealsNDS



SchoolMealsNDS

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Labor Day</p>	<p>5</p> <p>324 Cocoa Puffs Cereal OR 336 Apple Churro 658 Cherry Craisins 446 Mott's Apple Juice</p> <p>Weekly Alternates: 390 Chocolate Chip Muffin Breakfast Kit 369 Pillsbury Berry Blast Mini French Toast</p>	<p>6</p> <p>327 Pillsbury Maple Mini Waffles OR 133 Strawberry Banana Yogurt & 921 Granola 684 Mixed Berry Applesauce 690 Apple Crisps</p>	<p>7</p> <p>350 Peach Cheerios Cereal Bar OR 338 French Toast (HOT) 609 Dole Mixed Fruit Cup 670 Fresh Fruit</p>	<p>8</p> <p>321 Banana Muffin OR 367 Cinnamon Raisin Bagel 445 Mott's Fruit Punch Juice 670 Fresh Fruit</p>
<p>11</p> <p>329 Honey Nut Cheerios OR 366 Blueberry Bagel 446 Mott's Apple Juice 670 Fresh Fruit</p> <p>Weekly Alternates: 386 Frosted Flakes Breakfast Kit 327 Pillsbury Maple Madness Mini Waffles</p>	<p>12</p> <p>328 Chocolate Chip Muffin OR 262 Turkey Sausage Breakfast Pizza (HOT) 670 Fresh Fruit 644 Dole Pear Cup</p>	<p>13</p> <p>334 Cinnamon Toast Crunch Cereal OR 315 Apple Cinnamon Toast (HOT) 445 Mott's Fruit Punch Juice 659 Watermelon Craisins</p>	<p>14</p> <p>369 Pillsbury Berry Blast Mini French Toast OR 134 Cherry Vanilla Yogurt & 922 Cinnamon Granola 684 Mixed Berry Applesauce 670 Fresh Fruit</p>	<p>15</p> <p>320 Corn Muffin OR 302 Egg & Cheese Turkey Sausage Wrap (HOT) 446 Mott's Apple Juice 691 Strawberry Apple Crisps</p>
<p>18</p> <p>308 Strawberry Mini Bagel OR 338 French Toast (HOT) 670 Fresh Fruit 657 Strawberry Craisins</p> <p>Weekly Alternates: 391 Blueberry Muffin Kit 329 Honey Nut Cheerios</p>	<p>19</p> <p>322 Blueberry Muffin OR 136 Vanilla Yogurt & 921 Granola 445 Mott's Fruit Punch Juice 670 Fresh Fruit</p>	<p>20</p> <p>325 Cinnamon Chex Cup OR 306 Apple Baked Frudel (HOT) 446 Mott's Apple Juice 646 Dole Peach Cup</p>	<p>21</p> <p>323 Apple Cinnamon Muffin OR 368 Plain Bagel 445 Mott's Fruit Punch Juice 690 Apple Crisps</p>	<p>22</p> <p>350 Peach Cheerios Bar OR 351 Cinnamon Toast Crunch Bar 684 Mixed Berry Applesauce 670 Fresh Fruit</p>
<p>25</p> <p>328 Chocolate Chip Muffin OR 337 Raspberry Churro 445 Mott's Fruit Punch Juice 691 Strawberry Apple Crisps</p> <p>Weekly Alternates: 385 Trix Breakfast Kit 323 Apple Cinnamon Muffin</p>	<p>26</p> <p>333 Blueberry Chex Cup OR 315 Apple Cinnamon Toast (HOT) 670 Fresh Fruit 684 Mixed Berry Applesauce</p>	<p>27</p> <p>327 Pillsbury Maple Mini Waffles OR 262 Turkey Sausage Breakfast Pizza (HOT) 684 Mixed Berry Applesauce 670 Fresh Fruit</p>	<p>28</p> <p>329 Honey Nut Cheerios OR 302 Egg & Cheese Turkey Sausage Breakfast Wrap (HOT) 670 Fresh Fruit 658 Cherry Craisins</p>	<p>29</p> <p>319 Orange Cranberry Muffin OR 137 Peach Yogurt & 922 Cinnamon Granola 446 Mott's Apple Juice 670 Fresh Fruit</p>

MENU IS SUBJECT TO CHANGE

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

